

CURRICULUM VITAE

Timothy Allen Steenbergh

HIGHER EDUCATION

- 2003 Two-Year Postdoctoral Fellowship in Clinical Health Psychology and Medical Education
Michigan State University and Genesys Regional Medical Center
- 2001 Ph.D., Clinical Psychology, The University of Memphis
Area of specialization: Behavioral Medicine
- 1995 M.A., Psychology, Ball State University
- 1993 B.S. with honors in Psychology, Indiana Wesleyan University

HONORS AND AWARDS

- ❖ Hinds Research Fellowship Award, Indiana Wesleyan University, 2017-2019.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$9320), 2017-2018.
- ❖ Co-Author of Grant County Drug Court Enhancement Grant from Department of Justice (Grant 2015-DC-BX-0066; \$137,813), 2015-2017.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$7750), 2016-2017.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$3190), 2015-2016.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$4568), 2014-2015.
- ❖ Co-Author of Grant County Drug Court Enhancement Grant from Department of Justice (Grant 2013-DC-BX-0021; \$91,762), 2013-2015.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$2700), 2013-2014.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$3000), 2012-2013.
- ❖ Co-Author of Grant County Drug Court Enhancement Grant from Department of Justice (Grant 2011-DC-BX-0204; \$199,903), 2011-2013.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$2030), 2011-2012.
- ❖ Sabbatical, Indiana Wesleyan University, Fall 2010.
- ❖ IWU Lilly Seminar Award to study Personal Formation (with Drs. Daugherty, Fry & Runyan) (\$15,000), 2010-2011.
- ❖ Finalist, Outstanding Teaching and Mentoring Award, Indiana Wesleyan University, 2010.
- ❖ Faculty Scholarship and Research Loading Awards (with Dr. Brian Fry) from the IWU Lilly Research Initiative (\$3900), 2009-2010.
- ❖ Co-Principle Investigator of *Spiritual Transformation and Human Flourishing: An Exploratory Study of Character Formation with Implications for Understanding and Treating Addictions*. Grant funded by Addictions Studies Center, Indiana Wesleyan University (\$16,300 for 2009).
- ❖ Co-Author of Grant County Drug Court Enhancement Grant from Department of Justice (Grant 2009-DC-BX-0062; \$199,858), 2009-2011.
- ❖ *Why I Teach* first place essay, 2009. Sponsored by McGraw-Hill.
- ❖ Hinds Research Fellowship Award, Indiana Wesleyan University (\$6000 and course reduction), 2006-2008.
- ❖ Faculty Scholarship Award from the IWU Lilly Research Initiative (\$4000), 2005-2006.
- ❖ Selected for Who's Who Among America's Teachers Award, 2005.
- ❖ Dean's Citation for Academic Excellence, Ball State University, 1995.
- ❖ Graduated Summa Cum Laude, Indiana Wesleyan University, 1993.
- ❖ NAIA Academic All-American Awards in Track & Field and Cross Country, 1992.

ADMINISTRATIVE EXPERIENCE

- Jul 2019- **Chair**
 Present Division of Behavioral Science, Indiana Wesleyan University, Marion, Indiana.
- Provide support to 14 full-time faculty in Psychology, Social Work, Criminal Justice, Addictions Counseling and Pre-Art Therapy departments. Focus on promoting a division culture that values faculty and student growth, inclusion and teamwork.

TEACHING EXPERIENCE

- 2011- **Professor of Psychology**
 Present Department of Psychology, Indiana Wesleyan University, Marion, Indiana.
- Responsibilities include teaching undergraduate courses in Abnormal Psychology, Intermediate Statistics, Research Methods, and Senior Seminar in Psychology. Conduct empirical research on addictive behaviors and human flourishing, as well as the development and application of real-time mobile assessment and intervention strategies. Provide supervision to undergraduate teaching and research assistants, and mentorship to advanced students conducting independent research projects through the EMA Lab (www.emaresearch.org).
- 2006-2010 **Associate Professor of Psychology**
 Department of Psychology, Indiana Wesleyan University, Marion, Indiana.
- 2003-2006 **Assistant Professor of Psychology**
 Department of Psychology, Indiana Wesleyan University, Marion, Indiana.
- 2001-2003 **Clinical Instructor**
 Departments of Psychiatry and Family Practice
 Michigan State University College of Human Medicine
 Genesys Regional Medical Center, Grand Blanc, Michigan.
- Responsibilities included teaching behavioral science curriculum to family practice and internal medicine residents, as well as teaching basic psychopathology to third year Michigan State University College of Human Medicine students during their psychiatry clerkship. Teaching methods included group lectures, one-on-one discussions, outpatient clinical precepting, inpatient psychosocial rounds, and videotaping during clinical encounters. Provided clinical supervision to a pre-doctoral clinical psychology student.

RESEARCH EXPERIENCE

- 2016- **Research Fellow**
 Present Lumen Research Institute, Excelsia College, Sydney, Australia
- 2003- **Research Design and Statistical Consultant**
 Present Marion, IN

Provide statistical and quantitative research design consultation to individuals and organizations.

2001-2007 ***Research Associate***

The Institute for Gambling Education and Research, The University of Memphis, Memphis, Tennessee.

Provide consultation on grant writing and study design. Worked collaboratively on a number of small studies, as well as a large-scale federally funded study examining the relationship between gambling behavior and health risk behaviors.

