

## Todd Bowman, Ph.D., LPC

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Work: Counselor Education Department  
Indiana Wesleyan University  
4201 S. Washington St  
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### Education/Training

- 6/03-7/08      **Doctor of Philosophy, Counseling Psychology, School of Applied Health and Educational Psychology**  
Oklahoma State University, Stillwater, OK  
Counseling Psychology Ph.D. Program (APA Accredited)  
Completion: 7/2008; Conferral: 12/2008
- 8/99-5/03      **Bachelor of Arts, School of Natural and Social Sciences**  
Mount Vernon Nazarene University  
Major in Psychology, Minor in Spanish  
Graduation: 5/2003
- 1/18-present      **Certified Sexual Addiction Therapist- Candidate (CSAT)**  
International Inventory for Trauma and Addiction Professionals

### Academic Experience

- 8/14-present      **Associate Professor, Counselor Education Department, Indiana Wesleyan University, CACREP Accredited**  
Courses taught include: Research for Counselors, Individual Appraisal, Theories and Techniques of Helping Relationships. Psychopathology, Theory and Techniques in Group Counseling, Issues in Addiction Recovery  
**Supervisor:** Mark Gerig, Ph.D.  
**Responsibilities:** planning for all phases of teaching in the course including lecture development, learning management software platform building (Learning Studio), and grading. Courses were taught in online format with approximately 12-16 students in each course.
- 8/08-6/14      **Associate Professor, Program Director- Sexual Addiction Treatment Provider (SATP) Certificate Program, Counselor Education Department, MidAmerica Nazarene University, CACREP Accreditation 7/10**  
Courses developed and taught include: (Master's program): Foundations of Mental Health, Theories of Counseling, Psychodiagnosis and

Treatment, Prevention and Intervention in Mental Health, Theories of Group Counseling, Individual and Family Assessment, Career Development/Career Counseling, Counselor as Consultant, Research in Counseling, Practicum/Internship. (SATP program): Introduction to Sexual Addiction Treatment, Assessment and Diagnosis of Sexually Addictive Behaviors, Neurobiology of Sexual Addiction, Group Dynamics in Sexual Addiction Recovery, Spiritual Dimensions of Sexual Addiction Recovery, Advanced Issues in Sexual Addiction Treatment, Sexual Addiction Internship and Neurobiology of Sexual Addiction and Recovery.

**Supervisor:** Todd Frye, Ph.D.

**Responsibilities:** planning for all phases of teaching in the course including lecture development, learning management software platform building (Moodle), and grading. Courses were taught in lecture format with approximately 7-34 students in each course. Managed Clinical Mental Health track component of CACREP accreditation process. Coordinator departmental Assessment Center. Develop curriculum and manage all facets of post-graduate SATP certification program, including accreditation and Department of Education approval and Higher Learning Commission accreditation, marketing, enrollment, budget development and management, and other duties as assigned.

5/12-present

**Adjunct Professor- Center for Counseling and Family Studies  
Liberty University Online**

SUBS 606, SUBS 607, SUBS 608, SUBS 609, SUBS 505 (each as needed)

**Supervisor:** Dave Tetrault

**Responsibilities:** Manage online learning environment of 15-20 students for 8-week modules, facilitate constructive learning process, provide written feedback/grading of student work.

6/08-present

**Adjunct Instructor- Online Learning  
Nazarene Bible College**

Introduction to Psychology (as needed)

**Supervisor:** Alan Lyke, PhD

**Responsibilities:** Manage online learning environment of 8-15 students for 6-week modules, facilitate constructive learning process, provide written feedback/grading of student work.

1/08-5/08

**Assistant Instructor  
University of Kansas**

Life and Career Exploration (1 semester)

**Supervisor:** Wendy Shoemaker, M.S.

**Responsibilities:** planning for all phases of teaching in the course including lecture development and grading. Course was taught in lecture

format consisting of two sections with approximately 60 students in each section.

2/07-5/07  
8/3-8/5

**Graduate Teaching Assistant  
Oklahoma State University**

Online World of Work (1 semester), Weight Training (4 Semesters), Rock climbing (2 semesters), NCAA CHAMPS/Life Skills (1 Semester), World of Work (2 semesters)

**Responsibilities:** planning for all phases of teaching the course including lecture writing, test preparation, and assignment grading. Courses were taught in both lecture and/or lab format with approximately 15-30 undergraduate students per section.

