Championship History

Year	Location	Champion	Points	Runner-Up	Points
1981	Houston, Texas	Texas Southern	115.5	Prairie View A&M (Texas)	68
1982	Charleston, W.Va.	Prairie View A&M (Texas)	117	Adams State (Colo.)	73
1983	Charleston, W.Va.	Prairie View A&M (Texas)	119	Hampton Institute (Va.)	90
1984	Charleston, W.Va.	Prairie View A&M (Texas)	100	Adams State (Colo.)	83
1985	Hillsdale, Mich.	Prairie View A&M (Texas)	109	Adams State (Colo.)	63.5
1986	Russellville, Ark.	Prairie View A&M (Texas)	117	Wayland Baptist (Texas)	110
1987	Russellville, Ark.	Prairie View A&M (Texas)	144	Wayland Baptist (Texas)	86
1988	Azusa, Calif.	Prairie View A&M (Texas)	93	Wayland Baptist (Texas)	82
1989	Azusa, Calif.	Prairie View A&M (Texas)	109	Arkansas-Pine Bluff	50
				Concordia (Neb.)	50
1990	Stephenville, Texas	Prairie View A&M (Texas)	103	Vacant	-
1991	Stephenville, Texas	Central State (Ohio)	115	Simon Fraser (B.C.)	81
1992	Abbotsford, B.C.	Central State (Ohio)	140	Simon Fraser (B.C.)	125.5
1993	Abbotsford, B.C.	Central State (Ohio)	132	Simon Fraser (B.C.)	116
1994	Azusa, Calif.	Central State (Ohio)	96	Doane (Neb.)	71
1995	Azusa, Calif.	Southern-New Orleans (La.)	104.33	Central State (Ohio)	103
1996	Marietta, Ga.	Central State (Ohio)	108	Azusa Pacific (Calif.)	65.5
1997	Marietta, Ga.	Southern-New Orleans (La.)	80	Mary (N.D.)	64
1998	Tulsa, Okla.	Simon Fraser (B.C.)	84	Mary (N.D.)	62
1999	Palm Beach Gardens, Fla.	McKendree (Ill.)	127	Life (Ga.)	72
2000	Abbotsford, B.C.	Life (Ga.)	156	McKendree (Ill.)	108
2001	Abbotsford, B.C.	Doane (Neb.)	59	Central State (Ohio) (3rd)	56
		Life (Ga.)	59		
2002	Olathe, Kan.	Doane (Neb.)	67	Azusa Pacific (Calif.)	60
2003	Olathe, Kan.	Azusa Pacific (Calif.)	86	Lindenwood (Mo.)	78
2004	Louisville, Ky.	Azusa Pacific (Calif.)	104	Lindenwood (Mo.)	76
2005	Louisville, Ky.	Simon Fraser (B.C.)	79.5	Oklahoma Baptist	64
2006	Fresno, Calif.	Missouri Baptist	126	Azusa Pacific (Calif.)	79
2007	Fresno, Calif.	Azusa Pacific (Calif.)	73	Cedarville (Ohio)	58
2008	Edwardsville, Ill.	Wayland Baptist (Texas)	80	Simon Fraser (B.C.)	69
2009	Edwardsville, Ill.	Wayland Baptist (Texas)	102	Oklahoma Baptist	58
2010	Marion, Ind.	Azusa Pacific (Calif.)	61	Oklahoma Baptist	60
2011	Marion, Ind.	Concordia (Ore.)	86	Oklahoma Baptist	69.5

Championship History

Meet Records

Meters

100-Meter Dash
Vida Nsiah, Central State (Ohio), 2001, 11.37

200-Meter Dash
Beverly Grant, Central State (Ohio), 1996, 23.24

400-Meter Dash
Fatima Yusuf, Azusa Pacific (Calif.), 1996, 51.44

800-Meter Run
Helen Crofts, Simon Fraser (B.C.), 2011, 2:02.12

1,500-Meter Run
Sarah Howell, Simon Fraser (B.C.), 1992, 4:16.56

3,000-Meter Run
Sarah Howell, Simon Fraser (B.C.), 1992, 9:13.20

5,000-Meter Run
Alissa McKaig, Indiana Tech, 2008, 16:39.04

10,000-Meter Run
Alissa McKaig, Indiana Tech, 2008, 34.22.95

100-Meter Hurdles
Davetta Shepherd, Lindenwood (Mo.), 2004, 13.33

400-Meter Hurdles
Deon Hemmings, Central State (Ohio), 1993, 55.14

3,000-Meter Steeplechase
Justyna Mudy, Shorter (Ga.), 2009, 10:12.31

3,000 Meter Race Walk (ended in 2009)
Sarah Stevenson, Olivet Nazarene (Ill.), 2000, 12:39.62

5,000-Meter Race Walk (began in 2010)
Nicola Evangelista, British Columbia, 2010, 25:11.56

Marathon
Obsie Birru, Grand View (Iowa), 2011, 2:46.40.01

4x100-Meter Relay
Central State (Ohio) (Bridgette Edwards, Beverly Grant, Audrea Sterling, Catherine Pomales), 1994, 44.32

Sprint Medley Relay
Prairie View A&M (Texas) (Lynn Gamble, Loretta Edwards, Casandra Graham, Easter Gabriel), 1982, 1:39.32

4x400-Meter Relay
Southern-New Orleans (La.) (Sevetheda Fynes, Winsome Cole, Lesakay Morgridge, Shermaine McKenzie), 1994, 3:33.96

4x800-Meter Relay
Simon Fraser (B.C.) (Alexandra Krasovska, Kristen Kolstad, Rebecca Johnstone, Julia Howard), 2005 8:43.99

Field Events

Long Jump
Ruky Abdulai, Simon Fraser (B.C.), 2007, 6.70 (21-11 ¾)

Triple Jump
Yvette French, Prairie View A&M (Texas), 1997, 13.30 (43-7 ¾)

High Jump
Latrese Johnson, Azusa Pacific (Calif.), 1991, 1.89 (6-2 ¼)

Pole Vault
Lesa Kubishta, Point Loma Nazarene (Calif.), 2000, 4.16 (13-7)

Shot Put
Vivian Chukwuemeka, Azusa Pacific (Calif.), 2002, 18.17 (59-7 ½)

Discus
Annie Hess, Concordia (Ore.), 2008, 58.69 (192-07)

Javelin (Old Javelin – Different Design) %
Karen Murray, Simon Fraser (B.C.), 1985, 51.04 (167-5)