1996-2000 ***Graduate Research Assistant***

The Institute for Gambling Education and Research, Memphis, Tennessee.

Responsibilities included grant writing, study design, development and validation of measurement instruments, supervision of data collection and coding, data analysis and manuscript writing. Projects included psychometric investigations of problem gambling instruments, development of gambling-related cognitive measures, gambling analog studies, and prevalence studies of problem gambling within college populations. Supervisors: Andrew Meyers, Ph.D., James Whelan, Ph.D.

1997-1999 ***Data Manager***

Nicotine Replacement Therapy Project

University of Memphis Center for Community Health, Memphis, Tennessee.

Managed data for a 4-year National Cancer Institute- funded primary care-based clinical trial of combined cognitive-behavioral and nicotine replacement therapies for smoking cessation (Principle Investigator: Robert C. Klesges). Responsibilities included tracking study participants, developing SPSS databases, training research assistants in data collection and coding, data analysis, report writing and conference presentation. Supervisor: Margaret DeBon, Ph.D.

1997-1998 ***Graduate Research Assistant***

Memphis Smoking Prevention Project

University of Memphis Center for Community Health, Memphis, Tennessee.

Assisted in the administration and evaluation of a school-based smoking prevention program for over 7000 junior high students in the Memphis City Schools. Responsibilities included literature review, research protocol development, field data collection and data coding. Supervisor: Marian Levy, D.P.H.

CLINICAL EXPERIENCE

2008-2009 ***Sport Psychology Consultant***

Aldersgate Center, Indiana Wesleyan University

Provided brief psychological interventions for collegiate athletes.

2005-2008 ***Licensed Clinical Psychologist***

Family Care Center, Marion, Indiana

Provided individual and couples therapy to adolescent and adult outpatients on a part-time basis. Presenting problems represented a wide range of Axis I diagnoses

2001-2003 ***Post-Doctoral Health Psychology Fellow***

Behavioral Science Department, Michigan State University Family Practice Residency Training Program, Genesys Regional Medical Center, Grand Blanc, MI.

APA-approved post-doctoral fellowship in primary care health psychology. Provided psychological consultation to family practice and internal medicine residents and attending physicians in outpatient primary care clinics, outpatient clinical services to child and adult outpatients, and consultation-liaison services for inpatients in a large community hospital. Also delivered specialized health behavior assessment and intervention services for inpatients and outpatients. Supervisors: B. Joyce, Ph.D., M. Vogel, Ph.D.

2000 - 2001 ***Health Psychology Intern***

Cleveland VA Medical Center, Cleveland Ohio.

APA-approved internship program with specialty training in health psychology. Rotation in outpatient general medicine clinics involved psychological consultation to medical residents in primary care, women's health and endocrine clinics, as well as some consultation-liaison work on inpatient wards. Provided brief outpatient therapy for risk factor reduction and medication non-adherence. Conducted psychological evaluation and treatment of outpatients with variety of Axis I and II disorders. Inpatient mental health rotation involved psychological evaluation and treatment of patients with chronic mental illness. Rotation in multidisciplinary pain clinic required behavioral, psychometric and physiological assessment of pain, treatment plan formulation, intervention and follow-up assessment. Supervisors: G. Strauss, Ph.D., R. W. Goldberg, Ph.D., ABPP, E. N. Carroll, Ph.D.

1999-2000 ***Assistant Director and Therapist***

The Gambling Clinic: A Center for Self-Change, The University of Memphis, Memphis, Tennessee.

Administrative duties included grant writing, marketing strategy development and implementation, and serving as a liaison between community service organizations and the Clinic. Clinical responsibilities included development of a cognitive-behavioral treatment for problem gamblers, therapist training, intake assessment, treatment planning and delivery, and follow-up assessment. Supervisors: Andrew W. Meyers, Ph.D., James P. Whelan, Ph.D.

EDITORIAL CONSULTATION

Reviewer: *Addictive Behaviors*

Reviewer: *International Gambling Studies*

Reviewer: *Military Medicine*

UNIVERSITY SERVICE

2016-2019 Member, Residential Advocacy for Diversity and Retention (RADAR) Committee

2016-2018 Member, Nomination Committee
 2015-2018 Member, Advisory Council, Ron Blue Institute
 Fall 2015 Member, Strategic Planning Initiative- Transformational Education
 2011-2015 Chair, University Scholarship Council
 2005-2015 Coordinator, Lilly Student Research Initiative
 2013-2015 Co-organizer, Student Research Colloquium Series
 2009-2011 Faculty Advisor, IWU Running Club
 2008-2012 Member, Addictions Studies Center Advisory Board
 Spring 2010 Chair, Faculty Scholarship Award Selection Committee
 2008-2010 Member-at-large, CAS Strategic Planning Council
 2008-2010 Chair, Hinds Fellowship Selection Committee
 2007- 2010 Representative, Executive Committee of University Scholarship Council
 2005- 2010 Scholar-at-large, University Scholarship Council
 2007-2009 Sport Psychology Consultant, Aldersgate Center, Indiana Wesleyan University
 2007-2008 CAS Representative, Faculty Senate
 2005-2006 Member-at-large, Assessment Council
 2004-2007 Coordinator, Psychology Research Colloquium Series

