

CURRICULUM VITAE

Phillip B. Palmer, PT, Ph.D.

3625 Hunters Glen Rd, Abilene, TX 79605

Pbpalmer6032@gmail.com

325-665-2360

Education:

Doctor of Philosophy
University of North Texas
Higher Education (Minor: Educational Research)
May 2001

Master of Arts
Southwestern Baptist Theological Seminary
Religious Education
July 1990

Master of Health Education
Medical College of Georgia (now Augusta University)
Physical Therapy
December 1983

Bachelor of Science
University of Texas Medical Branch – Galveston
Physical Therapy
August 1976

No degree
Baylor University
Biology (Pre-physical therapy)
Transferred to UTMB June 1975

Licensure Information:

Physical Therapy License, Texas #1016434 (1976 – 2019; expired)
Physical Therapy License, Georgia #PT 001504 (1982 – 1987, 2010 – present)
Physical Therapy License, Indiana #05016204A (2025 – present)

Certifications:

Certificate in Biostatistics, The Institute for Statistics Education, Arlington, VA
Certificate in Evaluation Practice™, The Evaluator's Institute, George Washington University
Certificate in Quantitative Evaluation Methods™, The Evaluator's Institute, George Washington University

Employment and Positions Held:

Program Director/Professor
Indiana Wesleyan University
Marion, Indiana
Duration: July 1, 2025 – present

Professor (Part-time)
Indiana Wesleyan University
Marion Indiana
Duration; August 1, 2023 to June 30, 2025

Adjunct Instructor (Courses taught – Clinical Anatomy, Neuroscience, Leadership)
Indiana Wesleyan University
Marion, Indiana
Duration: 2022 to 2023

Adjunct Instructor (Evidence-Based Practice courses)
Philadelphia College of Osteopathic Medicine – Georgia
Suwanee, Georgia
Duration: 2021 to 2022

Department Chair
Professor
Philadelphia College of Osteopathic Medicine – Georgia Campus
Suwanee, Georgia
Duration: 2016 to 2021 (Retired)

Professor
Tenured
University of North Georgia
Dahlonega, Georgia
Duration: 2015 – 2016

Assistant Department Head
Professor
Tenured
University of North Georgia
Dahlonega, Georgia
Duration: 2016

Interim Department Head
Professor
Tenured
University of North Georgia
Dahlonega, Georgia

Duration: 2015

Associate Professor

Tenured

University of North Georgia (formerly North Georgia College and State University)

Dahlonega, Georgia

Duration 2010 – 2015

Associate Professor

Tenured

Hardin-Simmons University

Abilene, Texas

Duration: 2002 – 2010

Assistant Professor

Tenure Track

Hardin-Simmons University

Abilene, Texas

Duration: 1995 – 2001

Physical Therapist (part-time, prn)

Hendrick Medical Center

Abilene, Texas

Duration: 1995 – 2007

Inpatient Program Manager/Senior Physical Therapist

Hendrick Center for Rehabilitation

Abilene, Texas

Duration: 1993 – 1995

Senior Physical Therapist

Fort Worth Rehabilitation Center

Fort Worth, Texas

Duration: 1991 – 1993

Outpatient Supervisor

Fort Worth Rehabilitation Center

Fort Worth, Texas

Duration: 1991 – 1992

Physical Therapist

Fort Worth Rehabilitation Center

Fort Worth, Texas

Duration: 1990

Physical Therapy Consultant; Home Health; Semi-professional Basketball Team

Larnaca, Cyprus (under appointment of the IMB, SBC)
Duration: 1987 – 1991

Physical Therapy Consultant
Bethlehem Arab Society for the Physically Handicapped
Bethlehem, Palestine (under appointment of the IMB, SBC)
Duration: 1986 – 1987

Director of Physical Therapy
Jericho and Beit Jala Hospitals
Bethlehem, Palestine (under appointment of the IMB, SBC)
Duration: 1984 – 1986

Senior Physical Therapist
University Hospital
Augusta, Georgia
Duration: 1982 – 1983

Staff Physical Therapist
Hendrick Medical Center
Abilene, Texas
Duration: 1982

Director of Physical Therapy
Gaza Baptist Hospital
Gaza Strip (under appointment of the IMB, SBC)
Duration: 1979 – 1981

Staff Physical Therapist
Saint Joseph's Hospital
Fort Worth, Texas
Duration: 1978

Staff Physical Therapist
Hendrick Medical Center
Abilene, Texas
Duration: 1976 – 1978

Peer Reviewed Publications:

Palmer PB, Wallace K, Moore KP, Harrison J, Clay D, Gill C. The efficacy of participation in a survivorship program on functional abilities and quality of life in cancer survivors: A descriptive, retrospective study. *Rehabilitation Oncology*, 33:1, 2015.

