

**Denise Nicholas Williams, Ph.D.**  
Assistant Professor  
Graduate Counseling Division  
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## EDUCATION

**Doctorate of Philosophy** in Marriage and Family Therapy  
Texas Tech University, Lubbock, TX  
May 2017

**Master of Arts** in Rehabilitation & Mental Health Counseling  
University of South Florida, Tampa, FL  
December 2011

**Bachelor of Arts** in Psychology  
University of South Florida, Tampa, FL  
August 2005

## TEACHING EXPERIENCE

**Assistant Professor of Graduate Counseling**  
**Indiana Wesleyan University 2017- present**

- Classes: Human Development; Foundations of MFT; Multicultural Counseling; Supervised Internship.

**Graduate Instructor**

Texas Tech University, Lubbock TX 8/15-05/17

- CFAS 2360 - Diversity in Community, Family, and Addiction Sciences
- CFAS 2300 – Communications Civility & Ethics
  - Undergraduate course
  - Lead discussions, grade assignments and met with students about class concerns
  - Created course quizzes
  - Assisted in redesigning online course page

**Invited Guest Lecturer**

Texas Tech University, Lubbock, TX 09/16

- Presented on Gender/Power/Culture for MFT 5300, Introduction to MFT Practicum

**Guest Lecturer**

Texas Tech University, Lubbock, TX 02/16

- Substituted for COM 252, Interpersonal Communication, “Out and About: Exploring Nonverbal Communication in Our Lives

**Guest Lecturer**

Texas Tech University, Lubbock, TX 04/14

- Presented on Solution Focused Therapy interventions and process for master's students at Texas Tech University

**Guest Lecturer**

Texas Tech University, Lubbock, TX 04/14

- Substituted for CFAS 2360 - Diversity in Community, Family, and Addiction Services course

**Guest Lecturer**

Texas Tech University, Lubbock, TX 08/13

- Substituted for CFAS 2300 instructors and discussed topics on diversity, ethical reasoning, and presentation skills

**Guest Lecturer**

Texas Tech University, Lubbock, TX 03/14

- Presented requirements and resources of Community Family & Addiction Serves & Marriage & Family Therapy program to PSI-CHI/ Psychology student organization

## RESEARCH EXPERIENCE

**Peer-Reviewed Publications**

Méndez-Pounds, J., **Nicholas Williams, D.**, Whiting, J., Gonzalez, N.(in press). "I am just like everyone else, except for a nine-digit number": A phenomenological analysis of the experiences of DREAMers,". *The Qualitative Report*

**Presentations**

Williams, D., & Kadieva, V.( February, 2017). *How Relational Entitlement Could Be Destructive for Couple Relationships*. A workshop presentation at the 2017 Texas Association of Marriage and Family Therapy Annual Conference, Austin, Texas.

Kadieva, V., & Williams, D. (September, 2016). *Finding the Supervision Key Leading to Therapist and Client Progress*. A research discussion presentation at the American Association of Marriage and Family Therapy Annual Conference, Indianapolis, Indiana.

Kadieva, V., & Williams, D. (February, 2016). *Finding the Supervision Key Leading to Therapist and Client Progress*. A poster presentation at the Texas Association of Marriage and Family Therapy Annual Conference, Austin, Texas.

Turns, B., Ivey, D. Heath, C. Chang, J & Williams, D. (September, 2015). *Self of the Spiritual Therapist Among Sexual Topics*. Workshop Presentation at the 2015 AAMFT Annual Conference, Austin, Texas.

Kadieva, V., & Williams, D. (March, 2015). *Parental Styles, Family Structure, Family SES, and Entitlement*. Poster presentation at the Texas Tech University the Graduate Research Poster Competition, Lubbock, Texas.

Mendez, J., Williams, D. & Whiting J., (October, 2014). *Undocumented and uneducated: The insider's experience of DREAMERS*. Poster presentation at the American Association of Marriage and Family Therapy, Milwaukee, Wisconsin.