PROFESSIONAL AFFILIATIONS

- ❖ Association for Behavioral and Cognitive Therapies
- ❖ Association for Psychological Science
- ❖ Society for Ambulatory Assessment
- ❖ Midwestern Psychological Association

PROFESSIONAL SERVICE

- ❖ Indiana Council on Problem Gambling Advisory Board Member (2008 – Present)
- ❖ Grant County Problem Solving Courts Evaluator (2007 – Present)

OTHER PROFESSIONAL ACTIVITIES

Co-Founder, LifeData, LLC (www.lifedatacorp.com)

REFERENCES

Doug Daugherty, PsyD
 Dean, Rosemead School of Psychology
 Biola University
 13800 Biola Ave
 LaMirada, CA, 90639
 douglas.daugherty@biola.edu

Brian N. Fry, Ph.D.
 Professor of Sociology
 Indiana Wesleyan University
 4201 S. Washington
 Marion, IN 46953
 (765) 677-2222; brian.fry@indwes.edu

Barbara Joyce, Ph.D.
 Director of Curriculum Evaluation and Associate Professor of Biomedical Science
 Oakland University William Beaumont School of Medicine
 473 O'Dowd Hall
 Rochester, Michigan 48309
 (248) 370-3618; joyce@oakland.edu

PUBLICATIONS

1. Baldwin, A., Bunting, B., Daugherty, D., Jackson, L., & Steenbergh, T. (2020). *Promoting belonging, growth mindset, and resilience to foster student success*. Columbia, SC: National Resource Center for the First Year Experience.
2. Runyan, J. D, Fry, B. N., Steenbergh, T. A., Arbuckle, N. L., *Dunbar, K., & Devers, E. E. (2019). Using experiencing sampling to examine links between compassion, Eudaimonia, and prosocial behavior. *Journal of Personality, 87*, 690-701.
3. Daugherty, D. A., Runyan, J. D. Steenbergh, T. A., Fratzke, B. J., Fry, B. N., & *Westra, E. (2018). Smartphone delivery of a hope intervention: Another way to flourish. *PLOS One, 9*, 1-14. Available at: <https://doi.org/10.1371/journal.pone.0197930>.
4. Devers, C. J., Daugherty, D., Steenbergh, T., Runyan, J., Oke, L., *Alayan, A., & *Ragsdale, E. (2016). Mindsets, smartphones, and student success. In *Proceedings of World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education 2016* (pp. 648-651). Chesapeake, VA: AACE.
5. Devers, C. J., Daugherty, D., Steenbergh, T., Runyan, J., Oke, L., & *Alayan, A. (2016). Enhancing student success: Disseminating a growth-mindset and social-belonging intervention with smartphones. In *Proceedings of World Conference on Educational Multimedia, Hypermedia and Telecommunications 2016* (pp. xx-xx). Chesapeake, VA: AACE.*
6. Devers, C. J., Devers, E. E., Lehman, T. E., Steenbergh, T. A., *Alayan, A., *Ragsdale, E., *Hayes, O., *Evey, K., *Cook, M., *Cobb, G., *Gandy, K., *Reng, D., & *Aitchison, M. (2016). Khan Academy: Learning and self-explanation. In *Proceedings of World Conference on Educational Multimedia, Hypermedia and Telecommunications 2016* (pp. 1040-1044). Chesapeake, VA: AACE.*
7. Daugherty, D., Fratzke, B. J., Steenbergh, T. A., & Runyan, J. R. (2016). Assessment and intervention in the wild: Possibilities for redeeming the smartphone. *Journal of Psychology and Christianity, 35*, 77-82.
8. Runyan, J.D., Steenbergh, T.S., *Bainbridge, C., Daugherty, D. A., Oke, L., & Fry, B. N. (2013). A smartphone ecological momentary assessment/intervention "app" for collecting real-time data and promoting self-awareness. *PLOS One*. Available at: <http://www.plosone.org/article/info:doi/10.1371/journal.pone.0071325>
9. Devers, C., Steenbergh, T., Devers, E., *Brighton, R., *Ayers, B., *Carmichael, E., *Keen, J. & *Hannum, P. (2012). Social conformity in online environments: A Comparison between text and video. In *Proceedings of World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education 2012* (pp. 1777-1781). Chesapeake, VA: AACE.
10. Steenbergh, T. A., Runyan, J. D., Daugherty, D., & *Winger, J.G. (2012). Neuroscience exposure and perceptions of client responsibility among addictions counselors. *Journal of Substance Abuse Treatment, 42*, 421-428.
11. Joyce, B. L., Scher, E., Steenbergh, T. A & Voutt-Goos, M.J. (2011). Development of an institutional resident curriculum in communication skills. *Journal of Graduate Medical Education, 3*, 524-528.
12. Whelan, J.P., Steenbergh, T. A., & Meyers, A. W. (2010). *Gambling: Gioco d'azzardo problematic e patologico*. Goettingen, Germany: Hogrefe & Huber.