**Clinical Experience**

10/08-present

**Private practice (KS LPC #2086)**

**Supervisor:** Earl Bland, PhD, LP (past); Todd Frye, Ph.D., LCPC/LCMFT (past)

**Responsibilities:** complete intake interviews, conduct individual and couples therapy, provide consultation, conduct assessments. Presenting concerns for clients have included a range of affective and behavioral regulation disorders, including but not limited to sexual addictions, anxiety, depression, adjustment difficulties, anger management issues, personality disorders, and identity problems.

8/07-7/08

**Pre-doctoral Psychology Intern  
University of Kansas Counseling and Psychological Services,  
Lawrence, KS**

**Supervisors:** Pam Botts, Ph.D. & Heather Frost, Ph.D.  
Pre-doctoral Psychology Internship (APA Accredited)

**Responsibilities:** complete intake interviews, conduct individual and group therapy, outreach programming, career counseling, crisis intervention and psychological assessments as well as provide supervision for a doctoral level practicum student and serve as a liaison for campus housing. Co-lead stress management/anxiety reduction group for students. Presenting concerns for clients included anxiety, depression, adjustment difficulties, anger issues, personality disorders, identity problems and vocational concerns.

**Presentations/Publications**

9/19

Under contract with Harper Collins: *Reclaiming Sexual Wholeness: An Integrative Christian Approach to Sexual Addiction Treatment*, serving as

sole editor and a contributing author for the volume. Projected publication date September 2019.

- 9/18 “Awareness and Emotion Techniques” (2018). Book chapter written for *Counseling Techniques* textbook edited by John Thomas, published by Zondervan.
- 9/18 “Strategies for Emotional Dysregulation” (2018). Book chapter written for *Counseling Techniques* textbook edited by John Thomas, published by Zondervan.
- 8/17 “Sexual disorders in a pornified culture: Assessment, diagnosis and DSM-5”. 6-hour CEU training provided at Re:Vive Counseling Center in Overland Park, KS.
- 6/17 “Sexualization and sanctification: Fostering a Biblical sexual ethic in the 21<sup>st</sup> century”. 2017 General Assembly of the Church of the Nazarene in Indianapolis, IN.
- 3/17 “Cultural responsiveness in the supervisory process”. Presented with Nenetzin Reyes, PhD at the Christian Association for Psychological Studies conference in Chicago, IL.
- 3/17 “Cultural responsiveness in the therapeutic relationship”. Presented with Addie Limmex, B.A. at the Kansas Counseling Association Conference in Manhattan, KS.
- 3/16 “Purposeful post-graduate supervision: Beyond checking boxes and jumping hoops”. Presented with Dr. Tricia Brown at the Kansas Counseling Association conference in Topeka, KS.
- 1/16 “Sexualization and Sanctification: Fostering Faith in the 21<sup>st</sup> Century”. Keynote speaker, Velcro conference, St. Louis, MO.
- 1/16 “Grace, Truth, and the Issue of Human Sexuality”. Panelist, 2016 Church of the Nazarene District Superintendents Retreat, Tuscon, AZ.
- 11/15 “Angry birds and killer bees.” Invited presentation, Church of the Resurrection, Leawood, KS.
- 10/15 “Angry birds and killer bees.” Invited presentation, Church of the Resurrection, Leawood, KS.
- 9/15 “The Whole-Brain Recovery.” 2015 American Association for Christian Counselors Workshop, Nashville, TN.

