

Denise Williams, Ph.D.
Associate Professor
Division of Counseling
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EDUCATION

Doctorate of Philosophy in Marriage and Family Therapy
Texas Tech University, Lubbock, TX
May 2017

Master of Arts in Rehabilitation & Mental Health Counseling
University of South Florida, Tampa, FL
December 2011

Bachelor of Arts in Psychology
University of South Florida, Tampa, FL
August 2005

TEACHING EXPERIENCE

Associate Professor of Graduate Counseling
Indiana Wesleyan University 2017- present

- Classes: Human Development; Foundations of Marriage and Family Therapy; Multicultural Counseling; Group Theories; Theories & Techniques in Helping Relationships; MFT Practicum & Internship; MFT I: Theory, Assessment & Application; Marriage and Family Therapy II: Theory Assessment & Applications; MFT III: Theory, Assessment & Application; Affairs, Divorce & Remarriage; Premarital & Conflict Strategies & Systemic Issues in Counseling

Internship Coordinator
Indiana Wesleyan University 2022- present

- Serve as a liaison between internship sites and Graduate Counseling programs.
- Assist in preparing students for the practicum and internship
- Provide services to sites for continued education and training (cultural competence, needs of a supervisor, etc.)
- Identify new/potential internship sites for students (include rural, urban and underserved communities)

Graduate Instructor
Texas Tech University, Lubbock TX 8/15-05/17

- CFAS 2360 - Diversity in Community, Family, and Addiction Sciences
- CFAS 2300 – Communications Civility & Ethics
 - Undergraduate course
 - Lead discussions, grade assignments and met with students about class concerns
 - Created course quizzes
 - Assisted in redesigning online course page

Invited Guest Lecturer

Texas Tech University, Lubbock, TX 09/16

- Presented on Gender/Power/Culture for MFT 5300, Introduction to MFT Practicum

Guest Lecturer

Texas Tech University, Lubbock, TX 02/16

- Substituted for COM 252, Interpersonal Communication, “Out and About: Exploring Nonverbal Communication in Our Lives

Guest Lecturer

Texas Tech University, Lubbock, TX 04/14

- Presented on Solution Focused Therapy interventions and process for master’s students at Texas Tech University

Guest Lecturer

Texas Tech University, Lubbock, TX 04/14

- Substituted for CFAS 2360 - Diversity in Community, Family, and Addiction Services course

Guest Lecturer

Texas Tech University, Lubbock, TX 08/13

- Substituted for CFAS 2300 instructors and discussed topics on diversity, ethical reasoning, and presentation skills

Guest Lecturer

Texas Tech University, Lubbock, TX 03/14

- Presented requirements and resources of Community Family & Addiction Serves & Marriage & Family Therapy program to PSI-CHI/ Psychology student organization

RESEARCH EXPERIENCE

Publications

Williams, D., (2023, September) “Smile Through the Pain: The Complexities of Narratives about Mental Health in the Black Community”: *Family Therapy Magazine*, 22(5), 20-24.

Kadieva, V., **N. Williams, D.**,. (2022). Finding the Supervision Key of Therapist’ Progress, *The American Journal of Family Therapy*. DOI 10.1080/01926187.2022.2124205

Kadieva, V., **Nicholas Williams, D.**, Hernandez, A & Aguon, N. (2021). Exploring Women’s Experiences and Family Role Shifts Superseding a Breast Cancer Diagnosis, *The American Journal of Family Therapy* 49(4)

Armstrong, J. Thorpe, S. & **Williams, D.** (2020) *Sexual Attitudes, Religious Commitment, and Sexual Risk Behaviors among College-Aged Women: A Feminist Theory Approach*, *Journal of Gender Studies*, DOI: 10.1080/09589236.2020.1838888

Williams, D., (2020, July) “Academia was not created with me in mind”: Accessing how MFT programs are doing around Systemic Racism. *Family Therapy Magazine*, 19(4), 20-24.