Palmer, PB, O'Connell DG. Regression analysis for prediction: Understanding the process. *Cardiopulmonary Physical Therapy Journal*, 20(3):23-26, 2009.

Cotton L, O'Connell D, Palmer P, Rutland M: Mismatch of school desks and chairs by ethnicity and grade level in middle school. *WORK: A Journal of Prevention, Assessment, & Rehabilitation*, 18:269-280, 2002.

Palmer P, Henry J, Rohe D: Effect of videotape replay on the quality and accuracy of student self-evaluations. *Physical Therapy*, 65(4):497-501, 1985.

Peer Reviewed Scientific and Professional Presentations:

Palmer PB, Friberg R.

Cultural Intelligence: Impact of a course of study and cross-cultural experience

Poster – Combined Sections Meeting, APTA, Boston, MA 2024

Palmer PB, Colburn C, Holland A, Ooten S, Robertson D.

The effect of spatial ability on speed and accuracy of identifying anatomical structures

Poster – Combined Sections Meeting, APTA, Indianapolis, Indiana 2015

Palmer PB

The effect of spatial ability on speed and accuracy of identifying anatomical structures

Poster – Experimental Biology (Annual Meeting of the American Association of Anatomists), Boston, Massachusetts 2015

Palmer PB, Jackson T, Lin L, Musselwhite T, Pruitt G.

The effect of spatial ability on accuracy of exercise performance Poster – Combined Sections Meeting, APTA, Indianapolis, Indiana 2015

Palmer PB, Wallace K, Moore KP, Harrison J, Clay D, Gill C.

The efficacy of participation in a survivorship program on functional abilities and quality of life in cancer survivors

Poster – Combined Sections Meeting, APTA, Las Vegas, Nevada February 2014

Palmer PB, Wallace K, Moore KP, Harrison J, Clay D, Gill C.

The efficacy of participation in a survivorship program on functional abilities and quality of life in cancer survivors

Poster – Physical Therapy Association of Georgia, Atlanta, Georgia October 2013

Palmer PB.

Student perceptions of the effectiveness of team-based learning in anatomy

Poster – Experimental Anatomy (Annual Meeting of the American Association of Anatomists), Boston, Massachusetts April 2013

Palmer PB, Brown J, Kritikos S, Cook B, Brawner B, McTeer C

The effectiveness of two manual therapy techniques on first rib movement as assessed by ultrasound imaging: A pilot study
Poster -- American Physical Therapy Association's Annual Conference and Exposition, Tampa, Florida. Abstract published in *Phys Ther* 2012; 92(5).
Accessed online at <http://apps.apta.org/custom/abstracts/pt2012/2234-RR.html>.
June 2012

Rutland MD, Palmer P, Schofield L, Copeland T, Dudensing A
Recruitment of the internal oblique, transverse abdominis and lumbar multifidus during core strengthening exercises using rehabilitation ultrasound
Poster -- American Physical Therapy Association's Annual Conference and Exposition, Tampa, Florida. Abstract published in *Phys Ther* 2012; 92(5).
Accessed online at <http://apps.apta.org/custom/abstracts/pt2012/2237-RR.html>.
June 2012

Friberg RJ, Palmer P, Thurman S, Bradtmeuller B, McCracken P, Spurgin E
Effects of specific components of sitting posture on measures of biomechanical and neuromechanical function in individuals with cervical spine dysfunction
Poster -- American Physical Therapy Association's (APTA) Combined Sections Meeting, New Orleans, LA. Abstract published in *J Orthop Sports Phys Ther* 2011;
41(1):A52-A93. February 2011

Palmer P, Rutland, M, Bruce, M, Caudle, A, Johnson, A
The neural provocation test for the median nerve: Evidence for validity of inferences
Poster -- Accepted for presentation at the American Physical Therapy Association's (APTA) Combined Sections Meeting, San Diego, California. Abstract published in *J Orthop Sports Phys Ther* 2010; 40(1):A52-A98. February 2010