Javelin (New Javelin – Different Design) %
Liz Gleadle, British Columbia, 2010, 56.09 (184-0)

Hammer Throw
Aubrey Baxter, Black Hills State (S.D.), 2009, 61.48 (201-8)

Heptathlon
Kim Vanderhoek, Simon Fraser (B.C.), 1992, 5626

Note: % - Javelin design was changed in 1986 to current design

Heptathlon Event Records

100 Hurdles
13.53, Shannon Hellman, Black Hills State (S.D.), 2010

High Jump
1.80 (5-10 ¾), Natasha Miller, Biola (Calif.), 2009

Shot Put
18.17 (59-07 ½)Vivian Chukwuemeka, Azusa Pacific (Calif.), 2006

200 Meters
24.42, Shannon Hellman, Black Hills State (S.D.), 2010

Long Jump
6.28 (20-7 1/4), Wendi Simmons, Graceland (Iowa), 1990

Javelin
45.58 (149-6), Kim Vanderhoek, Simon Fraser (B.C.), 1993

800 Meters
2:12.65, Carmen Gage, Azusa Pacific (Calif.), 1994

All-Time Team Championships

Prairie View A&M (Texas)	9
Central State (Ohio)	5
Azusa Pacific (Calif.)	4
Doane (Neb.)	2
Life (Ga.)	2
Simon Fraser (B.C.)	2
Southern-New Orleans (La.)	2
Wayland Baptist (Texas)	2
Concordia (Ore.)	1
McKendree (Ill.)	1

Championship History

Missouri Baptist 1
Texas Southern....1

All-Time Individual Championships

Simon Fraser (B.C.) 64
Prairie View A&M (Texas)....58
Azusa Pacific (Calif.) 47
Central State (Ohio)....42
Wayland Baptist (Texas)....33
Oklahoma Baptist 26
Life (Ga.)....22
Missouri Baptist 19
Doane (Neb.)....18
Adams State (Colo.) 14
Southern-New Orleans (La.)....14
McKendree (Ill.) 13
Lindenwood (Mo.)....13
British Columbia 11
Mary (N.D.)....11
Black Hills State (S.D.) 10
Concordia (Neb.) 10
Wisconsin –Parkside 9
Biola (Calif.)....8
Concordia (Ore.)....7
George Fox (Ore.) 7
Hastings (Neb.)....7
Kearney State (Neb.)....7
Midland (Neb.)....7
Pacific Lutheran (Wash.) 7
Olivet Nazarene (Ill.)....7
Central Methodist (Mo.)....6
Hampton Institute (Va.)....6
Texas Southern....6
Dickinson State (N.D.)....5
Florida Memorial....5
Puget Sound (Wash.) 5
Southern Oregon 5
Western State (Colo.)....5
Westmont (Calif.)....5
Cedarville (Ohio)....5
Emporia State (Kan.)....4
Huston-Tillotson (Texas)....4
Jamestown (N.D.)....4
Minot State (N.D.)....4
Moorhead State (Minn.)....4
Shorter (Ga.)....4
Willamette (Ore.) 4
Chicago State (Ill.)....3
Grand View (Iowa)....3
Hillsdale (Mich.)....3
Indiana Tech 3
Iowa Wesleyan 3
Point Loma Nazarene (Calif.) 3
Southern-Baton Rouge (La.) 3
Southern Utah 3
Western Washington 3
Aquinas (Mich.)....2
Arkansas-Pine Bluff 2
Berry (Ga.)....2
Cal State San Marcos....2
Concordia (Calif.)....2
Findlay (Ohio)....2
Fresno Pacific (Calif.) 2
Goshen (Ind.)....2
Graceland (Iowa)....2
Indiana Wesleyan 2
Mississippi Valley State 2
Oklahoma Christian 2
Park (Mo.)....2
Portland State (Ore.) 2
Saint Francis (Ind.) 2
Warner Southern (Fla.)....2
Whitworth (Wash.) 2
Windsor (Ontario) 2
Winona State (Minn.)....2
Wisconsin-Eau Claire 2
Wisconsin-Milwaukee 2

The following institutions have one individual champion each:

Bethany (Kan.); Bethel (Kan.); Briar Cliff (Iowa) ; California Baptist; Cornerstone (Mich.); Dana (Neb.); Dordt (Iowa); Embry-Riddle (Fla.); Friends (Kan.); Harding (Ark.) ; Houghton (N.Y.); Jackson State (Miss.); Langston (Okla.); Lewis-Clark State (Idaho); Lewis & Clark (Ore.); Marquette (Wis.); MidAmerica Nazarene (Kan.); Mobile (Ala.); Mount Mercy (Iowa); North Florida; Northwest (Wash.); Ozarks (Mo.); Phillips (Okla.); Rio Grande (Ohio); Roberts Wesleyan (N.Y.); Saginaw Valley State (Mich.); St. Augustine's (N.C.); Siena Heights (Mich.); Sioux Falls (S.D.); SD Mines; Southern Colorado; Southern Nazarene (Okla.); Southwest (N.M.); Southwestern (Kan.); Taylor (Ind.); Tri-State (Ind.); Webber (Fla.); Western Oregon ; Whitman (Wash.); Wisconsin-Parkside

Note Relay victories count one for each event.

Individual Championships, One Year

Nine Titles

Central State (Ohio), 1992
Life (Ga.), 2000

Eight Titles

Missouri Baptist, 2006
Prairie View A&M (Texas), 1982, 1983

Seven Titles

Central State (Ohio), 1991
Prairie View A&M (Texas), 1985, 1987

Six Titles

Central State (Ohio), 1993
Texas Southern, 1981
Wayland Baptist (Texas), 1986

Five Titles

Oklahoma Baptist, 2010
Wayland Baptist (Texas), 2009
Simon Fraser (B.C.), 2005, 2006, 2008
Azusa Pacific (Calif.), 2004
Central State (Ohio), 1996
McKendree (Ill.), 1999
Prairie View A&M (Texas), 1984

Most Individual Titles, One Year

Three Titles

Ruky Abdulai, Simon Fraser (B.C.), 2008 (long jump, high jump, triple jump)
Nickesha Anderson, Missouri Baptist, 2006 (100-meter dash, 200-meter dash, 400-meter dash)
Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put, discus, hammer throw)
Nickesha Anderson, Missouri Baptist, 2005 (100-meter dash, 200-meter dash, 400-meter dash)
Comfort Igeh, Wayland Baptist (Texas), 1986 (100-meter dash, 200-meter dash, long jump)
Jamie Mulske, Mary (N.D.), 1998 (heptathlon, long jump, 400-meter hurdles)
Carolin Sterling, Central State (Ohio), 1992 (200-meter dash, 100-meter hurdles, long jump)