***Denotes student co-author.**

13. *Sobon, M., *Davison, A., *Snider, L., Steenbergh, T., & Sneed, K. (2010). Career sustaining behaviors of addictions counselors: Students' survey of NAADAC members offers a glimpse at factors contributing to longevity. *Addiction Professional*, 8(4), 25-30.
14. Joyce, B. L., Steenbergh, T. A., & Scher, E. (2010). Use of the Kalamazoo Essential Elements Communication Checklist – Adapted in an institutional interpersonal and communication skills curriculum. *Journal of Graduate Medical Education*, 2, 165-169.
15. Meyers, A. W. & Steenbergh, T.A. (2010). Gambling Addiction. In: I. B. Weiner & W. E. Craighead (Eds.). *Corsini encyclopedia of psychology and behavioral science*, 4th Edition (pp. 693-695). New York: Wiley.
16. Steenbergh, T. A., Whelan, J. P., Meyers, A. W., Klesges, R. C., & DeBon, M. (2008) Gambling and Health Risk-Taking Behavior in a Young Military Sample. *Military Medicine*, 173, 452-459.
17. Whelan, J.P., Steenbergh, T. A., & Meyers, A. W. (2007). *Problem and pathological gambling*. Cambridge, MA: Hogrefe & Huber.
18. *Abell, J. W., Steenbergh, T. A., & Boivin, M. J. (2006). Cyberporn involvement in the context of religiosity. *Journal of Psychology and Theology*, 34, 165-171.
19. May, R. K., Whelan, J. P., Meyers, A. W., & Steenbergh, T. A. (2005). Gambling-related irrational beliefs in the maintenance and modification of gambling behaviour. *International Gambling Studies*, 5, 155-167.
20. Steenbergh, T. A., Whelan, J. P., Meyers, A. W., May, R. K., & Floyd, K. (2004). Impact of warning and brief intervention messages on knowledge of gambling risk, irrational beliefs, and behaviour. *International Gambling Studies*, 4, 3-16.
21. Cooper, T. V., DeBon, M. W., Stockton, M., Steenbergh, T. A., Sherrill-Mittleman, D., Jennings, L. C., Klesges, R. C., & Johnson, K. C. (2004). Correlates of adherence with transdermal nicotine. *Addictive Behaviors*, 29, 1565-1578.
22. Meyers, A. W. & Steenbergh, T. A. (2004). Problem gambling. In: W. E. Craighead & C. B. Nemeroff (Eds.). *Concise Corsini encyclopedia of psychology and behavioral science*, 3rd Edition. New York: Wiley.
23. May, R. K., Whelan, J. P., Steenbergh, T. A., & Meyers, A. W. (2003). The Gambling Self-Efficacy Questionnaire: An initial psychometric evaluation. *Journal of Gambling Studies*, 19, 339-357.
24. Steenbergh, T. A. (2003). Book review of Beyond advice: 1. Becoming a motivational practitioner by Rick Botelho. *Annals of Behavioral Science and Medical Education*, 9, 54.
25. Steenbergh, T. A., Meyers, A. W., May, R. K., & Whelan, J. P. (2002). Development and validation of the Gamblers' Beliefs Questionnaire. *Psychology of Addictive Behaviors*, 16, 143-149.
26. Strauss, G., & Steenbergh, T. A. (June, 2001). A brief synopsis of the OPA survey on prescription privileges for psychologists: 2001. *Ohio Psychologist Review*.
27. Steenbergh, T. A. & Meyers, A. W. (2001). Problem gambling. In: W. E. Craighead & C. B. Nemeroff (Eds.). *Corsini encyclopedia of psychology and behavioral science*, 2nd Edition (pp. 622-624). New York: Wiley.

MANUSCRIPTS IN PROCESS

1. Steenbergh, T. A., Fry, B. N., Frieden, K., Zaeske, L., Thompson, L., & Runyan, J. D. *Correspondence between students' ratings of their professor's empathy and humility, student learning, and faculty self-perceptions*. Manuscript to be submitted to *Journal of Positive Psychology*.

RESEARCH AND PROFESSIONAL PRESENTATIONS

1. * Brown, J., Thompson, L., Steenbergh, T., *Marvin, C., & *Vermilya, S. (April, 2019) *Validation of the Student-Instructor Relationship Assessment*. Poster accepted for presentation at the 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

