

Indiana Wesleyan University Unit Plan Health Education—2008 AAHE Standards

General rationale: The candidate will write a series of lessons that adhere to a common topic or theme. These lessons will be organized and documented as a “unit plan.” The unit plan will include an overview (topic, duration, grade level, goals/standards, activities, materials, assessments, adaptations), block plan, lesson plans and unit assessment tools. The candidate should learn to integrate his/her knowledge of developmental learning theory and curriculum/instruction design to produce an effective Unit Plan. It is important the candidate begins to explore his/her ability to organize, sequence and structure information into a cohesive learning experience for students. The candidate will utilize the basic guidelines of Direct Instruction to incorporate all the elements of lesson design. The candidate will practice his/her developing skills in curriculum, instruction, management and assessment. This is a first attempt at unit planning in the content-specific teacher-training program. These skills should be further developed in the elementary methods or secondary content methods courses (EDU382) and practicum/student teaching experiences.

Structure of the Assignment:

1. Use the unit plan format from the Student Teaching Handbook (attached below).
2. Reference the Lesson Plan and Unit Plan evaluation rubrics.
3. Utilize the Lesson Plan Checklist to develop various design elements.
4. Remember: simple to complex and concrete to abstract various types of instruction (discovery, group, cognitive)

Required unit plan elements:

<ul style="list-style-type: none">• Unit content: the ‘big idea’ students will learn over the course of the unit• Unit rationale• AAHE standards• Instructional design; learning activities• Materials and resources	<ul style="list-style-type: none">• Assessment strategies and instruments• Management Strategies• Adaptations for students with special needs• Unit Block Plan
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Health Education Unit Plan Format

Co-op Teacher _____ Initial []

Topic _____ Title of Unit _____

Duration of Unit _____ Student Teacher _____

Grade _____

I. Unit content (health education concepts and principles): what is the 'big idea'?

II. Rationale: why should students learn this material?

III. Standards: what AAHE standards are addressed in this unit?

AAHE Standard III.E. Candidates align health education curricula with needs assessment data and the National Health Education Standards.

IV. Instructional Design; learning activities

AAHE Standard II.A. Candidates access a variety of reliable data sources related to health.

AAHE Standard III.D. Candidates select developmentally-appropriate strategies to meeting learning objectives.

AAHE Standard IV.A. Candidates demonstrate multiple instructional strategies that reflect effective pedagogy, and health education theories and models that facilitate learning for all students.

V. Materials and resources: what materials, including appropriate technology, will be needed to teach this content?

VI. Assessment strategies: what assessments will you employ to determine if students have learned this content?

AAHE Standard III.C. Candidates create appropriate and measureable learner objectives that align with assessments and scoring guides.

AAHE Standard V.A. Candidates develop assessment plans.

VII. Management strategies: what management issues need to be addressed as a result of the unique nature of this content

VIII. Adaptations for students with special needs:

Unit Block Plan

Columns should reflect number of days per unit.

1. Unit Content: what 'big idea' will you address in this unit?
2. Unit goals: what should students know and be able to do at the conclusion of this unit?
3. Rationale: why should students learn this material?
4. Standards: what AAHE standards will be covered in this unit?
5. Develop a block outline of each day's instruction.

Day 1	Day 2	Day 3	Day 4	Day 5
<p>Learning Outcomes: What should students know and be able to do at the end of the lesson?</p> <p>Purpose: Aligned with learning outcomes. How does this lesson fit within the unit?</p> <p>Anticipatory Set: what is your 'hook'? How will you engage students' interest?</p> <p>Instructional design: body of lesson Model, guided practice, as necessary. How will you structure the lesson? What experiences will you design to involve students actively in the learning process?</p> <p>Materials and Resources: (include technology)</p> <p>Assessment strategies: Formative: checking for understanding Summative: what will students do to demonstrate learning?</p> <p>Management Strategies: given the content of this lesson, how will you manage time, students, and materials?</p> <p>Closure: Review of learning</p> <p>Adaptations: what lesson modifications are necessary to meet the needs of all students?</p>				
Day 6	Day 7	Day 8	Day 9	Day 10

