

PROFESSIONAL VITAE

LANETTE SESSINK, ED.D.

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EDUCATION

- Saint Louis University (SLU); Saint Louis, MO
Degree: Ed.D. (Doctorate in Education) **2009**
Emphasis in Leadership and Administration
Dissertation: "Character Development in Higher Education"
- Oakland University; Rochester, MI
Degree: Masters of Education **1993**
Emphasis in Curriculum, Instruction and Leadership
- Olivet Nazarene University; Kankakee, IL
Degree: Physical Education **1983**
Minor: Business

CERTIFICATION

- CPR and First Aid Certified for Adult, Child and Infant **2018**

AWARDS/ACCOMPLISHMENTS

- Lead administrator in overseeing the construction of MVNU's \$14 million, state-of-the-art, Ariel Arena **2014-2015**
- Faculty mentor for Freshman Seminar at MNU and MVNU **2000-2004, 2013**
- Adult sponsor and substitute Sunday School teacher for 100+ college students at College Church of the Nazarene in Olathe, KS **2004-2007**
- Coordinated volunteer trip to Neosho, KS during the flood disasters in southern Kansas **2007**
- Recipient of Pioneer Pride Award at MidAmerica Nazarene University **2006**
- Served on NCATE Committee at MNU **2005-2006**
- Named Who's Who Among America's Teachers **2004**
- Faculty representative for Board of Trustees **2004**
- Participated in NCATE/KSDE On-Site Training at McPherson College **2003**
- Served on Olathe Sports Commission with Chamber of Commerce **2001-2003**
- Hall of Fame Inductee at Olivet Nazarene University **1992**
- Member of a number of Work and Witness teams including Australia, Bolivia, Costa Rica, Mexico, Nairobi and Zimbabwe **1992-1997**
- Oversaw, organized and directed Recyclers Too (a biking group that traveled to various church to sing, testify, and used a puppet ministry) **1992-1996**
- Biked across America from Oceanside, CA to Virginia Beach, VA **1988**
- Ambassador Award at Olivet Nazarene University **1982 and 1983**
- Number of athletic awards throughout college (including MVP all four years, all-conference, all-region) **1979-1982**
- State champions in volleyball at Cousino High School; Warren, MI (2nd place in 1979) **1978**

PROFESSIONAL EXPERIENCE

Indiana Wesleyan University

Associate Professor**2016-Present**

Developed syllabus and overall course structure, including weekly class activities and labs. Teach courses within the Sports Management program, including upper division and senior seminar classes. Advise 30+ students that are majors in the Sports Management and Recreation and Administration.

Mount Vernon Nazarene University

Vice President for Student Life**2008-2015**

Oversaw Student Life Division including Athletics, Campus Life, Career Services, Counseling and Wellness, Intercultural Life, Residence Life, Student Success, and the School of Counseling and Wellness. I oversaw 50+ personnel under the Student Life Division.

MidAmerica Nazarene University (MNU)

Chair of Health and Exercise Science/Associate Athletic Director**2007-2008**

Assisted in the implementation of a new division at MNU. Oversaw academic programs within the Health and Exercise Division including Athletic Training, Physical Education and Sports Management. Served on the Dean's Cabinet, Teacher Education Committee, General Education Committee, Academic Council and Faculty Assembly. Taught six credit hours per semester.

MidAmerica Nazarene University

Department Chair/Assistant Professor/Associate Athletic Director**2001-2007**

Involved in on-site accreditation visit and writing the self-study for CAATE for Athletic Training; as well as NCATE/KSDE (Physical Education). Both visits were extremely positive and successful. Representative on Student Development Committee, Teacher Education Committee, and Faculty Assembly. Taught 6-8 credit hours per semester. Taught one course in the Adult Graduate Program.

MidAmerica Nazarene University

Head Volleyball Coach/Assistant Professor**1995-2001**

Carried on responsibilities of being the head coach for a varsity program including recruiting, organizing schedules, overseeing a varsity budget, forming daily practices and coaching games. Also oversaw a junior varsity program. Coordinated a number of fundraising events. Taught 8-10 credit hours per semester.

RELATED EXPERIENCE

Chrysler Corporation; Auburn Hills, MI

Financial Analyst**1993-1995**

Worked in Activity Based Costing with responsibilities including coordinating team development training for various departments, organized various PowerPoint presentation used for training and traveled to various stamping and assembly plants.

COURSES TAUGHT AT INDIANA WESLEYAN UNIVERSITY

PHE 101 – *Concepts of Health and Wellness*. This course is designed to help students develop a better understanding of the importance of physical fitness and healthy life-style practices. Each student will participate in fitness assessment activities in hope of developing long and short term fitness goals. Required of all students.