2. Zaeske, L., *Frieden, K., Steenbergh, T. A., Fry, B., & Runyan, J. D. (May, 2019). *Faculty self-ratings of empathy and humility: Correspondence with student perceptions*. Paper presented at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
3. Fry, B. N., Steenbergh, T. A., *Frieden, K., *Zaeske, L., & Runyan, J. D. (March, 2019). *Do we teach who we are? Associations of faculty self-ratings of empathy and humility with student ratings*. Poster presented at the International Convention of Psychological Science, Paris, France.
4. Steenbergh, T. A., Daugherty, D., Alayan, A., Devers, C., & Oke, L. (May, 2018). *Social belonging, adversity, and academic outcomes following a mobile mindset intervention*. Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.
5. Steenbergh, T. A., Daugherty, D., Devers, C., Oke, L., & Alayan, A. (May, 2018). *Effects of a mobile learning mindset and social belonging intervention on first-year college student outcomes*. Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.
6. Steinke, E., *Demmitt, L., Kongkaw, N., Fry, B. N., Steenbergh, T. A., & Runyan, J. D. (May, 2018). *The heartbeat of compassion: Measuring HRV in the lab and daily life*. Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.
7. *Wood, L., Steinke, E., *Slusser, K., Steenbergh, T. A., & Runyan, J. D. (May, 2018). *Compassion, culpability and heart rate measures: A Pilot study*. Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.
8. Fry, B. N., Runyan, J. D., Steenbergh, T. A. (May, 2018). *Experiencing empathy: Comparing an ecological momentary intervention with classroom perspective-taking*. Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.
9. *Demmitt, L., Kongkaw, N., Steinke, E., Runyan, J., Fry, B., & Steenbergh, T. (April, 2018). *Heartbeat of compassion: HRV measures in the lab and daily life*. Poster accepted for presentation at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
10. Alayan, A., *Wood, L., *Washington, B., *Mathison, B., Steenbergh, T., Daugherty, D., Devers, C., & Oke, L. (April, 2018). *One year outcomes for a mobile social belonging and growth mindset intervention*. Poster accepted for presentation at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
11. Steenbergh, T.A., Daugherty, D., Devers, C., Oke, L., & *Washington, B. (February, 2018). *Using smartphones to deliver and assess a first-year intervention*. Presentation at the 37th Annual Conference on the First Year Experience, San Antonio, TX.
12. Steenbergh, T.A. (July, 2017). *Smartphone-based assessment: New possibilities in health psychology and medical education*. Invited presentation at the MSU-FAME Innovative Integration of Mental Health and Medicine Conference, Flint, MI.
13. Steenbergh, T. A., Daugherty, D., Devers, C., Oke, L., & *Evey, K. (May, 2017). *Nudging students toward success: Mobile delivery of social belonging and growth mindsets*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.
14. *Evey, K. & Steenbergh, T. A., (May, 2017). *Ecological momentary assessment of the relationship between self-critical perfectionism, event type, and event*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.
15. Runyan, J.D., Fry, B. N., & Steenbergh, T. A. (May, 2017). *An empathy ecological momentary intervention: Using smartphones to foster attentiveness*. Poster presented at the 89th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
16. Steenbergh, T. A., Daugherty, D., Devers, C., & Oke, L. (February, 2017). *mSuccess: A Growth mindset and social belonging intervention*. Presentation at the 36th Annual Conference on the First-Year Experience, Atlanta, GA.
17. *Alayan, A., Devers, C. J., Lehman, T. E., Devers, E. E., Steenbergh, T. A., *Ragsdale, E., *Hayes, O., *Cook, M., *Evey, K., *Cobb, G., *Fulkerson, M., *Hunter, H., *Langebartels, K., *Redwine, C., & *Rhoton, S. (May, 2016). *Learning with the Khan Academy*. Poster presented at the Association for Psychological Science 28th Annual Convention, Chicago, IL.*

18. Devers, C. J., Daugherty, D., Steenbergh, T., Runyan, J., & *Alayan, A. (May, 2016). *Mindsets, smartphones, and student success*. Poster presented at the Association for Psychological Science 28th Annual Convention, Chicago, IL.
19. Runyan, J. D., Fry, B. N., *Dunbar, K., Arbuckle, N., Devers, E. E., Steenbergh, T. A., & Daugherty, D. (May, 2016). *A smartphone-app based experience sampling study of compassion and flourishing*. Poster presented at the Association for Psychological Science 28th Annual Convention, Chicago, IL.
20. Devers, C. J., Daugherty, D., Steenbergh, T., Runyan, J., & *Alayan, A. (May, 2016). *Growth-mindset and social-belonging: An innovative solution for student success*. Paper presented at the 87th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
21. Devers, C. J., Lehman, T. E., Devers, E. E., Steenbergh, T. A., *Alayan, A., *Ragsdale, E., *Hayes, O., & *Ngo, A. (May, 2016). *Online video learning with the Khan Academy*. Poster presented at the 87th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
22. Steenbergh, T., Daugherty, D., Devers, C., Runyan, J., Devers, E. & Fry, B. (February, 2016). *mSuccess: Using smartphones to enhance student success, development and learning*. Paper presented at the 35th Annual Conference on the First Year Experience, Orlando, FL.
23. Devers, C. J., *Alayan, A., Daugherty, D., Steenbergh, T., & Runyan, J. (February, 2016). *mSuccess: Using smartphones to foster success among first-year students*. Poster presented at the 35th Annual First Year Experience Conference, Orlando, FL.
24. Steenbergh, T. A., Runyan, J. D., Daugherty, D. A., & *Evey, K. (November, 2015). *Takin' it to the streets: Mobile delivery and assessment of a gratitude intervention*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
25. Steenbergh, T. A., Runyan, J. D., & Daugherty, D. A. (September, 2015). *Smartphone-based assessment: New possibilities for understanding life as it is lived*. Invited presentation to the IU Lilly Family School of Philanthropy. Indianapolis, IN.
26. *Sloan, A., *Steinke, E., Runyan, J.D., Steenbergh, T.A., & Daugherty, D.A. (May, 2015). *Qualitative analysis of gratitude expressions collected using ecological momentary assessment*. Poster presented at the 27th Annual Convention of the Association for Psychological Science, New York, NY.
27. Daugherty, D. A., & Steenbergh, T. S. (July, 2014). *Creating a culture of feedback*. Videorecording for Kingdom Advisors national study guide series.
28. Runyan, J. D., Steenbergh, T. A., Daugherty, D. A., *Woodard, H., *LeFever, T. & *Ragsdale, E. (May, 2014). *An ecological momentary gratitude intervention increases and stabilizes mood in the moment*. Poster presented at the 26th Annual Convention of the Association for Psychological Science, San Francisco, CA.
29. Daugherty, D., Runyan, J. D., Steenbergh, T. A., *Ringenberg, S., & *Steinke, E. (May, 2014). *Individual Differences Associated With Use of a Smartphone App-based EMA/I System*. Poster presented at the 26th Annual Convention of the Association for Psychological Science, San Francisco, CA.
30. Steenbergh, T. A., & Runyan, J. D. (May, 2014). *Spiritual formation and the psychology of change*. Invited presentation at the CWC Festival of Spiritual Formation, Marion, IN.
31. Steenbergh T. A., Runyan J.D., Daugherty D.A., *Woodard, H., *LeFever T., *Ragsdale, E. (May, 2014). *Effects of a smartphone-delivered gratitude intervention assessed by ecological momentary assessment*. Presented at the 86th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
32. Steenbergh, T. A., *Ringenberg, S., *Woodard, H., *LeFever, T., *Ragsdale, E., Runyan, J. D., Daugherty, D. A. (May, 2014). *Researcher Looking for Meaningful Relationship with Smartphone User: Data Suggest Long-Term Possibility*. Poster presented at the 86th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
33. Runyan, J. D., Daugherty, D., Steenbergh, T. A., *Ringenberg, S., & *Steinke, E. (May, 2014). *Personal factors and engagement with an app-based gratitude intervention*. Poster presented at the 86th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