- 9/15 “Reclaiming sexual wholeness.” Webinar presented for the Religious Alliance Against Pornography.
- 9/15 “Angry birds and killer bees.” Invited presentation, Church of the Resurrection, Leawood, KS.
- 5/15 “Sexual addiction as attachment disorder.” Keynote speaker for 6-hour training at annual Christian Association for Psychological Studies Southeast Region conference.
- 4/15 **“Spiritual formation among Master of Arts in Counseling Students.”** Original research presented via poster with Dr. Acha Goris at the 2015 Christian Association for Psychological Studies conference, Denver, CO.
- 4/15 “Angry birds and killer bees.” Grace Community Successful Families Week conference presentation, Spring Hill, KS.
- 2/15 “Relational spirituality in addiction recovery”, book chapter written for *Renovating Holiness*, Oord and Broward, eds.
- 4/14 “Social media and Adolescent Internet addiction: Understanding the connections and consequences”. Presented at Social Media 2014 conference in Hong Kong via Skype.
- 10/13 “The Neuroaffective Etiology of Sexually Addictive Behavior.” Invited symposium presentation for the MidAmerica Nazarene University Master of Arts in Counseling program.
- 9/13 *Angry Birds...Killer Bees: Talking to Your Kids about Sex*. Beacon Hill Press, Kansas City, MO.
- 9/13 “The Neuro-Affective Model of Addiction and Recovery.” 2013 Society for the Advancement of Sexual Health conference, Boston, MA.
- 9/13 “The Ties that Bind: An Attachment-based Examination of Sexual trends in America”. Presented with Marnie Ferree, M.A. 2013 American Association for Christian Counselors Workshop, Nashville, TN.
- 9/13 “The Neuro-Affective Model of Addiction and Recovery.” 2013 American Association for Christian Counselors Workshop, Nashville, TN.
- 5/13 “Preparing for the DSM-5.” Invited CEU presentation with Dr. Scott Koeneman for Topeka Family Guidance and Services Center, Topeka, KS.
- 4/13 **“From the Table to the Couch: An Exploration of Needs and Coping among Seminarians.”** Original research presented with Dr. Scott

Koeneman at the 2013 Christian Association for Psychological Studies conference in Portland, OR.

- 3/13 “From Bondage to Bonding: Neuroscience, Sexual Addiction and Recovery.” Presented with Janeen Fisch, BA at the 2013 Kansas Counseling Association conference in Topeka, KS.
- 2/13 “DSM-5: What the Practicing Clinician Needs to Know.” 6-hour CEU presented with Dr. Earl Bland, Dr. Todd Frye and Dr. Scott Koeneman at MidAmerica Nazarene University, Olathe, KS.
- 10/12 “Customizing Care: Utilizing Personality Assessment to Enhance Treatment Outcomes.” CEU presentation provided to clinical staff at TLC for Kids, Olathe, KS
- 4/12 “Sexual Addiction Treatment.” A Drive-In CEU workshop sponsored by the Kansas Association for Counselor Educators, Mayetta, KS
- 3/12 “A Paradigm for Assessing Sexually Addictive Behaviors: Theory and Practice.” Post-conference workshop provided at the 2012 Christian Association for Psychological Studies Conference, Washington, D.C.
- 3/12 “Contemporizing Carnes: A 21st Century Model of Sexual Addiction.” Poster presented at the 2012 Christian Association for Psychological Studies Conference, Washington, D.C.
- 3/12 “What You Need to Know About DSM-5.” Presented at the 2012 Kansas Counseling Association conference, Topeka, KS.
- 3/12 “Counselors and Psychological Assessment: Maximizing Clinical Outcomes.” Presented at the 2012 Kansas Counseling Association conference, Topeka, KS.
- 3/12 “Technology, Counseling, and Ethics: The good, the bad, and the unknown.” KCA 2012 Pre-conference Ethics CEU workshop, Topeka, KS.
- 1/12 “Assessment in the diagnostic process.” CEU presentation presented at CrossPoint Counseling Center, Gardner, KS.
- 1/12 “Faith and Anxiety.” Psychoeducational presentation presented to the Knowing M.O.M.S. group at College Church of the Nazarene, Olathe, KS.
- 1/12 “Assessment in the diagnostic process.” CEU presentation presented at Renew Counseling Center, Olathe, KS.