PHE 102 – *Adult Fitness*. This course is based on Dr. Kenneth Cooper’s Aerobic Fitness Program. It is flexible in its design to meet the particular needs and interests of the students.

PHE 113 – *Walk, Jog, Run*. This course is designed to acquaint students with the basic knowledge of walking, jogging and running. The purpose of this is to allow for overall fitness development via a lifetime activity.

PHE 155 – *Introduction to Physical Education/Sport/Wellness*. To acquaint the Physical Education, Sports Management, and Health Promotion & Wellness major/minor with principles, philosophy, history, objectives, scientific basis and formal structure of the professional field. Emphasis will be placed upon the development of a philosophy for a professional approach to one’s chosen career. Career options and professionalism will be stressed. The specialized areas of physical education and sub disciplines will be covered to aid in understanding and allow for a meaningful approach to the area.

PHE 156 – *Outdoor Wilderness Learning/Wise Owl Project*. This course is designed as a four-component course in the study of Proverbs, Leadership, Group Dynamics, and Outdoor Living Skills.

PHE 230 – *CPR and First Aid*. This course is designed to give each student knowledge and skills needed in emergency care of an injured and/or ill person until medical care can be obtained. The course also covers basic life-support techniques for victims of respiratory emergency and cardiac arrest, CPR and AED for an infant, child and/or adult. Qualifying students will receive a National Safety Council First Aid certificate.

PHE 350 – *Ethics/Character Development in Sport*. This course will introduce students to an extensive examination of moral and ethical concepts. Sport related issues and principles of organization and administration will be explored as they relate to these concepts. We will also study character development.

PHE 354 – *Sports Management*. This course will examine thoroughly the principles related to sports management. The process of planning, organizing, staffing, directing, coordinating, reporting, budgeting, and overall evaluation will be explored. Specific aspects of Leadership, goal setting, communications, motivation, decision-making, and time management will be addressed. A survey of the careers and professional opportunities will be identified. Understanding the structure and process of sport organizations will be outlined.

PHE 362 – *Nutrition for Health*. This course is designed to give the student a better understanding on the relationship between diet and nutrition to healthful living. Topics include fad diets, nutritional deficiencies, effect on athletic participation and consumer information.

PHE 366 – *Alcohol and Drug Education*. An introduction to a wide variety of drugs and other substances that can be used in situations of abuse. Information will include the substance’s effect, potential for abuse, treatment options and how to educate others about the dangers. Time will also be spent on performance enhancing drugs, both legal and illegal.

PHE 460 – *Facility: Design, Plan, Maintain & Schedule*. This course is designed to teach quantity, location, and design standards for a variation of facilities. This class will include safety, functionality, durability, and maintenance demand criteria in planning and designing; programmatic and operational objectives to be met, including user comfort and convenience, crowd management, traffic flow, and space relationships.

PHE 480 – *Senior Seminar in HHP*. This is a capstone course focusing on current issues, trends, topics, professional entry and professional opportunities. This course is designed to help students transition from college to the

workforce. The goal is to give students the skill sets they can transfer to their careers. It is our hope that students will seek God’s purpose in their careers and be faithful in their calling.

REC 180 – *Campus Recreation and Intramural Sports*. This course will examine the planning, organization, and the overall administration of intramural sports and recreation programs. We will study ways society has becoming so health conscious and activity oriented, we will look at the role of sport and how it can be an integral part of everyday life, and we will review key techniques and methods leading to an appreciation for recreation and intramural sport.

REC 240 – *Trip Camping in the USA*. This course is designed to give the student a better understanding and appreciation to Parks and/or Forests (or similar settings) within the United States. The course focus will be on practicing environmentally conscious camping skills. We will have the opportunity to go on a weekend outing to a nearby outdoor recreation area to practice the skills that you learn in class. A fee is charged for this course.

REC 382 – *Camp Counseling*. This course is designed to teach each student the multiple roles he/she may face as a Camp Counselor. This course is structured with applications for both a day camp and a residential camp setting. Students will understand the functions to engage in both a camp setting and a residential setting.

SCHOLARSHIP/PROFESSIONAL PRESENTATIONS

<u>Guest speaker at Mother’s Day Banquet at Gardner Church of the Nazarene</u>	2012
<u>Guest chapel speaker at MidAmerica Nazarene University</u>	2006, 2007 and 2008
<u>Guest speaker at Westminster Academy for a Basketball Athletic Banquet</u>	2007
<u>Presented at “Champions of Character” banquet for all MidAmerica Nazarene University student-athletes</u>	2007
<u>Presented “How Stress Can Affect Your Work” at University of Kansas, April, 2006</u>	2006

PROFESSIONAL MEMBERSHIPS

- Chronicle for Higher Education
- NRPA (National Recreation and Parks Association)
- NASSM (North American Society of Sport Management)