Friberg RJ, Thurmond S, Palmer PB, Bosser K, Beard S, Luker L, Osborne D.
The role of appropriate sitting posture in facilitating selective biomechanical and neuromechanical variables associated with upper quarter dysfunction.
Poster -- APTA Combined Sections Meeting, San Diego, California. **Abstract published in *J Orthop Sports Phys Ther* 2010; 40(1):A52-A98.** February 2010

Friberg RJ, Palmer P, Thurman S.
Effects of sustained cervical axial retraction on specific clinical measures associated with upper quarter movement dysfunction
Poster - American Physical Therapy Association, PT 2009, Baltimore, Maryland
June 2009

Friberg R, Thurmond S, Palmer P, Blackshear C, Cabrera E, Oliver J.
The effects of dynamic stretch at the shoulder in individuals with positive neurotension tests for the ulnar nerve

Poster - American Physical Therapy Association (APTA) Combined Sections Meeting, Nashville, Tennessee. February 2008

Friberg R, Palmer P, Thurmond S, Dinanath M, Piper, P.
The effects of flossing intervention at the wrist and elbow for positive neural tension test of the median nerve
Poster - APTA Combined Sections Meeting, San Diego, California. Abstract published in *JOSPT*, 36; A37, 2006. February 2006

Friberg R, Palmer P, Mendiola, S, Florence, J, Jeffers, L.
Neuromusculoskeletal predictors of a positive neural tension test for the median nerve
Poster - APTA Combined Sections Meeting, San Diego, California. Abstract published in *JOSPT*, 36:A38, 2006. February 2006

Friberg R, Rutland M, Palmer P, Borcik J, Gerard J, Conrad J.
Three methods of determining subtalar joint neutral: A study of interrater reliability
Poster - Texas Physical Therapy Association (TPTA) Annual Conference, Houston, Texas. 2005

Friberg R, Palmer P, Griffin A, Hicks E, Ingram S, Sullivan R.
Effects of scapular alignment on the elbow flexion test and muscle performance
Poster - TPTA Annual Conference, Houston, Texas. 2005.

Palmer PB, Friberg R, Thurmond S, Jumper J, Flores V.
The validity and reliability of results of the upper limb tension test for the median nerve (ULTT1)
Poster - APTA Combined Sections Meeting, Nashville, Tennessee. Abstract published in *JOSPT*, 34; 1:A35, 2004. February 2004

Friberg RJ, O'Connell D, Palmer P, Kimbrell K, Cook V.
An EMG study of quadriceps/hamstring muscle setting on a hard and soft surface
Poster - APTA Combined Sections Meeting, Nashville, Tennessee. Abstract published in *JOSPT*, 34; 1:A27, 2004. February 2004

Friberg RJ, Palmer P, Lee K, Millette C.
The effects of flossing and static stretch on neural tension of the upper quarter
Poster - APTA Combined Sections Meeting, Nashville, Tennessee. Abstract published in *JOSPT*, 34; 1:A35, 2004. February 2004

Palmer PB.
Quality improvement in physical therapy education: What contributes to high first-time pass rates on the National Physical Therapy Examination?

Platform - Physical Therapy 2002: Annual Conference & Exposition of the APTA
Cincinnati, Ohio June 2002

Sweet R, Palmer P, O'Connell J.

Assessment of issues related to direct access in Texas: What are physical therapists' concerns?

Poster - TPTA Annual Conference
Arlington, Texas 2001.

Lees R, O'Connell J, Palmer P.

Stereotypes: Physical therapists and athletic trainers characterize each other
Poster - Southwest Athletic Trainers Association Annual Meeting 1999

Lees R, O'Connell J, Palmer P.

Stereotypes: Physical therapists and athletic trainers characterize each other
Poster - APTA Combined Sections Meeting, San Antonio, Texas. February 2001

Bennett D, Brenem R, Palmer P.

Physical therapists' perceptions of the transition to the doctorate as the first professional degree

Poster - APTA Combined Sections Meeting, San Antonio, Texas. February 2001

Flores R, Flores N, O'Connell DG, Palmer P.

Pinch and grip strength in university musicians.

Poster - APTA Combined Sections Meeting, San Antonio, Texas. February 2001

Butler K, Harrison C, O'Connell JK, Palmer P.