Kadieva, V., **Nicholas Williams, D.**, (2020). Building the Pyramid That Leads to Client’s Progress: Supervision, Therapists’ Work, and Client Alliance, *The American Journal of Family Therapy* 1:22

Williams, D., (2020). A Theoretical Framework for Supervising and Mentoring New Clinicians. In (Trent, M.A., Pardlow, D., & Stevenson Ratliff, M.P.(Eds.), *Transforming Students into Leaders through the Literary Arts*

and the Social Sciences (pp.158-166). Cambridge Scholars Publishing.

Méndez-Pounds, J., **Nicholas Williams, D.**, Whiting, J., Gonzalez, N. (2018). "“I am just like everyone else, except for a nine-digit number”: A phenomenological analysis of the experiences of DREAMers,” *The Qualitative Report*

Nicholas Williams, D., Smith, D.B., Sukach, T., & Minaiy, C., (2019) Expecting More in Relationships – Implications of Relational Entitlement, *The American Journal of Family Therapy*, 46:4, 321-34

Presentations & Trainings

Williams, D., (November 2023). *Reimagining Clinical Work with Individuals from Marginalized Communities*- A training presentation. MFP Training Institute, American Association for Marriage and Family Therapy Research and Education Foundation., The Minority Fellowship Program San Diego, California.

Williams, D. & Armstrong, J. (March 2023). *Implications of the Pandemic on the Sustainability of Therapists in the Field of MFT*. A workshop presentation at the 2022 International Family Therapy Association, Malaga Spain.

Williams, D. (February 2023). *Trauma Implications in our Communities*. A workshop presentation at Locked in Solidarity: Trauma & Trauma Care with Youth event at Real Community Covenant Church, Marion, Indiana.

Williams, D., (August 2022). *Family -Based Treatment Program for Addiction Recovery* - A training presentation. MFP Training Institute, American Association for Marriage and Family Therapy Research and Education Foundation., The Minority Fellowship Program Tampa, Florida.

Trent, M. A., & **Nicholas Williams, D.** (February 2021). *Intersectionality, Individuality, and Togetherness in a Christ-Centered Community*. A workshop presentation Day of Courageous Conversations 2021, Indiana Wesleyan University, Marion Indiana.

Forman, C. & **Williams, D.** (November 2020). *Community Cultural Wealth – Experiences of Individuals of Color*. A research discussion at the 2020 American Association of Marriage and Family Therapy Annual, Orlando, Florida. Conference (cancelled due to COVID 19)

Forman, C. & **Williams, D.** (October, 2019). Creating a Climate for Success Based on Community Cultural Wealth. A workshop presentation at the 2019 Diversity Conference, George Fox University, Newberg, OR.

Armstrong, J. & **Williams, D.** (November, 2018). *Women’s Sexual Behaviors Influenced Religion & Depression*. A workshop presentation at the 2018 American Association of Marriage and Family Therapy Annual Conference, Louisville, Kentucky. IFTA 2023 Malaga, Spain World Family Therapy Congress

Williams, D., & Kadieva, V.(February, 2017). *How Relational Entitlement Could Be Destructive for Couple Relationships*. A workshop presentation at the 2017 Texas Association of Marriage and Family Therapy Annual Conference, Austin, Texas.

Kadieva, V., & **Williams, D.** (September, 2016). *Finding the Supervision Key Leading to Therapist and Client Progress*. A research discussion presentation at the American Association of Marriage and Family Therapy Annual Conference, Indianapolis, Indiana.

Kadieva, V., & **Williams, D.** (February, 2016). *Finding the Supervision Key Leading to Therapist and Client Progress*. A poster presentation at the Texas Association of Marriage and Family Therapy Annual Conference, Austin, Texas.

Turns, B., Ivey, D. Heath, C. Chang, J & **Williams, D.** (September, 2015). Self of the Spiritual Therapist Among Sexual Topics. Workshop Presentation at the 2015 AAMFT Annual Conference, Austin, Texas.