34. Daugherty, D., & Steenbergh, T. A. (February, 2014). Psychology of advising: Two shrinks offer practical tools for expanding your toolbox. Invited presentation at the Kingdom Advisors National Conference in Orlando, FL.
35. Steenbergh, T. S., & Fry, B. N. (February, 2013). *iHabit™: An experience sampling app to study first-year students*. Paper presented at the 32nd Annual Conference on the First Year Experience. Orlando, FL.
36. Steenbergh, T. S., Daugherty, D., & Runyan, J. D. (November, 2012). *iHabit™: An Ecological momentary assessment app for clinical research*. Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies in National Harbor, MD.
37. Daugherty, D., Spitzer, M., & Steenbergh, T. (October, 2012). *Process and other program evaluations: Where do I begin?* Invited presentation at the Indiana Judicial Center's 2012 Problem-Solving Court Workshops in Indianapolis, IN.
38. Runyan, J. D., Daugherty, D., Steenbergh, T. A., Fry, B. N., & Oke, L. (August, 2012). *iHabit™: A New Approach to EMA*. Paper presented at the 120th Annual Convention of the American Psychological Association, Orlando, FL.
39. Daugherty, D., Spitzer, M., & Steenbergh, T. A., & (June, 2012). *Using a client dashboard to steer treatment: How assessment findings can inform case planning*. Workshop presented at the 18th Annual National Association of Drug Court Professionals Conference in Nashville, TN.
40. *Bainbridge, C., *Howard, N., *Ragsdale, E., Runyan, J. D., Steenbergh, T. A., Daugherty, D. A. Fry, B. N., & Oke, L. (May, 2012). *Positive reactivity to using a new iPhone EMA/EMI*. Poster presentation at the 24th Annual Convention of the Association for Psychological Science, Chicago, IL.
41. *Reno, N., *Price, E. S., Daugherty, D. A., Runyan, J. D. & Steenbergh, T. A. (May, 2012). *Ecological Momentary (iPhone) Assessment: Sleep as a predictor of freshmen outcomes*. Poster presentation at the 24th Annual Convention of the Association for Psychological Science, Chicago, IL.
42. *LeFever, T., *Denlinger, K., *Bentle, R., Daugherty, D., Fry, B., Oke, L., Runyan, J. D., & Steenbergh, T. A. (May, 2012). *Ecological Momentary Assessment of Academic Self-Efficacy: Implications for Theory and Research*. Poster presentation at the 24th Annual Convention of the Association for Psychological Science, Chicago, IL.
43. *Plutschack, A., Steenbergh, T. A., & Runyan, J. D. & Daugherty, D. A. (May, 2012). *Ecological Momentary Assessment of College Students' Behaviors: Relationship to Academic Outcomes*. Paper presented at the 84th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
44. *Bainbridge, C., Runyan, J. D., Steenbergh, T. A. & Daugherty, D. A. (May, 2012). *iPhones and EMA: A New Method of Capturing the Moment*. Poster presented at the 84th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
45. *Reno, N., Daugherty, D. A., Runyan, J. D. & Steenbergh, T. A. (May, 2012). *Ecological Momentary (iPhone) Assessment: Sleep as a predictor of freshmen outcomes*. Poster presented at the 84th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
46. Steenbergh, T. A. & Fry, B. F. (March, 2012). *Using handheld technology to collect data on first-year students: An iHabit™ pilot study*. Demonstration at the 26th Annual Indiana Association for Institutional Research conference, Lafayette, IN.
47. Steenbergh, T. A. & Fry, B. N. (February, 2012). *iHabit™: An experience sampling app to study first-year students*. Paper presented at the 31st Annual Conference on the First Year Experience. San Antonio, TX.
48. Steenbergh, T. A. & Fry, B. N. (February, 2012). *iHabit™: Using handheld technology to collect real-time data on first-year students*. Poster presented at the 31st Annual Conference on the First Year Experience, San Antonio, TX.
49. Steenbergh, T. A., Spitzer, M., & Daugherty, D. (July, 2011). *Increasing African-Americans' Participation in Drug Court: A Qualitative Study and Intervention*. Workshop presented at the 17th Annual National Association of Drug Court Professionals Conference in National Harbor, MD.