Indiana Wesleyan University
Health Education Unit Plan and Assessment Rubric

Unit Content

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
	The unit content is appropriate for the students being taught, but lacks the depth or breadth expected. Factual errors are present. <input type="checkbox"/>	The unit content is appropriate for the students being taught, but lacks the depth or breadth expected. Factual errors are present. <input type="checkbox"/>	The unit content is significant in the discipline, is appropriate for the age and developmental level of the students being taught, and is presented in sufficient depth and breadth. The content is factually correct. <input type="checkbox"/>	The unit content is significant in the discipline, is appropriate for the age and developmental level of the students being taught. The depth and breadth of the planned content coverage exceeds expectations. <input type="checkbox"/>

Unit Rationale

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
	The unit rationale is missing or is incomplete. <input type="checkbox"/>	The unit rationale does not indicate how the content fits within the course of study or makes an insufficient case for why students should learn the material. <input type="checkbox"/>	The unit rationale makes an effective case for how the content fits within the course of study and why students should learn it. <input type="checkbox"/>	The unit rationale makes a compelling case for how the content fits within the course of study, why students should learn it, and how it will engage their interest. <input type="checkbox"/>

Unit Standards

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
Connection to AAHE Standards	The unit plan contains no connection or reference to a standard course of study or to state and/or national curriculum standards. <input type="checkbox"/>	The unit plan contains some connection or reference to a standard course of study or to state and/or national curriculum standards. <input type="checkbox"/>	The unit plan includes connections to core curriculum with clear references to a course of study or to state and/or national curriculum standards. <input type="checkbox"/>	The unit plan supports core curriculum content appropriate to the targeted student group and is well integrated with a course of study and aligned with appropriate state and/or national standards. <input type="checkbox"/>

Instructional design: Learning Activities

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
Variety of strategies and inquiry approaches	The instructional strategies and/or inquiry approaches included in the candidate's unit plan are not adequate for the subject matter. They do not demonstrate how students learn in the content discipline. <input type="checkbox"/>	The candidate's unit plan includes strategies and inquiry approaches that demonstrate his or her knowledge but lacks understanding of how students learn in the content discipline. <input type="checkbox"/>	The candidate's unit plan includes a variety of strategies and inquiry approaches that demonstrate his or her knowledge and understanding of how students learn in the content discipline. <input type="checkbox"/>	The candidate's unit plan includes multiple strategies and inquiry approaches carefully aligned with unit subject matter that demonstrate his or her thorough knowledge and understanding of how students learn in the content discipline. <input type="checkbox"/>

Materials and Resources

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
The candidate designs and selects learning resources-- including technology, to achieve unit learning goals.	Few resources are cited for teachers and students. Some materials appear to be inappropriate for the developmental or other needs of students. There appears to be a haphazard connection to lesson standards and a random collection of unrelated materials. Borrowed materials and resources are not adapted or identified. <input type="checkbox"/>	An attempt has been made to list adequate and appropriate resources for teachers and students, but additional resources may be necessary to adequately meet unit standards and goals. Resources and materials borrowed from outside sources are poorly adapted and/or identified. <input type="checkbox"/>	A variety of identifiable resources, including technology, is used to support student learning relative to unit standards. Resources are well organized by type or function, by whom, and for what purposes. Resources and materials are created specifically and intentionally for the unit; resources and materials borrowed from outside sources are identified as such and are adapted specifically for the purposes of the unit. <input type="checkbox"/>	A rich variety of resources facilitate meeting standards through, for example, the creative use of technology, developmentally-appropriate literature, primary sources, guest speakers, etc. Each resource serves an identifiable purpose in the unit and increases all students' learning. Resources and materials are created specifically and intentionally for the unit; resources and materials borrowed from outside sources are identified as such and are adapted specifically for the purposes of the unit. <input type="checkbox"/>