- 10/11 “Stepping into the future: Technological advances in counselor education and their role in obtaining and maintaining CACREP accreditation.” Association for Counselor Educators and Supervisors presentation, Nashville, TN. Presented with Dr. Scott Koeneman and Dr. Todd Frye.
- 3/11 “Understanding Adolescent Sexual Addictions.” Presented with Taylor Johnson, MDiv at the 2011 KCA Conference in Wichita, KS.
- 3/11 “Adolescent Spirituality: A Primer for Counselors.” Presented with Dr. Scott Koeneman and Taylor Johnson, MDiv at the 2011 KCA Conference in Wichita, KS.
- 2/11 “Understanding what lies beneath the surface of sexual addictions.” CEU workshop sponsored by Hope2Healing and Saavi Accountability. MidAmerica Nazarene University, Olathe, KS
- 1/11 “Helping young men understand sexual addictions.” Men of Valor conference presentation, Olathe KS.
- 1/11 “Understanding adolescent sexual addiction.” Men of Valor conference presentation, Olathe, KS.
- 1/11 “Attachment and bullying: Understanding implications and interventions.” Presented to Olathe Public Schools Elementary School Counselors, Olathe, KS.
- 11/10 Wellness Week Panel. Chapel Presentation. MidAmerica Nazarene University, Olathe, KS.
- 11/10 “Faith and Anxiety”. Chapel Presentation. MidAmerica Nazarene University, Olathe KS.
- 4/10-10/10 **“Exploring Triadic Supervision in Counselor Education.”** Original research presented 10/15/10 at the North Central Association for Counselor Educators and Supervisors in Itasca, IL with Tricia Brown, PhD, Joanna Spears, MA (student), and Matt Allin, BS (student).
- 3/10 “Sexual Addictions: The Use of Couples Therapy as a Treatment Modality.” Presented with Dr. Todd Frye at the 2010 Christian Association for Psychological Studies conference, Overland Park, KS.
- 3/10 “Exploring a Model of Existential Supervision.” Presented with Tricia Brown, PhD & Virginia Nielsen (student) at the 2010 Kansas Counseling Association conference, Overland Park, KS

- 3/10 “Sexual Obsessions: Understanding and Working with Those Who Struggle.” Presented with Todd Frye, PhD at the 2010 Kansas Counseling Association conference, Overland Park, KS.
- 3/10 “Unashamed.” Chapel Presentation, MidAmerica Nazarene University, Olathe, KS.
- 1/10 “Sexual obsessions: Understanding and working with those who struggle.” Presented at the 2010 Men of Valor conference in Olathe, KS with Todd Frye, PhD.
- 10/09 “Assessment in the Diagnostic Process”, CEU presentation for Counselor Education faculty and post-graduate supervisees, Metz Hall, MidAmerica Nazarene University.
- 7/09 “An integrative approach to understanding anxiety: Experiential component.” Presented at Beacon Behavioral Healthcare Lunch and Learn, Olathe, KS
- 6/09 “Sexual obsessions: Understanding and working with those who struggle.” Co-presenter with Dr. Todd Frye. Event sponsored by the National Coalition for the Protection of Children and Families and presented at the Hager Lecture Hall at MidAmerica Nazarene University, Olathe, KS.
- 4/09 “An integrative approach to understanding anxiety.” Presented at Beacon Behavioral Healthcare Lunch and Learn, Olathe, KS
- 3/09 “Helping ourselves and our clients through forgiveness.” Presented with Todd Frye, PhD at the 2009 Kansas Counseling Association conference, Great Bend, KS.
- 3/09 “Serving through understanding: Working with the millennial generation.” Presented at the 2009 Kansas Counseling Association conference in Great Bend, KS with panel of students.
- 11/08 Wellness Week Panel. Chapel Presentation. MidAmerica Nazarene University, Olathe, KS.
- 4/07 “Serving The Millennial Generation: A Re-Evaluation of Core Values.” Presented at the 2007 Oklahoma College Student Personnel Association Conference, Stillwater, OK.
- 10/06-5/08 **Doctoral Dissertation**  
**Oklahoma State University**  
**An Exploration of the Impact of Racism-related Stress on the Psychological Well-being of African American College Students**



**Committee Members:** John Romans, Ph.D. (Chair), Don Boswell, Ph.D., Camille DeBell, Ph.D., Carrie Winterowd, Ph.D. & Janice Miller, Ph.D.

**Proposal Date:** 10/06

**Defense completed:** 5/08

Primary researcher involved in all aspects of research process including literature review, research design, and proposal presentation. Data collection, data analysis, reporting of findings, and defense presentation. Assessments include the Symptom Questionnaire (SQ) and the Schedule of Racist Events (SRE). To identify a predictive relationship between variables of racism-related stress and variables of psychological well-being (anxiety, depression, somatization, and hostility).