Stereotypes: Physical therapists and chiropractors characterize each other

Poster - APTA Combined Sections Meeting, San Antonio, Texas. February 2001

Homan G, Partee Q, Loy K, O'Connell JK, Palmer P.

Cleanliness of physical therapy equipment

Poster - APTA Combined Sections Meeting, San Antonio, Texas. February 2001

Fleming R, Cornejo-Knight M, Palmer P.

Effects of repetitive stretch on elastic band resistance

Poster - APTA Combined Sections Meeting, New Orleans, Louisiana. February 2000

Hanson C, Traywick C, Palmer P.

Standardization of True-Blue elastic resistance and comparison of levels of resistance

with Theraband elastic resistance

Poster - APTA Combined Sections Meeting, New Orleans, Louisiana. February 2000

Funded/In Review Grant Activity:

Principle Investigator

\$3,750

The use of virtual dissection to enhance student learning of human anatomy
2011, Leaders in Instructional Technology Program at North Georgia College &
State University

Current/Active Research Activity

Fall risk in oncology patients with chemotherapy induced peripheral neuropathy

Impact of coursework on development of cultural intelligence in students

Comparison of spirituality and other measures of mental health on student health

Membership in Scientific/Professional Organizations:

American Physical Therapy Association

Duration: 1976 – present

Academy of Education, APTA

Duration: 1996 – present

Academy of Oncology, APTA

Duration: 2009 – 2024

Academy of Research, APTA

Duration: 2016 – present

APTA Georgia

Duration: 2010 – 2021

Texas Physical Therapy Association

Duration: 1991 – 2010, 2021 - present

Vice Chairman of the Midwest District (1996 – 1998)

Federation of State Boards of Physical Therapy, Associate Member

Duration: 2008 – present

Positions:

Membership Survey Task Force Member (2015)

Nominating Committee Member (2014 – 2016)

Nominating Committee Chair (2016)

Continuing Competence Credentialing Reviewer Trainer (2011, 2014)

ProCert Final Reviewer (2012 – 2019)

Trinity Focus Group Member – Continuing Competence (2010)

Advanced Item Writer Review Committee Member (2010)

Finance Committee Member (2010 – 2014)

Continuing Competence Committee Member (2008)

Practice Review Tool Task Force Member (2007 – 2008)

Physical Therapy Practice Analysis Task Force Member (2006)

Pass-Point Study Task Force, PT, Member (2002)
Item Writer Review Committee Member (2001 – 2004)

American Association for Clinical Anatomists
Duration: 2003 – 2016

American Association of Anatomists
Duration: 2006 - 2016

Consultative and Advisory Positions Held:

Curriculum, Instruction and Assessment, Doctoral Program in Physical Therapy
Indiana Wesleyan University
Duration: 2022 to 2025

External Evaluator, Program for Physical Therapy Education
Bethlehem University
Duration: 1989 – 1991

Consultant
Bethlehem Arab Society for the Physically Handicapped
Duration: 1986 – 1987

Consultant
Joint Charitable Societies for the Provision of Orthotic and Prosthetic Devices
Gaza Strip
Duration: 1979 - 1981

Community Service:

Team Member
Global experience in the Dominican Republic for faculty and students at IWU
Duration: 2026

Team Leader
Global experience in the Dominican Republic for faculty and students at IWU
Duration: 2025

Member of the Teaching Team
North Georgia Church, Dawsonville, GA
Duration: 2011 – 2021

Community Member, Governance Team
Lumpkin County High School, Dahlonega, GA
Duration: 2014 – 2017

Team Leader
Mission trip to the Dominican Republic (physical therapist students)

Duration: 2014, 2015, 2016

Evaluation Consultant
Connecting Caring Communities, Abilene, TX
Duration: 2009 – 2010

Volunteer
Empty Bowls Project, Abilene, TX
Duration: 2009

Team Leader
Mission Trip to Jos, Nigeria (physical therapist students)
Duration: 2006, 2009

Member
Abilene Independent School District High School Committee
Duration: 2004

Chair
Subcommittee on Ninth Grade Improvement, Abilene ISD
Duration: 2004

Services to the University/College/School on Committees/Councils/Commissions:
College-wide (PCOM)