Championship History

Most Individual Titles, Career

Ten Titles

Ruky Abdulai, Simon Fraser (B.C.) (400 meters 2007; 100 meter hurdles 2005; Long Jump 2005-06-08; High Jump 2006-07-08; Triple Jump 2006-08)

Eight Titles

Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put, 2002-03-04-06; discus, 2003-04-06; hammer throw 2006)

Seven Titles

Carol Bailey, Concordia (Neb.) (100-meter dash, 1987-88-89-90; 200-meter dash, 1987-89-90)
Carolin Sterling, Central State (Ohio) (200-meter dash, 1992; 100-meter hurdles, 1991-92-93; long jump, 1991-92-93)
Nickesha Anderson, Missouri Baptist (100-meter dash 2005-06; 200-meter dash 2005-06; 400-meters 2005-06; 4x100 meter relay 2006)

Six Titles

Sarah Howell, Simon Fraser (B.C.) (1,500-meter run, 1990-91-92; 3,000-meter run 1990-91-92)
Sarah Korir, McKendree (Ill.), (5,000-meter run, 1997, 99, 2000; 10,000-meter run 1998-99, 2000)
Natasha Miller, Biola (Calif.) (heptathlon, 2009-10-11; high jump, 2009-10-11)
Jamie Mulske, Mary (N.D.) (heptathlon, 1996-97-98; long jump, 1997-98; 400-meter hurdles, 1998)

Five Titles

Comfort Igeh, Wayland Baptist (Texas) (100-meter dash, 1986; 200-meter dash, 1986; long jump, 1986-87-88)
Leah Pells, Simon Fraser (B.C.) (1,500-meter run, 1983-87-88; 800-meter run, 1983; 3,000-meter run, 1988)
Catherine Pomales, Central State (Ohio) (100-meter hurdles, 1994-96; 400-meter hurdles, 1994-95-96)
Beth Stuart, Kearney State (Neb.) (shot put, 1984-87; discus, 1985-86-87)

Four Titles

Liz Gleadle, British Columbia, (Javelin throw, 2007-08-09-10)
Megan Huzzey, British Columbia (3000-meter racewalk, 2004-05-06-08)
Rosa Ibarra, Wayland Baptist (Texas) (5,000-meter run, 1994-95; 10,000-meter run, 1994-95)
Mirriam Kaumba, Oklahoma Baptist (5,000-meter run, 2004-05; 10,00-meter run, 2004-05)
LaVonda Luckett, Prairie View A&M (Texas) (400-meter hurdles, 1984-85-86-87)
Kimberly Smith, Wayland Baptist (Texas) (100-meter run, 2008-09; 200-meter run, 2008-09)

Repeat Champions

Four-Time

Ruky Abdulai, Simon Fraser (B.C.) (Long Jump, 2005-08)
Carol Bailey, Concordia (Neb.) (100-meter dash, 1987-88-89-90)
Liz Gleadle, British Columbia (Javelin Throw, 2007-10)
Megan Huzzey, British Columbia (3000-meter racewalk, 2004-05-06-08)
LaVonda Luckett, Prairie View A&M (Texas) (400-meter hurdles, 1984-85-86-87)

Three-Time

Ruky Abdulai, Simon Fraser (B.C.) (High Jump, 2006-08)
Thomasina Busch, Hampton Institute (Va.) (100-meter hurdles, 1982-83-84)
Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put, 2002-03-04)
Annette Ekberg, Hastings (Neb.) (heptathlon, 2003-04-05)
Deon Hemmings, Central State (Ohio) (400-meter hurdles, 1991-92-93)
Annie Hess, Concordia (Ore.) (discus throw, 2007-08-09)
Sarah Howell, Simon Fraser (B.C.) (1,500-meter run, 1990-91-92; 3,000-meter run, 1990-91-92)
Comfort Igeh, Wayland Baptist (Texas) (long jump, 1986-87-88)
Latrese Johnson, Azusa Pacific (Calif.) (high jump, 1989-90-91)
Sarah Korir, McKendree (Ill.) (10,000-meter run, 1998-99, 2000)
Cecilia Mboua, Lindenwood (Mo.) (triple jump, 2009-10-11)
Natasha Miller, Biola (Calif.) (heptathlon, 2009-10-11; high jump, 2009-10-11)
Marissa Moseley, Oklahoma Baptist (400-meter run, 2008-09-10)
Jamie Mulske, Mary (N.D.) (heptathlon, 1996-97-98)
Jennifer Padrinao, Simon Fraser (B.C.) (hammer, 2002-03-04)
Catherine Pomales, Central State (400-meter hurdles, 1994-95-96)
Audrea Sterling, Central State (Ohio) (400-meter dash, 1991-92-93)
Carolin Sterling, Central State (Ohio) (100-meter hurdles, 1991-92-93; long jump, 1991-92-93)
Beth Stuart, Kearney State (Neb.) (discus, 1985-86-87)
Kim Vanderhoek, Simon Fraser (B.C.) (heptathlon, 1991-92-93)
Karen Waddell, Prairie View A&M (Texas) (shot put, 1981-82-83)
Corinna Wolf, Simon Fraser (B.C.) (high jump, 1993-94-95)

Hebert B. Marett Outstanding Performer

1981 Wendy Burman, Wisconsin-Parkside
1982 Mary Jaqua, Adams State (Colo.)
1983 Leah Pells, Simon Fraser (B.C.)
1984 Denise Bullocks, Chicago State (Ill.)
1985 Deirdre Jackson, Prairie View A&M (Texas)
1986 Comfort Igeh, Wayland Baptist (Texas)
1987 Edith Renfro, Prairie View A&M (Texas)
1988 Airat Bakare, Azusa Pacific (Calif.)
1989 Carol Bailey, Concordia (Neb.)
1990 Wendi Simmons, Graceland (Iowa)
1991 Carolin Sterling, Central State (Ohio)
1992 Carolin Sterling, Central State (Ohio)
1993 Deon Hemmings, Central State (Ohio)
1994 Catherine Pomales, Central State (Ohio)
1995 Rosa Ibarra, Wayland Baptist (Texas)
1996 Catherine Pomales, Central State (Ohio)
1997 Jamey Mulske, Mary (N.D.)
1998 Jamey Mulske, Mary (N.D.)
1999 Neisha Thompson, McKendree (Ill.)
2000 Sara Stevenson, Olivet Nazarene (Ill.)
2001 Vida Nsiah, Central State (Ohio)
2002 Emilie Mondor, Simon Fraser (B.C.)
Vanessa Wilhelm, Azusa Pacific (Calif.)
2003 Vivian Chukwuemeka, Azusa Pacific (Calif.)
2004 Vivian Chukwuemeka, Azusa Pacific (Calif.)
2005 Mirian Kaumba, Oklahoma Baptist
2006 Nickesha Anderson, Missouri Baptist
2007 Ruky Abdulai, Simon Fraser (B.C.)
2008 Annie Hess, Concordia (Ore.)
2009 Justyna Mudy, Shorter (Ga.)
2010 Justyna Mudy, Shorter (Ga.)
2011 Helen Crofts, Simon Fraser (B.C.)