11/03-10/04

**Expressive Writing Research Group**

**Supervisors:** Barb Carlozzi, Ph.D. & Steve Harrist, Ph.D.

Attended weekly meetings to discuss current research projects, receive and give feedback, and participate in Internal Qualitative Analysis.

**International Teaching Experience**

7/13-8/13

Hong Kong Institute for Christian Counseling. 3-week course taught in Psychological Assessment. Additional lectures regarding sexual addiction and related treatment.

**Church/Community Involvement**

8/17-present

Sex offender reintegration committee member, appointed by the Board of General Superintendents of the Church of the Nazarene

5/16-present

Integrity Restored clergy training intensives on sexual addiction in various Catholic diocese and archdiocese, as well as laity training in a number of locations.

6/14-6/17

Covenant for Christian Conduct committee member, appointed by the Board of General Superintendents of the Church of the Nazarene

9/12-present

**Board member, Small group leader, Children's church leader  
Living Hope Church of the Nazarene**

**Responsibilities:** leading all facets of small group, developing curriculum for children's church, collaborating with church staff and other volunteers, board member (2016-17, 2017-18, 2018-19).

8/05-6/07

**Secretary, Board of Directors**

**Starting Point II - Drug and Alcohol Detox. Facility, Stillwater, OK**

**Responsibilities:** attending monthly Board meetings, preparing and disseminating meeting minutes, evaluating staff performance and assisting in administrative tasks.

3/05-2/07                    **Trustee, Church Board**  
**Stillwater First Church of the Nazarene, Stillwater, OK**  
**Responsibilities:** providing assistance to develop and upgrade existing facilities, developing budget, monitoring spending, and evaluating staff.

5/03-6/07                    **Director**  
**Nazarene Student Center, Oklahoma State University, Stillwater, OK**  
**Supervisor:** Dr. Tharon Daniels, District Superintendent, Northwest Oklahoma District  
**Responsibilities:** planning and coordinating the day-to-day operations of a campus ministry, including spiritual and social activities. Additional responsibilities including budget development, facilities management and program/personnel development.

**Professional Affiliations/ Organizations**

8/08-Present                Kansas Counseling Association  
4/07-Present                Christian Association for Psychological Studies  
8/08-8/11,                    American Counseling Association  
3/15-3/17  
8/11-8/16                    American Association for Christian Counselors  
9/12-9/14                    Society for the Advancement of Sexual Health  
3/10-3/11                    North Central ACES  
8/08-8/11                    American Mental Health Counselors Association  
8/08-8/12                    Association for Counselor Education and Supervision  
8/03-3/07,8/10-8/12      American Psychological Association

**Honors & Awards**

8/12                            Faculty Member of the Year Award- MidAmerica Nazarene University  
7/11                            MidAmerica Nazarene University Jabez Award Winner- Sexual Addiction Treatment Provider Program development  
6/10                            MidAmerica Nazarene University Jabez Award Winner- IRB Development Committee  
3/06                            Honors Pass- Comprehensive Exam of Theories, Oklahoma State University  
8/03-5/06                    Full-time Graduate Student Scholarship/Tuition Wavier, Oklahoma State University  
5/99                            Service Above Self Award- Mount Vernon Nazarene University  
5/99                            Who's Who Among American Colleges and Universities

**Committee Service**

8/16-present                IWU Faculty Senator  
8/16-7/17                    IWU Graduate Council Member

8/13-6/14	School of Behavioral Sciences/Counseling Strategic Planning Committee
9/12-6/14	Educational Technology Committee for Institution
8/10-6/14	Institutional Review Board, Graduate Studies in Counseling Member
1/10-6/14	Coordinator, Departmental Assessment Center
8/09-6/14	Technology/Online-Learning Service Area for Department
8/10-12/10	Member, Graduate Research Librarian Search Committee
4/10-7/10	Chair, Assistant Professor of Counseling Search Committee
12/09-5/10	Human Research Review Board, Organizational Committee
8/09-8/12	Co-chair, Departmental Admissions Committee

### **Professional References**

Available upon request

### **Personal References**

#### **Carson D. Castleman, PhD**

**Associate Vice President, College of Adult and Professional Studies**

Indiana Wesleyan University

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#### **Roy Rotz, PhD**

**Director of Clinical Services**

TLC for Kids

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#### **Mark Gerig, PhD**

**Professor**

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