Assessment

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
Assessment Plan	Little or no connection exists between the assessment plan and unit standards and goals. <input type="checkbox"/>	The links between the assessment plan and unit standards and goals could be clearer. Students are provided few alternatives to demonstrate their learning. <input type="checkbox"/>	The assessment plan is clearly linked to and addresses all unit standards and goals <input type="checkbox"/>	The assessment plan is clearly aligned with and addresses all unit standards and goals. Identified assessments allow students to demonstrate learning in a variety of ways. <input type="checkbox"/>
Assignment descriptions and rubrics	Assessments are poorly described; rubrics are not included. <input type="checkbox"/>	Assessment descriptions are unclear; rubrics are not well thought out. <input type="checkbox"/>	All assessments are adequately described; rubrics for most assessments are included. <input type="checkbox"/>	The descriptions for all assessments are clear and sufficiently detailed to enable full student understanding of what is being asked of them. Rubrics detailing the essential elements of each assessment as well as levels of performance for each element are included. <input type="checkbox"/>
Formative and summative assessments	The assessment plan does not include both formative and summative assessments. <input type="checkbox"/>	Included assessments are included but appear to be an afterthought and/or not essential elements of the instructional design. <input type="checkbox"/>	The assessment plan includes both formative and summative assessments. <input type="checkbox"/>	Both formative and summative assessments are completely aligned with unit standards/goals/objectives and are included as essential elements of the design and structure of the unit plan. <input type="checkbox"/>

Management Strategies

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
	The unit management plan is incomplete or poorly conceived; there is little connection between the plan and unit activities. <input type="checkbox"/>	A management plan is included, but important considerations are left out and/or the scope of the management plan is not sufficient to address the unique requirements of the unit plan. <input type="checkbox"/>	The unit management plan takes into account the content of the unit, the materials and activities included in the unit, and the needs of the children being taught. <input type="checkbox"/>	The unit management plan is thoughtfully and thoroughly designed; the plan is designed to enable all students to be on task and successfully engaged in the business of learning. <input type="checkbox"/>

Special Needs Adaptations

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
	No consideration for special-needs students is included in the unit plan. <input type="checkbox"/>	Included adaptations are incompletely developed and/or are not well correlated with UP goals and objectives. <input type="checkbox"/>	The unit plan includes appropriate adaptations for special-needs students. <input type="checkbox"/>	Adaptations for students with special needs are thorough and detailed. Adaptations are designed to allow special-needs students to participate fully in lesson activities. <input type="checkbox"/>

Unit Block Plan (calendar of lessons)

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
	Not all elements in the Unit Block Plan are addressed; most elements are poorly or incompletely developed. <input type="checkbox"/>	Each required element in the Unit Block Plan is addressed; some elements are under developed. <input type="checkbox"/>	Each required element in the Unit Block Plan is appropriately addressed. <input type="checkbox"/>	Each required element in the Unit Block Plan is developed thoroughly and completely. The block plan provides visual 'proof' that the standards, goals and objectives are being met and are aligned with activities and assessments. <input type="checkbox"/>