50. Daugherty, D., Fry, B. N., Runyan, J. D., & Steenbergh, T. A. (April, 2011). What can exemplary Christians teach us about resilience? Poster presented at the Christian Association for Psychological Studies International Conference in Indianapolis, IN.
51. *Winger, J., Steenbergh, T.A., Runyan, J. D. & Daugherty, D. (November, 2010). *Therapists' Views of Spirituality in Drug and Alcohol Treatment*. Poster presented to the Spirituality/ Religion Special Issues group at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies in San Francisco, CA.
52. *Winger, J., Daugherty, D, Steenbergh, T.A., & Runyan, J. (October, 2010). *Therapists' Views of Clients' Responsibility for Alcohol and Drug Addiction*. Poster presented at Addictions 2010 Conference- The New Frontier in Addiction Treatment: Evidence Based Policy & Practice in Washington, DC, October, 2010.
53. Daugherty, D. & Steenbergh, T. A. (November, 2008). *Race and recidivism: Exploring the use of incentives and sanctions in a local drug court*. Poster presented at the 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
54. Pattengale, J., Fry, B. N., & Steenbergh, T. A. (February, 2008). *Cultivating a classroom community: Personhood and strategies*. Presentation at the 27th Annual Conference on the First Year Experience, San Francisco, CA.
55. Steenbergh, T.A. (October, 2007). *Current perspectives on assessment and treatment of problem gambling*. Invited workshop presented at the 2007 Fall Conference of the Indiana Association for Addiction Professionals, Indianapolis, IN.
56. Steenbergh, T. A. & *Springer, K. (June, 2007). *Labeling practices of U.S. lotteries*. Poster presented at the 21st National Conference on Problem Gambling Prevention, Research, Recovery, and Treatment, Kansas City, MO.
57. Steenbergh, T. A., *Banker, C., & May, R. K. (May, 2006). *Labeling practices of U.S. lotteries*. Paper presented at the 13th International Conference on Gambling and Risk-Taking, Lake Tahoe, NV.
58. Steenbergh, T. A., & *Metz, S. (May, 2006). *Responsible gaming: An exploration of current discourses*. Paper presented at the 13th International Conference on Gambling and Risk-Taking. Lake Tahoe, NV.
59. Steenbergh, T. A., May, R. K., Meyers, A. W., & Whelan, J. P. (November, 2005). *Strategy use among roulette gamblers: Implications for a cognitive model of gambling*. Poster presented at the 39th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
60. Steenbergh, T. A., Meyers, A. W., Whelan, J. P., May, R. K., DeBon, M., & Klesges, R. C. (November, 2004). *Gambling and risky health behaviors: What are the odds and why?* Poster presented at the 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
61. May, R. K., Steenbergh, T. A., Whelan, J. P., & Meyers, A. W. (November, 2004). *Problem gamblers self reported use of alcohol while gambling: A descriptive investigation*. Poster presented at the 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
62. *Abell, J. W., Steenbergh, T. A., & Boivin, M. J. (May, 2004). *Cyberporn use among college males*. Poster presented at the 16th Annual American Psychological Society Convention, Chicago, IL.
63. *Moore, M. & Steenbergh, T. A. (May, 2004). *Problem video game usage impacts daily functioning in young adults*. Poster presented at the 16th Annual American Psychological Society Convention, Chicago, IL.
64. May, R.K., Whelan, J.P., Meyers, A.W. & Steenbergh, T.A. (November, 2003). *Guided Self-Change for Problematic Gambling Behavior*. Poster presented at the 37th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.
65. May, R.K., Steenbergh, T.A., Whelan, J.P., & Meyers, A.W. (November, 2003). *Further Evaluation of the Psychometric Properties of the GSEQ and GBQ within a clinical sample of problem gamblers*. Poster presented at the 37th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