Most Valuable Performer
(based on total points scored in national meet competition)

2008 Ruky Abdulai, Simon Fraser (B.C.)
2009 Natasha Miller, Biola (Calif.)
2010 Natasha Miller, Biola (Calif.)
2011 Natasha Miller, Biola (Calif.)

Coach of the Year

1981 LaVerne Sweat, Hampton Institute (Va.)
1982 Rocky Light, Adams State (Colo.)
1983 Barbara Jacket, Prairie View A&M (Texas)
1984 Joe Vigil, Adams State (Colo.)
1985 Milon Donley, Adams State (Colo.)
1986 Barbara Jacket, Prairie View A&M (Texas)
1987 Barbara Jacket, Prairie View A&M (Texas)
1988 Clark Wille, Missouri Baptist
1989 Fred Beile, Doane (Neb.)

Championship History

1990 Vacant
1991 Zenon Smiechowski, Simon Fraser (B.C.)
1992 Zenon Smiechowski, Simon Fraser (B.C.)
1993 Josh Culbreath, Central State (Ohio)
1994 Fred Beile, Doane (Neb.)
1995 Artis Davenport, Southern-New Orleans (La.)
1996 Rick Dealy, Wayland Baptist (Texas)
1997 Mike Thorson, Mary (N.D.)
1998 Zenon Smiechowski, Simon Fraser (B.C.)
1999 Mike Thorson, Mary (N.D.)
2000 Rena Rieder, Life (Ga.)
2001 Fred Beile, Doane (Neb.)
Jahan Culbreath, Central State (Ohio)
2002 Fred Biele, Doane (Neb.)
2003 Mike Barnett, Azusa Pacific (Calif.)
2004 Mike Barnett, Azusa Pacific (Calif.)
2005 Brit Townsend, Simon Fraser (B.C.)
2006 Vince Bingham, Missouri Baptist
2007 Mike Barnett, Azusa Pacific (Calif.)
2008 Brian Whitlock, Wayland Baptist (Texas)
2009 Brian Whitlock, Wayland Baptist (Texas)
2010 Mike Barnett, Azusa Pacific (Calif.)
2011 Randy Dalzell, Concordia (Ore.)

All-Time Individual Champions

100-Meter Dash

1981 Angel Doyle, Southern-Baton Rouge (La.), 11.85
1982 Casandra Graham, Prairie View A&M (Texas), 11.82
1983 Sheila Labome, Prairie View A&M (Texas), 11.89
1984 Virgie Bullie, Midland Lutheran (Neb.), 11.71
1985 Deirdre Jackson, Prairie View A&M (Texas), 11.82
1986 Comfort Igeh, Wayland Baptist (Texas), 11.68
1987 Carol Bailey, Concordia (Neb.), 12.00
1988 Carol Bailey, Concordia (Neb.), 11.54
1989 Carol Bailey, Concordia (Neb.), 11.52
1990 Carol Bailey, Concordia (Neb.), 11.60
1991 Faith Idehen, Missouri Baptist, 11.44 w
1992 Layphane Carnagie, Central State (Ohio), 11.54
1993 Layphane Carnagie, Central State (Ohio), 11.62
1994 Sevetheda Fynes, Southern-New Orleans (La.), 11.42 w
1995 Bridgette Edwards, Central State (Ohio), 11.60 w
1996 Jasamine Sampson, Park (Mo.), 11.75
1997 Calister Uba, Harding (Ark.) 11.59
1998 Nicole Duncan, Iowa Wesleyan, 11.75
1999 Camille Clarke, Life (Ga.), 11.77
2000 Monica Twum, Life (Ga.), 11.52
2001 Vida Nsiah, Central State (Ohio), 11.37
2002 Vida Nsiah, Central State (Ohio), 11.51
2003 Danielle Norville, Lindenwood (Mo.), 11.70
2004 Genna Williams, Lindenwood (Mo.), 11.47
2005 Nickesha Anderson, Missouri Baptist, 11.65
2006 Nickesha Anderson, Missouri Baptist, 11.41 w
2007 Laniece Clarke, McKendree (Ill.), 11.82 w
2008 Kimberly Smith, Wayland Baptist (Texas), 11.68
2009 Kimberly Smith, Wayland Baptist (Texas), 11.58
2010 Anika Jno Baptiste, Florida Memorial, 11.62
2011 Santana Lowery, Huston-Tillotson, 11.42

w – wind-aided

200-Meter Dash

1981 Angel Doyle, Southern-Baton Rouge (La.), 23.98
1982 Casandra Graham, Prairie View A&M (Texas), 24.03
1983 Sheila Labome, Prairie View A&M (Texas), 24.16
1984 Denise Bullocks, Chicago State (Ill.), 24.14
1985 Deirdre Jackson, Prairie View A&M (Texas), 24.03
1986 Comfort Igeh, Wayland Baptist (Texas), 23.69
1987 Carol Bailey, Concordia (Neb.), 23.93
1988 Airat Bakare, Azusa Pacific (Calif.), 23.71
1989 Carol Bailey, Concordia (Neb.), 23.57
1990 Carol Bailey, Concordia (Neb.), 23.78
1991 Faith Idehen, Missouri Baptist, 23.61 w
1992 Carolin Sterling, Central State (Ohio), 23.62
1993 Layphane Carnagie, Central State (Ohio), 23.78
1994 Sevetheda Fynes, Southern-New Orleans (La.), 23.10 w
1995 Chantel Rolle, Southern-New Orleans (La.), 23.44 w
1996 Beverly Grant, Central State (Ohio), 23.24
1997 Altrice Taylor, Southern-New Orleans (La.), 24.18
1998 Louise Ayetotche, Iowa Wesleyan, 23.60
1999 Camille Clarke, Life (Ga.), 23.70
2000 Monica Twum, Life (Ga.), 23.95
2001 Sallie Green, Florida Memorial, 23.95
2002 Melocia Clarke, Central State (Ohio), 23.96
2003 Danielle Norville, Lindenwood (Mo.), 23.69
2004 Genna Williams, Lindenwood (Mo.), 23.61
2005 Nickesha Anderson, Missouri Baptist, 24.02
2006 Nickesha Anderson, Missouri Baptist, 23.86 w
2007 Stephanie Allers, Cornerstone (Mich.), 24.80
2008 Kimberly Smith, Wayland Baptist (Texas), 24.18
2009 Kimberly Smith, Wayland Baptist (Texas), 23.72
2010 Anika Jno Baptiste, Florida Memorial, 23.92
2011 Gayon Evans, Oklahoma Baptist, 23.45