AAHE Standards

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
Data Sources AAHE II.A	The candidate does not access reliable data sources related to health. <input type="checkbox"/>	The candidate accesses data sources related to his or her health education unit; some sources are not reliable. <input type="checkbox"/>	The candidate accesses a variety of reliable data sources related to the health unit he or she is teaching. <input type="checkbox"/>	The candidate accesses reliable data sources, which add breadth of knowledge and depth of understanding to the health unit he or she is teaching. <input type="checkbox"/>
Learner objectives AAHE III.C	The candidate does not create appropriate and measureable learner objectives. <input type="checkbox"/>	The candidate creates learner objectives that align with assessments and scoring guides in the health education unit. <input type="checkbox"/>	The candidate creates appropriate and measureable learner objectives that align with assessments and scoring guides in the health education unit. <input type="checkbox"/>	The candidate creates appropriate and measureable learner objectives that align with assessments and scoring guides, and cover the breadth of the health education unit. <input type="checkbox"/>
Developmentally appropriate strategies AAHE III.D	The candidate does not select appropriate strategies. <input type="checkbox"/>	The candidate selects developmentally appropriate strategies to meet most, but not all learning objectives. <input type="checkbox"/>	The candidate selects developmentally appropriate strategies to meet learning objectives. <input type="checkbox"/>	The candidate selects a variety of developmentally appropriate strategies to meet learning objectives. <input type="checkbox"/>
Curriculum alignment AAHE III.E	The candidate does not align health education curricula with needs assessment data or the National Health Education Standards. <input type="checkbox"/>	The candidate aligns health education curricula with needs assessment data or the National Health Education Standards, but not both. <input type="checkbox"/>	The candidate aligns health education curricula with needs assessment data and the National Health Education Standards. <input type="checkbox"/>	The candidate aligns health education curricula, instructional strategies, and assessments with needs assessment data and the National Health Education Standards. <input type="checkbox"/>
Multiple instructional strategies AAHE IV.A	The candidate does not demonstrate multiple instructional strategies. <input type="checkbox"/>	The candidate demonstrates multiple instructional strategies; his or her strategies do not consistently reflect effective pedagogy, and health education theories and models. <input type="checkbox"/>	The candidate demonstrates multiple instructional strategies that reflect effective pedagogy, and health education theories and models that facilitate learning for all students. <input type="checkbox"/>	The candidate consistently demonstrates multiple instructional strategies that reflect effective pedagogy, and health education theories and models that facilitate learning for all students. <input type="checkbox"/>
Assessment plans AAHE V.A	The candidate did not develop an adequate assessment plan for his or her lesson plan. <input type="checkbox"/>	The candidate's lesson plan assessments meet minimally-acceptable standards. <input type="checkbox"/>	The candidate's formative and/or summative assessments are adequate and appropriate for the subject matter. <input type="checkbox"/>	The candidate's lesson plan includes multiple assessments designed to enable students to demonstrate learning in a variety of ways. <input type="checkbox"/>

Grammar/Mechanics/Construction

	Needs Improvement 1	Emerging Competence 2	Competent 3	Outstanding 4
	The unit plan may contain serious and distracting errors in grammar and punctuation as well as numerous irritating minor errors and frequent misspellings. <input type="checkbox"/>	Sentences are generally correct in structure; may display isolated serious errors in grammar and punctuation or frequent minor errors that do not interfere substantially with meaning or do not greatly distract the reader; occasional misspellings. <input type="checkbox"/>	Grammar is accurate; noun/verb agreement, and pronoun/antecedent agreement is mostly accurate; point of view is consistent; few errors in spelling and punctuation; no typographical errors. <input type="checkbox"/>	Grammar is consistently accurate; subjects agree with verbs in number and tense; pronouns agree with antecedents; point of view is consistent; spelling and punctuation are accurate; no typographical errors. <input type="checkbox"/>

Unit Plan Summative Assessment				
Unit Content	/4	AAHE Standards		Note to faculty: While unit plans submitted for class assignments may be scored on a scale appropriate for the class, UPs submitted for student-teaching defense must be scored on this 68-point scale. In addition, unit plans submitted with the ST portfolio: a. must include this scale with the individual element scores; and b. must be signed by a faculty member signifying that the UP meets program quality expectations.
Unit Rationale	/4	Data Sources	/4	
Unit Standards	/4	Learner objectives	/4	
Instructional Design: Learning Activities	/4	Developmentally appropriate strategies	/4	
Materials and Resources	/4	Curriculum alignment	/4	
Assessment		Multiple instructional strategies	/4	
Assessment Plan		Assessment plans	/4	
Assessment Descriptions and Rubrics	/4	Grammar/Mechanics/Construction	/4	
Formative and Summative Assessments	/4			
Management Strategies	/4	Total	/68	
Adaptations Special Needs	/4	Passing = 51/68		
Unit Block Plan (Calendar of Events)	/4	No individual element score may be < 2		