66. May, R. K., Whelan, J.P., Meyers, A.W., & Steenbergh, T.A. (2003, March) *An evaluation of a brief treatment approach for problem gambling*. Poster presented at the 49th Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.
67. Meyers, A. W., Steenbergh, T. A., Whelan, J. P., DeBon, M., & Klesges, R. (May, 2003). *The Relationship between Gambling and At Risk Behaviors: A Study of Military Recruits*. Paper presented at the 12th International Conference on Gambling and Risk-Taking in Vancouver, British Columbia.
68. Whelan, J. P., May, R. K., Steenbergh, T. A., Meyers, A. W., & Avondoglio, J. (May, 2003). *Psychometric Evaluation of the GBQ and the GSEQ with a Clinical Sample*. Paper presented at the 12th International Conference on Gambling and Risk-Taking in Vancouver, British Columbia.
69. Steenbergh, T. A., Meyers, A. W., Whelan, J. P., & May, R. K. (November, 2002). *A laboratory investigation of the relationship between gambling-related irrational beliefs and gambling behavior*. Poster presented at the 36th Annual Convention of the Association for Advancement of Behavior Therapy in Reno, NV.
70. May, R. K., Whelan, J. P., Meyers, A. W., & Steenbergh, T. A. (November, 2002). *A laboratory investigation of the role of gambling-related irrational beliefs in the maintenance of problematic gambling behavior*. Poster presented at the 36th Annual Convention of the Association for Advancement of Behavior Therapy in Reno, NV.
71. Steenbergh, T. A. & Joyce, B. (October, 2002). *Motivational interviewing training for health behavior change*. Workshop presented at The Forum for Behavioral Science and Medical Education in Chicago, IL.
72. May, R. K., Whelan, J. P., Steenbergh, T. A., & Meyers, A. W. (November, 2001). *A psychometric evaluation of a DSM-IV-based screening for problematic gambling behavior*. Poster presented at the 35th Annual Convention of the Association for Advancement of Behavior Therapy in Philadelphia, PA.
73. Cooper, T. V., Jennings, L., DeBon, M. W., Stockton, M., Steenbergh, T. A., & Klesges, R. C. (March, 2001). *Compliance with transdermal nicotine based on income level*. Poster presented at the 22nd Annual Meeting of the Society of Behavioral Medicine in Seattle, WA.
74. Chang, C. F., Klesges, R. C., DeBon, M., & Steenbergh, T. A. (November, 2000). *Behavioral Interventions to Enhance Nicotine Replacement Therapy: Are They Cost Effective?* Paper presented at the 128th Annual Meeting of the American Public Health Association, Boston, MA.
75. Steenbergh, T. A., Taylor, M. A., Meyers, A. W., Whelan, J. P., May, R. K., & Floyd, K. (November, 2000). *Do odds messages and self-regulatory information affect gambling behavior? An experimental analog investigation*. Poster presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy in New Orleans, LA.
76. Meyers, A.W., May, R.K., Steenbergh, T.A., & Whelan, J. P. (November, 2000). *Guided Self-Change for Problem Gambling*. Paper presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
77. May, R. K., Steenbergh, T. A., Whelan, J. P. & Meyers, A. W. (November, 2000). *A cognitive-behavioral, self-change approach to the treatment of problem gambling: Case study evidence*. Poster presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
78. Weinstock, J, Whelan, J. P, Meyers, A. W., Steenbergh, T. A., May, R. K., Donahue, K., & Floyd, K. (October, 2000). *Gambling among collegiate athletes and non-athletes: An investigation of prevalence and pathology*. Poster presented at the 15th annual Convention of the Association for the Advancement of Applied Sport Psychology, Nashville, TN.
79. May, R.K., Whelan, J.P, Steenbergh, T.A., & Meyers, A.W. (June, 2000). *The Gambling Self-Efficacy Questionnaire: An initial psychometric evaluation*. Paper presented at the 11th International Conference on Gambling and Risk Taking, Las Vegas, NV.
80. Steenbergh, T. A., Taylor, M. A., Meyers, A. W., Whelan, J. P., May, R. K. & Floyd, K. (June, 2000). *Can warning labels influence gambling? An examination of odds messages and self-regulatory information*. Paper presented at the Eleventh International Conference on Gambling and Risk Taking in Las Vegas, NV.

81. Steenbergh, T. A., Meyers, A. W., May, R. K. & Whelan, J. P. (June, 2000). *Development and validation of a self-report measure of gamblers' irrational beliefs*. Paper presented at the Eleventh International Conference on Gambling and Risk Taking in Las Vegas, NV.
82. Steenbergh, T. A., Chang, C. F., & DeBon, M. (April, 2000). *Cost-effectiveness analysis in behavioral medicine: How and why*. Seminar presented at the 21st Annual Meeting of the Society of Behavioral Medicine in Nashville, TN.
83. Jennings, L., Steenbergh, T. A., Chang, C. F., DeBon, M., & Klesges, R. C. (April, 2000) *More bang for the buck: Cost-effectiveness of behavioral interventions for smoking cessation*. Poster presented at the 21st Annual Meeting of the Society of Behavioral Medicine in Nashville, TN.
84. Steenbergh, T. A., DeBon, M., & Klesges, R. C. (March, 1999). *Behavioral interventions to enhance nicotine replacement therapy: How much is enough?* Poster presented at the 20th Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.
85. Steenbergh, T. A., Chang, C. F., & DeBon, M., & Klesges, R. C. (March, 1999). *Behavioral interventions to enhance nicotine replacement therapy: Are they cost-effective?* Poster presented at the 20th Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.
86. Steenbergh, T. A., Meyers, A. W., May, R. K., & Whelan, J. P. (November, 1998). *A self-report measure of gamblers' maladaptive beliefs: Initial psychometric properties*. Poster presented at the 32nd Annual Conference of the Association for Advancement of Behavior Therapy in Washington, DC.
87. May, R. K., Whelan, J. P., Steenbergh, T. A., & Meyers, A. W. (November, 1998). *Situational Confidence Questionnaire for gambling: An initial psychometric evaluation*. Poster presented at the 32nd Annual Conference of the Association for Advancement of Behavior Therapy in Washington, DC.
88. Hines, D., Steenbergh, T., & DePew, K. (1995). *Smoking as a predictor of other high-risk behaviors*. Paper presented at the 15th Annual Meeting of the Society for Behavioral Medicine in San Diego, CA.