w – wind-aided

400-Meter Dash

1981 Loretta Edwards, Prairie View A&M (Texas), 54.38
1982 Easter Gabriel, Prairie View A&M (Texas), 52.53
1983 Easter Gabriel, Prairie View A&M (Texas), 53.91
1984 Denise Bullocks, Chicago State (Ill.), 54.09
1985 Carol Williams, Mississippi Valley State, 53.65
1986 Airat Bakare, Azusa Pacific (Calif.), 51.83
1987 Denise Bullocks, Chicago State (Ill.), 55.21
1988 Airat Bakare, Azusa Pacific (Calif.), 52.20
1989 Rhonda Lampkin, Prairie View A&M (Texas), 55.20
1990 Rhonda Lampkin, Prairie View A&M (Texas), 54.56
1991 Audrea Sterling, Central State (Ohio), 52.87
1992 Audrea Sterling, Central State (Ohio), 53.37
1993 Audrea Sterling, Central State (Ohio), 52.33
1994 Fatima Yusuf, Azusa Pacific (Calif.), 51.57
1995 Beverly Grant, Central State (Ohio), 53.13
1996 Fatima Yusuf, Azusa Pacific (Calif.), 51.44
1997 Zoila Stewart, Life (Ga.), 53.34
1998 Zoila Stewart, Life (Ga.), 53.13
1999 Lucyann Richards, Life (Ga.), 53.55
2000 Sedell Roberts, Life (Ga.), 53.77
2001 Sharline Maxwell, Briar Cliff (Iowa), 53.69
2002 Daniela Georgieva, Central Methodist (Mo.), 53.65
2003 Crystal Haynes, Webber (Fla.), 54.94
2004 Niema Golphin, Azusa Pacific (Calif.), 53.58
2005 Nickesha Anderson, Missouri Baptist, 53.39
2006 Nickesha Anderson, Missouri Baptist, 54.53
2007 Ruky Abdulai, Simon Fraser (B.C.), 52.40
2008 Marissa Moseley, Oklahoma Baptist, 52.87
2009 Marissa Moseley, Oklahoma Baptist, 54.02
2010 Marissa Moseley, Oklahoma Baptist, 53.54
2011 Verone Chambers, Oklahoma Baptist, 53.43

800-Meter Run

1981 Cheritta Jackson, Texas Southern, 2:12.05
1982 Denise Day, Midland Lutheran (Neb.), 2:12.61
1983 Leah Pells, Simon Fraser (B.C.), 2:09.77

Championship History

1984 Julie Jenkins, Adams State (Colo.), 2:08.60
1985 Teresa Lloyd, Jamestown (N.D.), 2:10.67
1986 Brit McRoberts, Simon Fraser (B.C.), 2:03.89
1987 Cathy Taylor, Prairie View A&M (Texas), 2:06.57
1988 Chris Wagner, Simon Fraser (B.C.), 2:07.10
1989 Barbara Smith, Prairie View A&M (Texas), 2:09.79
1990 Sherdon Smith, Central State (Ohio), 2:07.03
1991 Barbara Smith, Prairie View A&M (Texas), 2:08.01
1992 Elizabeth Onyambu, Biola (Calif.), 2:06.17
1993 Elizabeth Onyambu, Biola (Calif.), 2:04.42
1994 Dytonya Maryland, Prairie View A&M (Texas), 2:09.32
1995 Vernetta Rolle, Southern-New Orleans (La.), 2:09.16
1996 Christine Smith, Southern-New Orleans (La.), 2:09.80
1997 Carolyn Murray, Simon Fraser (B.C.), 2:08.36
1998 Steph Miller, Southern Nazarene (Okla.), 2:10.60
1999 Chrystal De Nayer, Azusa Pacific (Calif.), 2:10.60
2000 Leontine Tsiba, Life (Ga.) 2:08.63
2001 Leontine Tsiba, Life (Ga.), 2:09.24
2002 Brandy Bratton, Oklahoma Baptist, 2:12.87
2003 Julia Howard, Simon Fraser (B.C.), 2:12.49
2004 Julie Howard, Simon Fraser (B.C.), 2:07.89
2005 Rebecca Johnstone, Simon Fraser (B.C.), 2:04.92
2006 Rebecca Johnstone, Simon Fraser (B.C.), 2:05.42
2007 Amanda Mayfield, Oklahoma Baptist, 2:09.44
2008 Jessica Smith, Simon Fraser (B.C.), 2:08.39
2009 Purity Biwott, Wayland Baptist (Texas), 2:05.86
2010 Helen Crofts, Simon Fraser (B.C.), 2:07.49
2011 Helen Crofts, Simon Fraser (B.C.), 2:02.12