“Faculty” Grievance Committee
2019 - 2021
Member

Graduate Program Admissions Committee
2017 – 2021
Member

Research Committee
2017 - 2020
Member; Chair Georgia Sub-Committee

Graduate Program Curriculum Committee
2016 – 2017
Member

TEAM PT
2016 – 2018
Chairman

Executive Faculty
2016 – 2021

Member

Team Leads

2016 – 2021

Member

Department

Admissions Committee

2017 - 2019

Chair

Outcomes Committee

2018 – 2021

Chair

Services to the University/College/School on Committees/Councils/Commissions:
College-wide (IWU)

Academic Affairs Council

2025 – present

School of Nursing and Health Professions Curriculum Committee

2025 - present

Department/Program

Curriculum Committee

2021- 2025

Chair

Assessment Committee

2021 - 2025

Honors and Awards:

Richard MacDougal Long-Term Service Award

Federation of State Boards of Physical Therapy

2021

President's Award

Federation of State Boards of Physical Therapy

2013

Outstanding Service Award

Federation of State Boards of Physical Therapy

2010

Inducted into the Academy of Advanced Item Writers

Federation of State Boards of Physical Therapy

2008

Madison Who's Who of Executives and Professionals
2005 – 2006 edition

William Gould Memorial Faculty Award for the Outstanding PT Educator in Texas
Texas Physical Therapy Association
2003

Elected to Phi Kappa Phi Honor Society
University of North Texas
1998

Continuing Education Attended:

Combined Sections Meeting of the APTA (2026)
Growing Philanthropic Support for Your Program: Development of a Strategic
Roadmap for Success (0.9 CEU)

The Cardiopulmonary System – Treatment Intervention for the Rehabilitation
Professional in the Acute Care Setting (Online: Motivations CEU)
12/2025

Georgia: Ethics and Jurisprudence Bundle (Online: APTA Georgia – through APTA
Learning Center)
11/2025

Putting the Value Back in Lab Results (Online: ABPTS through APTA Learning
Center)
9/2025

CAPTE 2023 (August 2023) – Onsite Reviewer Training (Online: through APTA
Learning Center)
6/2025

Combined Sections Meeting of the APTA (2024)
What the Outpatient Orthopedic Physical Therapist Needs to Know about
Working with the Oncology Population (0.2 CEU)

LAMP Leadership: TED-Style Talks (0.2 CEU)

PTJ Special Issue Preview: Addressing Health Disparities in Physical Therapist
Practice (0.2 CEU)

2024 Payment and Policy Updates: What Physical Therapists and Physical
Therapist Assistants Need to Know (0.2 CEU)

Culturally Responsive Practice With Indigenous Peoples: Storytelling as a Foundation for Building Therapeutic Alliance (0.2 CEU)

Beyond Clinical Practice: Pathways to Become a Physical Therapist Informaticist (0.2 CEU)

Georgia Ethics and Jurisprudence (online Physicaltherapy.com)
12/2023

The Pitfalls of EMR: How to Make it Work for You and Your Patients (online Physicaltherapy.com)
11/2023

Therapeutic Alliance (Online – Physicaltherapy.com)
10/2023

APTA DCE CPI Training (Online)
10/2023

Georgia Physical Therapy Online Renewal Package (Achieve CE – Education Services)
07/2023

Frozen Shoulder (Adhesive Capsulitis): An Orthopedic Study
Wheelchair Seating Assessment
Ankle Fracture: Treatment and Management
An Overview of Stroke for Healthcare Professionals
HIV/AIDS Infection Control
Top LGBT Health Issues
Preventing Medical Errors in Physical Therapy
Veteran Treatments: PTSD Interventions

Federation of State Boards of Physical Therapy Annual Meeting
10/2022

Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Program Review

Academic Year 2025 – 2026

Fall 2025

DPT 726 Therapeutic Skills VI: Cardiovascular and Pulmonary (Course Coordinator/Primary Instructor)

DPT 734 Clinical Management IV (Course Coordinator/Primary Instructor)

Spring 2026

DPT 753 Practice Management & Leadership – Spirituality (Course
Coordinator/Primary Instructor)

Academic Year 2027 – 2028 (anticipated)

Summer 2027

DPT 702 Movement Science II: Human Physiology/Pathophysiology
(Course Coordinator/Primary Instructor)

Fall 2027

No assigned courses

Spring 2028

DPT 732 Clinical Management II: Imaging (Course Coordinator/Primary
Instructor)