

Holly Beede McKinney

Professor of Graduate Nursing -Indiana Wesleyan University

Family Practice Nurse Practitioner -Aspirus Clinic

A dedicated healthcare professional with 24 years of comprehensive patient care experience and 8 years as an educator in a family nurse practitioner graduate program. As an Associate Professor at Indiana Wesleyan University and a Family Nurse Practitioner at Aspirus Clinic, I excel in both autonomous and collaborative settings. I am committed to providing compassionate, evidence-based medical care and fostering a positive learning environment for future nurse practitioners. My leadership extends beyond the clinic and classroom through active participation in policy development, quality improvement initiatives, and community service. Driven by a Christian worldview, I integrate faith-based principles into my professional practice and educational philosophy.

Professional Experience

Family Nurse Practitioner

2008 – present

Areas of Responsibility:

- Deliver comprehensive, evidence-based health care to individuals across the lifespan.
- Provide a full array of family practice services, including preventive care, management of acute and chronic illness, and office procedures.
- Mentor novice nurse practitioners.
- Participate in primary care committees to review and develop policies on scheduling templates, primary care provider designation, displaced patients, and best practice standards.
- Achieve quality metrics in colorectal, breast, and cervical cancer screening, diabetes testing and management, hypertension management, and advanced care planning.
- Serve as a member of the Aspirus Northwoods Board of Directors, providing leadership at the organizational and community level.

Professor of Graduate Nursing Indiana Wesleyan University

2018 – present

Areas of Responsibility:

- Integrate Christian Worldview into educational philosophy and disciplinary content.
- Teach courses in the Family Nurse Practitioner Program, ensuring the curriculum is current and evidence-based.
- Supervise and evaluate student progress, facilitating their success by mentoring and creating a positive learning environment.
- Engage in scholarly development activities to maintain professional currency.
- Support students in clinical experiences as the Illinois State Clinical Coordinator.
- Collaborate with faculty to enhance student experiences and develop new curriculum, including course writing.

- Analyze student and faculty feedback to improve courses and team up with instructional designers to create engaging course material.
- Mentor new faculty members
- Participate in School of Nursing and university committees such as the Faculty Life Council and Graduate Academic Council.
- Serve as the course lead for Professional Role Development and Pharmacology courses.
- Integrate a Christian worldview into educational philosophy and disciplinary content.

Emergency Department Nurse
St. Mary's Hospital

2004 - 2008

Areas of Responsibility:

- Delivered high quality care for a diverse patient population.
- Functioned as an independent decision maker and performed advanced nursing skills in providing care to critically ill patients.

Ambulatory Surgery Nurse
Marshfield Clinic

2006 - 2008

Areas of Responsibility:

- Provided pre-operative and post-operative care to surgical patients.
- Evaluated patient health status and readiness for surgery.
- Assessed patient response to anesthesia and facilitated recovery.
- Developed care plans and provided discharge teaching.

Pediatric Nurse
Children's Hospital of Wisconsin

2002 - 2003

Areas of Responsibility:

- Performed as a partner in a care management team.
- Served pediatric patients recovering from surgery, trauma and in rehabilitation.

Education

Doctorate of Nursing Practice (DNP)

Concordia University, Mequon, WI 2016

Relevant Courses:

- Informatics
- Economics and public policy in health care
- Managerial communication
- Biostatistics and epidemiology
- Evidence-based practice
- Ethics and leadership
- Translational project

Dissertation Project: A Quality Improvement Project to Improve HPV Vaccination Rates

Master of Science in Nursing (MSN)

Concordia University, Mequon, WI 2008

Relevant Courses:

- Health care policy
- Advanced pathophysiology
- Health care informatics
- Evidence-based nursing practice
- Pharmacotherapeutics
- Advanced health assessment
- Advanced primary care clinicals
- Global perspectives in health care

Thesis Project: *Evidence-based Treatment of Insomnia*

Bachelor of Science in Nursing (BSN)

Simmons College, Boston, MA 2002

Relevant Courses:

- Health promotion
- Human physiology
- Health patterns across the lifespan
- Nursing process and skills
- Integration of pharmacology and pathophysiology
- Variances of health patterns- adults, children, mental health, childbearing
- Leadership and management in clinical setting
- Clinical decision making
- Health assessment

Bachelor of Science – Kinesiology (BS)

University of Wisconsin, Madison, WI 2000

Relevant Courses:

- Physiology
- Anatomy
- Psychology
- Human anatomy
- Exercise, nutrition, and health
- Statistics

Presentations

A Quality Improvement Project to Improve HPV Vaccination Rates in Adolescent Patients
Poster presentation, Concordia University Wisconsin – December 2016

Management of Displaced Patients, Primary Care Committee presentation, Aspirus Clinic – Spring 2021.

Semaglutide (Wegovy) in the Management of Obesity in Patients Taking Psychiatric Medications, Trends in Psychopharmacology, University of Wisconsin Madison – June 2022

Community Service

Howard Young Foundation, Dragon Boat Festival, *Volunteer, 2024*
Howard Young Foundation, Bear Cupboard Run, *Volunteer, 2024*
Minocqua Hazelhurst Lake Tomahawk (MHLT) School, Track and Field Day, *Volunteer, 2024*
Birkie Week Ski Events, *Volunteer, 2021-present*
Lakeland Nordic Ski Team, *Board Member, 2019-present*
Lakeland Nordic Ski Team, *Volunteer Coach, 2019-2022*
Lakeland Nordic Ski Team, *Volunteer Driver, 2021-present*
Lakeland Nordic Ski Team, *Fundraising Volunteer, 2020-present*
Faith Formation, *Teacher, 2016-present*
Adopt-A-Highway, *Volunteer, 2020-2021*
Northwoods Wildlife Center, *Rescue an Animal, 2021*

Scholarship

Type 2 Diabetes Care Guideline, 2022
Suggested Empiric Antimicrobial Agents of Choice in Ambulatory Patients, 2022
Acute Bacterial Rhinosinusitis in Adults, 2023
Clostridioides Difficile Infection Treatment Recommendations, 2023
Algorithm for Suspected Statin Intolerance, 2023
Treatment of Adult Patient with Pencillin Allergies, 2023
Management of Acute Uncomplicated Bronchitis in Adults, 2023
Reversal of Anticoagulants, 2023
Direct Oral Anticoagulant Guidelines, 2024

Personal Interests

Outside of my career, I enjoy spending time with my family and running (it is actually closer to jogging but running sounds cooler). My husband and I have six children. We love spending time together Nordic skiing, swimming, kayaking, boating, water skiing, paddle boarding, hiking, making s'mores, and traveling. We have chickens, guinea pigs and dogs.