1,500-Meter Run

1981 Mary Damiani, Southern Utah, 4:32.35
1982 Debbie Spino, Wisconsin-Parkside, 4:35.47
1983 Leah Pells, Simon Fraser (B.C.), 4:25.42
1984 Cindy Grant, Simon Fraser (B.C.), 4:32.09
1985 Julie Jenkins, Adams State (Colo.), 4:29.52
1986 Teresa Lloyd, Jamestown (N.D.), 4:23.50
1987 Leah Pells, Simon Fraser (B.C.), 4:18.14
1988 Leah Pells, Simon Fraser (B.C.), 4:19.32
1989 Donna Spickelmier, Kearney State (Neb.), 4:30.49
1990 Sarah Howell, Simon Fraser (B.C.), 4:25.04
1991 Sarah Howell, Simon Fraser (B.C.), 4:22.51
1992 Sarah Howell, Simon Fraser (B.C.), 4:16.56
1993 Lindsay McLaren, Simon Fraser (B.C.), 4:25.85
1994 Danita Parkhurst, Puget Sound (Wash.), 4:29.39
1995 Ivana Skladana, Mobile (Ala.), 4:32.15
1996 Tamara Dingley, Wayland Baptist (Texas), 4:26.69
1997 Carolyn Murray, Simon Fraser (B.C.), 4:22.61
1998 Heather deGeest, Simon Fraser (B.C.), 4:27.32
1999 Heather deGeest, Simon Fraser (B.C.), 4:26.72
2000 Leontine Tsiba, Life (Ga.), 4:27.03
2001 Eszter Erdelyi, Central Methodist (Mo.), 4:30.34
2002 Emilie Mondor, Simon Fraser (B.C.), 4:18.29
2003 Evelina Slatinska, Central Methodist (Mo.), 4:30.09
2004 Evelina Slatinska, Central Methodist (Mo.), 4:25.94
2005 Julia Howard, Simon Fraser (B.C.), 4:33.80
2006 Julia Howard, Simon Fraser (B.C.), 4:29.11
2007 Bethany McCoy, Olivet Nazarene (Ill.), 4:25.87
2008 Jamie Canterbury, Azusa Pacific (Calif.), 4:26.64
2009 Purity Biwott, Wayland Baptist (Texas), 4:26.57
2010 Jessica Smith, Simon Fraser (B.C.), 4:27.78
2011 Jessica Smith, Simon Fraser (B.C.), 4:24.58

3,000-Meter Run

1981 Angie Pikschus, Ozarks (Mo.), 10:11.55
1982 Mary Jaqua, Adams State (Colo.), 10:04.15
1983 Carolyn Sheild, Wisconsin-Eau Claire, 9:52.09
1984 Denise Falzone, Adams State (Colo.), 9:47.30
1985 Ann Manning, Portland (Ore.), 9:43.64
1986 Ann Manning, Portland (Ore.), 9:34.69
1987 Valerie Hilden, Pacific Lutheran (Wash.), 9:51.71
1988 Leah Pells, Simon Fraser (B.C.), 9:19.93
1989 Donna Spickelmier, Kearney State (Neb.), 9:37.49
1990 Sarah Howell, Simon Fraser (B.C.), 10:04.05
1991 Sarah Howell, Simon Fraser (B.C.), 9:42.16
1992 Sarah Howell, Simon Fraser (B.C.), 9:13.20
1993 Lindsay McLaren, Simon Fraser (B.C.), 9:33.46
1994 Suzanne Weeder, Doane (Neb.), 9:49.17
1995 Jessica Bissonnette, Whitman (Wash.), 10:01.16
1996 Tamara Dingley, Wayland Baptist (Texas), 9:43.58
1997 Sarah Andrews, Puget Sound (Wash.), 9:52.64
1998 Carolyn Murray, Simon Fraser (B.C.), 9:59.66
1999 Dana Boyle, Puget Sound (Wash.), 9:52.93
2000 Heather deGeest, Simon Fraser (B.C.) 9:28.4 h
2001 Eszter Erdelyi, Central Methodist (Mo.), 9:58.45
2002 Agness Kipkuma, Life (Ga.), 10:06.21

h – hand-timed

5,000-Meter Run

1981 Wendy Burman, Wisconsin-Parkside, 17:03.77
1982 Mary Jaqua, Adams State (Colo.), 16:56.97
1983 Linda Marquardt, Wisconsin-Milwaukee, 16:53.49
1984 Julie Willoughby, Moorhead State (Minn.), 17:13.8
1985 Denise Falzone, Adams State (Colo.), 16:49.36
1986 Erin Gillespie, Hillsdale (Mich.), 16:56.64
1987 Lorie Moreno, Western State (Colo.), 17:01.2
1988 Doris Watson, Adams State (Colo.), 16:47.38
1989 Yvonne Hollmann, Midland Lutheran (Neb.), 17:18.26
1990 Paula Stokman, Wisconsin-Parkside, 17:29.77
1991 Melissa Johnson, Adams State (Colo.), 17:02.86
1992 Amy Giblin, Adams State (Colo.), 16:44.48
1993 Tigist Moreda, Wayland Baptist (Texas), 16:52.44
1994 Rosa Ibarra, Wayland Baptist (Texas), 17:14.80
1995 Rosa Ibarra, Wayland Baptist (Texas), 16:55.93
1996 Tumaini Urio, Life (Ga.), 17:13.52
1997 Sarah Korir, McKendree (Ill.), 17:01.89
1998 Cari Rampersad, Simon Fraser (B.C.), 17:18.83
1999 Sarah Korir, McKendree (Ill.), 16:59.63
2000 Sarah Korir, McKendree (Ill.), 17:13.77
2001 Mary Livengood, Doane (Neb.), 17:15.33
2002 Genevieve Graff-Ermeling, Concordia (Calif.), 17:11.24
2003 Evelina Slatinska, Central Methodist (Mo.), 17:40.17
2004 Mirriam Kaumba, Oklahoma Baptist, 17:18.58
2005 Mirriam Kaumba, Oklahoma Baptist, 16:44.19
2006 Betty Rotich, Missouri Baptist, 16:48.07
2007 Natalie Peterson, Concordia (Calif.), 17:24.33
2008 Alissa McKaig, Indiana Tech, 16:39.04
2009 Jacky Kipwambok, Azusa Pacific (Calif.), 16:51.32
2010 Justyna Mudy, Shorter (Ga.), 17:19.81
2011 Lauren Jamison, Azusa Pacific (Calif.), 16:49.97

10,000-Meter Run

1983 Linda Marquardt, Wisconsin-Milwaukee, 35:17.88
1984 Karen Schoenrock, Wisconsin-Eau Claire, 35:37.6
1985 Katie Webb, Marquette (Wis.), 35:44.07
1986 Erin Gillespie, Hillsdale (Mich.), 35:06.51
1987 Erin Gillespie, Hillsdale (Mich.), 36:05.47
1988 Lori Moreno, Western State (Colo.), 35:12.15
1989 Jill Jamison, George Fox (Ore.), 36:08.71
1990 Terry Villarreal, Adams State (Colo.), 36:50.57
1991 Jill Beals, George Fox (Ore.), 35:50.39
1992 Jill Beals, George Fox (Ore.), 34:25.5
1993 Tigist Moreda, Wayland Baptist (Texas), 35:12.46
1994 Rosa Ibarra, Wayland Baptist (Texas), 35:44.12