Kadieva, V., & **Williams, D.** (March, 2015). *Parental Styles, Family Structure, Family SES, and Entitlement*. Poster presentation at the Texas Tech University the Graduate Research Poster Competition, Lubbock, Texas.

Mendez, J., **Williams, D.** & Whiting J., (October, 2014). Undocumented and uneducated: The insider's experience of DREAMERS. Poster presentation at the American Association of Marriage and Family Therapy, Milwaukee, Wisconsin.

PROFESSIONAL EXPERIENCE

Contracted Therapist

Bridges of Hope Treatment Center, Anderson IN 05/21-present

- Developed Family Support Program

Independent Therapist

New Hope Christian Counseling Center, Lubbock TX 06/15-08/17

- Maintained a private practice through counseling individuals, families and couples on a variety of issues such as pre-marital counseling, infidelity, substance abuse, grief and loss and anxiety related concerns

Contracted Therapist

Lubbock County Juvenile Justice Center, Lubbock TX 11/15-08/17

- Conducted home visits to adolescents and their families to provide counseling services
- Conducted school visits to adolescents on probation and provide individual counseling

Research Assistant

Texas Tech University, Lubbock TX 09/13-12/13

- Utilized 'Qualtrics' to create and upload survey information
- Conducted college presentations for both Texas Tech University and West Texas High Schools

DUI Counselor

Affordable Counseling, Bradenton FL 04/12 – 08/13

- Conducted clients' pre-assessment session, bio-socials, discharge summaries and urine analysis assessments.
- Provided assessment information to treatment team
- Conducted individual and group counseling to DUI clients
- Maintained client records

Undergraduate Adviser

Department of Mass Communications, Tampa FL 05/06 – 08/13

- Advised students with course registration and completion of graduation requirements
- Advised for a student organization, Chi Phi Sigma 1st Caribbean Fraternity & Sorority, Inc. (with the goal to educate both males & males and females with ethnic backgrounds & social classes, the importance of attaining academic and social success regardless of race or creed)
- Coordinated several advising workshops for each departmental sequence in an effort to help faculty advisers become better acclimated with the SASS system as well as University policy changes
- Reached out to special populations such as students on probation to encourage advising sessions to review their academic standing and discuss ways to raise their GPA
- Collected, analyzed and reported data needed for school's accreditation process

SERVICE TO THE UNIVERSITY

Campus Equity Response Team (CERT), Indiana Wesleyan University (2019 –

Intercultural Fellow, Indiana Wesleyan University (2018-2023)

Faculty Academy on Belonging Indiana Wesleyan University (2018-2019)

Academic Policies Committee Indiana Wesleyan University (2019- 2020)

Scholarship Council (2022-present)

Thesis Committees Chaired

Forman, C. The Experience of Critical Consciousness and Community Cultural Wealth in Minoritized.

Graduate Counseling, Indiana Wesleyan University, Marion, IN.

SERVICE TO THE COMMUNITY

Ad-hoc Reviewer for the American Association of Marriage and Family Therapy

Minority Fellowship Program Mentor. (2018 –present)

Personal Relationships Journal Reviewer (2018 – present)

PROFESSIONAL MEMBERSHIP

Marriage and Family Therapy License

Indiana Professional Licensing Agency

(Issued May, 2018)

AAMFT Approved Supervisor

American Association for Marriage and Family Therapy May 2017 – present

Reginal Rep

Indiana American Association of Marriage and Family Therapy May 2021 – present

Delta Kappa The International Marriage and Family Therapy Honor Society Xi Chapter Advisor

LEADERSHIP/AWARDS INDIANA WESLEYAN UNIVERSITY

2020-2021 – Emerging Scholars Award Indiana Wesleyan University

Spring 2020 Lilly Endowment Fieldtrip Grant - Multicultural Indiana Wesleyan