

Rachel J. Timmons OTD, OTR/L
Occupational Therapist
Assistant Professor

Curriculum Vitae

Email: Rachel.timmons@indwes.com

Work Experience

November 2014- Present| Indiana Wesleyan University

- Assistant Professor (specializing in pediatrics) for occupational therapy doctorate program, at this time assisting in program development and curriculum design for the upcoming OTD program starting fall 2015.
- **Address:** 4201 South Washington Street Marion, IN 46953

July 2014- Present| Hopebridge Pediatric Specialists

- Currently working as a pediatric occupational therapist through Hopebridge Pediatric Specialists based out of Marion, IN. Working with children of all ages with various cognitive, musculoskeletal, neurological and developmental disabilities. Outpatient services are provided through the clinic
- Directly supervise other occupational therapists as well as several occupational therapy assistants with intervention and treatment.
- Manage and direct all student education for occupational therapy through the clinic.
- **Address:** 1320 West Spencer Ave, Marion IN 46952

October 2011- July 2014| Cornerstone Autism Center

- Worked as a pediatric occupational therapist through Cornerstone Autism Center based out of Greenwood, IN. I worked with children of all ages with the diagnosis of autism, pervasive developmental disorder, Asperger's syndrome, cerebral palsy, and Downs syndrome. Through this company I provided private, center-based therapy. I was also a part of the diagnostic team to diagnose children with autism.
- Developed and started the auxiliary therapy (including occupational therapy and speech therapy) for the center. Developed all necessary documentation forms, schedules, requirements, and purchases.
- Directly supervised current occupational therapy and occupational therapy assistant students throughout level I and level II fieldwork placements as well as serve for pre-OT students for observational hours and shadowing. Facilitated learning for students through evidenced based practices, discussions regarding OT and current pediatric issues, as well as hands-on clinical experience.
- **Address:** 360 Polk Street, Greenwood, IN 46143.

June 2011- October 2011| Collaborating for Kids LLC

- Worked as a pediatric occupational therapist through Collaborating for Kids based out of Greenwood, IN. I work with children of all ages from birth to eighteen, with all diagnosis. Through this company I provide private and in-home therapy.
- **Address:** 1701 Library Blvd Suite A, Greenwood, IN 46142.

Education

May, 14th 2011 | Occupational Therapy Doctorate (OTD)

- Completed 90 undergraduate credit hours in biochemistry and psychology at Ball State University in Muncie, IN. Was admitted into Belmont University's entry level OTD program as an early entry applicant in the fall of 2008.
- **Address:** School of Occupational Therapy, Gordon E. Inman College of Health Sciences, 1900 Belmont Blvd, Nashville, TN 37212. **Phone** 615-460-6700.
- **Dates of Attendance:** August 2008 to May 2011
- **GPA:** 3.81/4.00 (Transcript available upon request)
- Member of Belmont Student Occupational Therapy Association (BSOTA)

Educational Experience

- Research/Publications
 - It is with passion that I begin extensive research in the areas of pediatric occupational therapy across diagnosis but specifically with children with autism. At this time, I have only completed the doctoral level thesis (as described below), however I have a want to continue research to better the field of occupational therapy and the future of intervention.
- Fieldwork educator
 - I have served as fieldwork educator for several OT students, OTA students, and pre-OT students. I seek out universities in order to be able to provide this education to the students. I have had experience with great fieldwork educators, and I seek to provide that instruction for my students and to encourage evidenced-based practices, proper documentation skills, and most importantly clinical practice skills.

Fieldwork and Clinical Experience

January, 2008 - May, 2009 | Level I Fieldwork (3 placements)

- **Adult Rotation:** Tennessee Rehabilitation Facility (80 hours)
- **Geriatric Rotation:** Mt. Juliet Skilled Nursing Facility (80 hours)
- **Pediatric Rotation:** Vanderbilt Children's Hospital: Bill Wilkerson Center and Curry Ingram Academy (80 hours)
 - **Responsibilities:** Developed care plans and intervention plans for treating clients in cooperation with a supervision. In some cases, was able to provide one on one treatment prior to the end of the rotation.

May, 2010 - August, 2010 | Level II Pediatric Fieldwork (12 weeks)

- Kids Only INC Clinic | 7122 Zionsville Rd. Indianapolis, IN 46268
- Phone: 317-329-1000 Supervisor: Tamara Jordan, OTR
- **Responsibilities:** Provided comprehensive outpatient occupational therapy services for children with orthopedic conditions, developmental delays, autism, cerebral palsy, Down syndrome, and other neurologic conditions.
- Provided early-intervention occupational therapy through Indiana First Steps.
- Maintained caseload of 20-30 clients weekly.

August, 2010 - November, 2010 | Level II Adult Fieldwork (12 weeks)

- Ball Memorial Hospital- 2401 West University Ave Muncie, IN 47303
- **Phone:** 765-747-3111 **Supervisor:** James Slaven, OTR and Jennifer Pratt, OTR
- **Responsibilities:** Provided inpatient, acute and long-term occupational therapy services for clients with orthopedic conditions (hip and knee replacements), neurologic conditions (stroke and traumatic brain injury), psychological disturbances, and visual impairments.
- **8 weeks-** worked acute care, maintain caseload of 25-30 clients weekly
- **4 weeks-** worked inpatient rehab maintain caseload of 15-20 clients weekly (seeing each twice daily).

Residency Project and Doctoral Thesis

Residency Project (16 weeks or 640 hours)

- “This doctoral-level experiential component is designed to develop advanced skills in one or more of the following: clinical practice skills, research skills, administration, leadership, program and policy development, advocacy, education, or theory development” (Belmont University Syllabus for OTD 6680).
- My residency project focused on the following skills: leadership, advocacy and program development. I have partnered with the Timmy Foundation (Indianapolis, IN) to plan and develop a rehab service trip to Quito, Ecuador. This trip is planned for OT and PT students and professionals to provide education and therapeutic interventions. I have worked directly with members of the Timmy Foundation and with partner organizations in Ecuador. Also, I will advocate for the trip and for those underserved in Ecuador.
- Travel Dates: March 9,2011 through March 18,2011

Doctoral Thesis

- **Objective:** To examine the motivational levels of individuals using the Nintendo Wii Fit ® (NWF) and to determine if the American Heart Association's recommended target heart rate can be reached using the NWF.
- More information available upon request.

Interests, Skills, and Volunteer Service

- Foreign language: Spanish- Intermediate level
- Traveled to Guatemala (spring of 2007 and 2008) on medical service trips with the Timmy Foundation.
- Volunteer Experiences
 - As a babysitter through Hillcroft Services, Muncie, IN, at several homeless shelters and with numerous fundraisers through occupational therapy school. As a softball coach as well as with the Challenger Football League and participation with youth group at local church.
- Active member of a large family and active church member
- Trained in Applied Behavior Analysis (ABA) intervention (2011)
- Certified by Western Psychological Services (WPS) in Sensory Integration and Praxis (SIPT) (2012-2013). Trained in various intervention protocols including, Beckman Oral Motor, Handwriting Without Tears handwriting intervention, and Certified in Car Fit (2008).
- Member of American Occupational Therapy Association

References available upon request