Championship History

1995 Rosa Ibarra, Wayland Baptist (Texas), 34:55.06
1996 Tumaini Urio, Life (Ga.), 36:03.37
1997 Ann Marie Hynes, Rio Grande (Ohio), 35:41.04
1998 Sarah Korir, McKendree (Ill.), 38:17.78
1999 Sarah Korir, McKendree (Ill.), 35:29.86
2000 Sarah Korir, McKendree (Ill.), 36:44.34
2001 Mary Livengood, Doane (Neb.), 35:45.89
2002 Nicole DeRoin, Hastings (Neb.), 37:20.38
2003 Amanda Portis, Tri-State (Ind.), 37:02.77
2004 Mirriam Kaumba, Oklahoma Baptist, 36:49.59
2005 Mirriam Kaumba, Oklahoma Baptist, 35:03.67
2006 Betty Rotich, Missouri Baptist, 35:01.08
2007 Petrana Petkova, Goshen (Ind.), 36:27.01
2008 Alissa McKaig, Indiana Tech, 34:22.95
2009 Jacky Kipwambok, Azusa Pacific (Calif.), 34:48.21
2010 Obsie Birru, Grand View (Iowa), 36:17.88
2011 Obsie Birru, Grand View (Iowa), 34:49.42

3,000-Meter Race Walk

1993 Jennifer Zalewski, Wisconsin-Parkside, 13:53.3
1994 Kelly Watson, Wisconsin-Parkside, 14:24.43
1995 Sue Kisting, Wisconsin-Parkside, 14:19.61
1996 Anne-Marie Oswald, Simon Fraser (B.C.), 15:15.91
1997 Jill Zenner, Cedarville (Ohio), 13:16.16
1998 Jessie Nethery, Wisconsin-Parkside, 14:56.35
1999 Jaimie Roberts, Wisconsin-Parkside, 15:02.78
2000 Sara Stevenson, Olivet Nazarene (Ill.), 12:39.62
2001 Sara Stevenson, Olivet Nazarene (Ill.), 14:03.89
2002 Amber Antonia, Wisconsin-Parkside, 13.27.46
2003 Karen Foan, British Columbia, 14:29.05
2004 Megan Huzzey, British Columbia, 15:18.95
2005 Megan Huzzey, British Columbia, 14:53.98
2006 Megan Huzzey, British Columbia, 13:53.57
2007 Tina Peters, Goshen (Ind.), 15:20.21
2008 Megan Huzzey, British Columbia, 14:12.12
2009 Nicola Evangelista, British Columbia, 14:54.51

5,000-Meter Race Walk

2010 Nicola Evangelista, British Columbia, 25:11.56
2011 Nicola Evangelista, British Columbia, 23:18.91

3,000-Meter Steeplechase

2003 Kristina Proticova, Northwest (Wash.), 10:56.13
2004 Andrea Mohr, Southwestern (Kan.), 10:32.63
2005 Angi Axmann, Black Hills State (S.D.), 10:33.38
2006 Jen Kempers, Dordt (Iowa), 10:55.04
2007 Meredith MacGregor, Simon Fraser (B.C.), 10:33.25
2008 Dallon Williams, California State San Marcos, 10:18.96
2009 Justyna Mudy, Shorter (Ga.), 10:12.31
2010 Justyna Mudy, Shorter (Ga.), 10:23.75
2011 Katie Conlon, Jamestown (N.D.), 10:27.90

Marathon

1981 Wendy Burman, Wisconsin-Parkside, 2:59:44.10
1982 Liz Garman, Azusa Pacific (Calif.), 3:03:00.43
1983 Sharon Foster, Adams State (Colo.), 2:58:62.2
1984 Cindy Reinhart, Saginaw Valley State (Mich.), 2:57:20.5
1985 Jolene Fisher, Southern Utah, 2:51:05.0
1986 Tracy Nelson, Winona State (Minn.), 3:07:15.7
1987 Tracy Nelson, Winona State (Minn.), 2:59:44.80
1988 Miriam Otten, Missouri Baptist, 3:00:46.4
1989 Amy Baker, Doane (Neb.), 3:06:03.7
1990 Marie Farrar, North Florida, 3:03:07
1991 Peggy Murphy, Oklahoma Christian, 2:49:24
1992 Amber Anderson, Midland Lutheran (Neb.), 2:49.14
1993 Peggy Murphy, Oklahoma Christian, 2:52.54
1994 Theresa Walton, Southern Oregon, 2:58:32
1995 Shawna Doty, Jamestown (N.D.), 2:54:27.00
1996 Heather Thompson, Doane (Neb.), 3:07:44.41
1997 Angie Sparacino, Dana (Neb.), 2:57:19.0 h
1998 Amy Knobloch, Lindenwood (Mo.), 2:57:23.00
1999 Michelle Abernathy, Berry (Ga.), 2:58.40.4 h
2000 Shandi Hertz, Mary (N.D.), 3:04:41.00
2001 Mikki Massey, Park (Mo.), 3:05.11
2002 Michelle Brake, Friends (Kan.), 3:01:05.23
2003 Nikki Underwood, Black Hills State (S.D.), 3:05:13.62
2004 Cara Rumble, Cal State San Marcos, 2:49:30.00
2005 Tausha Kuzmic, Lewis-Clark State (Idaho), 2:57:56.01
2006 Jessica Goulder, Westmont (Calif.), 2:49:14.70
2007 Anna Stumbo, Westmont (Calif.), 2:51:30.40
2008 Kaitlin Fadden, Houghton (N.Y.), 2:57:10.00
2009 Wendy O'Lexey, Black Hills State (S.D.), 3:01:49.01
2010 Wendy O'Lexey, Black Hills State (S.D.), 2:57.59.01
2011 Obsie Birru, Grand View (Iowa), 2:46.40.01