## CLINICAL TRAINING EXPERIENCE

**Supervisor in Training, Family Therapy Clinic**

Texas Tech University, Marriage and Family Clinic, Lubbock TX 8/14 – 05/17

- Provided supervision to Master's level students under mentorship of a AAMFT approved supervisor

### **Marriage and Family Therapy Intern**

Texas Tech University, Marriage and Family Clinic, Lubbock TX 08/13- 01/16

- Provided therapy to individuals, couples, and families
- Co-facilitator for Great First Start Pre-Marriage workshops, on developing marital skills, ie communication, handling conflict, love languages and others

### **Counseling Intern**

Metropolitan Ministries, Tampa FL 12/11 – 07/12

- Conducted individual, family & play therapy sessions for Homeless population. Provided progress notes for clients' treatment plan
- Case Management: referred client varying resources (e.g: educational, legal, food, shelter, transportation etc.)
- Facilitated in clients' pre-assessment session and bio-socials
- Utilized and assessed client's treatment plans in determining the best course of treatment.
- Created flyers and brochures to help publicize Uplift U program (devoted to helping families develop skills needed to be independent. Sessions included, financial planning, relation enhancement, parenting classes and mental health counseling)
- Established and maintained rapport with clients and families, while providing effective communication, empathy and honesty
- Trained new interns on how to conduct a bio-social assessment and other procedures of the Uplift U program requirements

### **Counseling Intern**

Healthcare Connections of Tampa Bay, Tampa FL 12/09- 12/11

- Lead several groups such as: family process, men and women's process, seeking safety, Communication, Literature Appreciation and self-care group
- Conducted individual counseling sessions
- Created and implement client treatment plans.
- Coordinated and supervised several weekend activities for female residents
- Conducted Bio-psychosocials
- Acted as a liaison between clients and primary counselor

### **Counseling Intern**

Gulf Coast Jewish Family Services, Tampa FL 05/ 08 – 08/08

- Provided counseling to refugee children and parents by assisting in acculturation into American society, delving into past issues of oppression from their native country
- Assisted clients in developing stress coping strategies to reduce anxiety and fear about various issues
- Helped parents implement new and more effective parenting techniques.
- Assisted clients with play, book & video therapy

## **PROFESSIONAL EXPERIENCE**

### **Independent Therapist**

New Hope Christian Counseling Center, Lubbock TX 06/15-08/17

- Maintained a private practice through counseling individuals, families and couples on a variety of issues such as pre-marital counseling, infidelity, substance abuse, grief and loss and anxiety related concerns

**Contracted Therapist**

Lubbock County Juvenile Justice Center, Lubbock TX 11/15-08/17

- Conducted home visits to adolescents and their families to provide counseling services
- Conducted school visits to adolescents on probation and provide individual counseling

**Research Assistant**

Texas Tech University, Lubbock TX 09/13-12/13

- Utilized 'Qualtrics' to create and upload survey information
- Conducted college presentations for both Texas Tech University and West Texas High Schools

**DUI Counselor**

Affordable Counseling, Bradenton FL 04/12 – 08/13

- Conducted clients' pre-assessment session, bio-socials, discharge summaries and urine analysis assessments.
- Provided assessment information to treatment team
- Conducted individual and group counseling to DUI clients
- Maintained client records

**Undergraduate Adviser**

Department of Mass Communications, Tampa FL 05/06 – 08/13

- Advised students with course registration and completion of graduation requirements
- Advised for a student organization, Chi Phi Sigma 1st Caribbean Fraternity & Sorority, Inc.( with the goal to educate both males & males and females with ethnic backgrounds & social classes, the importance of attaining academic and social success regardless of race or creed)
- Coordinated several advising workshops for each departmental sequence in an effort to help faculty advisers become better acclimated with the SASS system as well as University policy changes
- Reached out to special populations such as students on probation to encourage advising sessions to review their academic standing and discuss ways to raise their GPA
- Collected, analyzed and reported data needed for school's accreditation process

**PROFESSIONAL MEMBERSHIP**

**Marriage and Family Therapy Associate**

Texas State Board of Examiners of Professional Counselors  
(Issued October, 2014)

**Registered Mental Health Intern**

Florida Department of Health  
(Issued March, 2012)

**Registered Marriage and Family Therapist I**

Florida Department of Health,  
(Issued March, 2012)

**Pre-Clinical Fellow**

American Association for Marriage and Family Therapy Oct 2012 – present

**AAMFT Approved Supervisor**

American Association for Marriage and Family Therapy May 2017 – present

**American Counselors Association Member**

American Counselors Association August 2017- present

**FELLOWSHIPS, SCHOLARSHIPS AND AWARDS**

Texas Tech University- Teaching Effectiveness And Career enhancement (Fellow), 2014-2015

Texas Tech University - Pauline Bean Endowed Scholarship, 2014-2015

Texas Tech University - Wanda Ramsey Mason End Scholarship, 2014-2015

Texas Tech University - Excellence in Health Scholarship, 2014 - 2015

Texas Tech University - Covenant Health and Social Services Fellowship, 2013 – 2014