h –hand-timed

100-Meter Hurdles

1981 Linda Weekly, Texas Southern, 13.83
1982 Thomasina Busch, Hampton Institute (Va.), 14.28
1983 Thomasina Busch, Hampton Institute (Va.), 14.06
1984 Thomasina Busch, Hampton Institute (Va.), 13.73
1985 Brenda Jarvis, Adams State (Colo.), 13.71
1986 Brenda Jarvis, Adams State (Colo.), 13.87
1987 Denise Williams, Wayland Baptist (Texas), 13.95
1988 Kimolyn Vanzant, Prairie View A&M (Texas), 13.74
1989 LaTonya Johnson, Arkansas-Pine Bluff, 13.93
1990 LaTonya Johnson, Arkansas-Pine Bluff, 13.73
1991 Carolin Sterling, Central State (Ohio), 13.91
1992 Carolin Sterling, Central State (Ohio), 13.58
1993 Carolin Sterling, Central State (Ohio), 13.57
1994 Catherine Pomales, Central State (Ohio), 13.79 w
1995 Michelle Campbell, Azusa Pacific (Calif.), 13.08 w
1996 Catherine Pomales, Central State (Ohio), 13.44
1997 Amy Cameron, Western Washington, 14.15
1998 Shanda Spurlock, Olivet Nazarene (Ill.), 13.97
1999 Shanda Spurlock, Olivet Nazarene (Ill.), 13:78
2000 Dashika Banks, Huston-Tillotson (Texas), 14.17
2001 Vida Nsiah, Central State (Mo.), 13.41
2002 Karla Fandrich, Mary (N.D.), 13.86
2003 Melanie Lachapelle, Windsor (Ontario), 14.10
2004 Daveeta Shepherd, Lindenwood (Mo.), 13.33
2005 Ruky Abdulai, Simon Fraser (B.C.), 13.96
2006 LaToya Greaves, Oklahoma Baptist, 13.39 w
2007 Shannon Hellman, SD Mines, 13.73
2008 Shannon Hellman, Black Hills State (S.D.), 14.12
2009 Tiffeny Parker, Azusa Pacific (Calif.), 14.21
2010 Shannon Hellman, Black Hills State (S.D.), 13.45 w
2011 Crystal Bardge, Embry-Riddle (Fla.), 13.633

w – wind-aided

400-Meter Hurdles

1981 Felicia Durham, Southern-Baton Rouge (La.), 1:00.47
1982 Margaret Gamble, Prairie View A&M (Texas), 59.30
1983 Margaret Gamble, Prairie View A&M (Texas), 58.99
1984 LaVonda Luckett, Prairie View A&M (Texas), 1:00.78
1985 LaVonda Luckett, Prairie View A&M (Texas), 58.89
1986 LaVonda Luckett, Prairie View A&M (Texas), 58.09
1987 LaVonda Luckett, Prairie View A&M (Texas), 57.39
1988 Susanne Johansson, Point Loma Nazarene (Calif.), 59.25
1989 Wendi Simmons, Graceland (Iowa), 1:01.06
1990 Wendi Simmons, Graceland (Iowa), 1:00.42

Championship History

1991 Deon Hemmings, Central State (Ohio), 58.14
1992 Deon Hemmings, Central State (Ohio), 56.56
1993 Deon Hemmings, Central State (Ohio), 55.14
1994 Catherine Pomales, Central State (Ohio), 56.57
1995 Catherine Pomales, Central State (Ohio), 58.04
1996 Catherine Pomales, Central State (Ohio), 56.98
1997 Lesakay Morgoridge, Southern-New Orleans (La.), 59.63
1998 Jamey Mulske, Mary (N.D.), 1:01.32
1999 Neisha Thompson, McKendree (Ill.), 1:00.45
2000 Sedell Roberts, Life (Ga.), 59.02
2001 Natalie Jackson, Simon Fraser (B.C.), 1:00.02
2002 Kendra Doyle, Bethel (Kan.), 1:01.23
2003 Anabell Montes, Warner Southern (Fla.), 1:01.04
2004 Anabell Montes, Warner Southern (Fla.), 59.07
2005 Shawn Kern, Mary (N.D.), 1:00.08
2006 Nickiesha Wilson, Oklahoma Baptist, 58.25
2007 Lorraine Swaby, Azusa Pacific (Calif.), 59.81
2008 Sherene Pinnock, Oklahoma Baptist, 59.50
2009 Verone Chambers, Oklahoma Baptist, 58.80
2010 Verone Chambers, Oklahoma Baptist, 58.60
2011 Nikita Tracey, Oklahoma Baptist, 58.11

Long Jump

1981 Cornelia Jackson, Jackson State (Miss.), 5.96 (19-6 ¾)
1982 Yvonne Taylor, Southern Colorado, 5.85 (19-2 ¼)
1983 Lori Risenhoover, Adams State (Colo.), 6.18 (20-3 ¼)
1984 Deirdre Jackson, Prairie View A&M (Texas), 6.07 (19-11)
1985 Michelle Neal, Prairie View A&M (Texas), 6.04 (19-9 ¾)
1986 Comfort Igeh, Wayland Baptist (Texas), 6.43 (21-1 ¼)
1987 Comfort Igeh, Wayland Baptist (Texas), 6.29 (20-7 ¾)
1988 Comfort Igeh, Wayland Baptist (Texas), 6.29 (20-7 ¾)
1989 Gina Rhodes, Western State (Colo.), 6.11 (20-0 ½)
1990 Raquel Andrews, Prairie View A&M (Texas), 6.49 (21-3 ¾)
1991 Carolin Sterling, Central State (Ohio), 6.30 (20-8)
1992 Carolin Sterling, Central State (Ohio), 6.29 (20-7 ¾)
1993 Carolin Sterling, Central State (Ohio), 6.23 (20-5 ¼)
1994 Christine Gray, Prairie View A&M (Texas), 5.94 (19-5 ¾) w
1995 Chanteau White, Central State (Ohio), 6.08 (19-11 ½) w
1996 Rowena Welford, Wayland Baptist (Texas), 6.13 (20-1 ½)
1997 Jamey Mulske, Mary (N.D.), 5.76 (18-10 ¾)
1998 Jamey Mulske, Mary (N.D.), 6.08 (19-11 ½)
1999 Sharen Fidge, Hastings (Neb.), 5.95 (19-6 ¼)
2000 Meosha Hubbard, Life (Ga.), 6.17 (20-03)
2001 Melocia Clarke, Central State (Ohio), 5.95 (19-6 ¼) w
2002 Melocia Clarke, Central State (Ohio), 5.90 (19-4 ¼)
2003 Melanie Lachapelle, British Columbia, 5.88 (19-03 ½)
2004 Kelley Park, Windsor (Ontario), 5.89 (19-04)
2005 Ruky Abdulai, Simon Fraser (B.C.), 6.28 (20-01 ¼)
2006 Ruky Abdulai, Simon Fraser (B.C.), 6.79 (22-03 ½) w
2007 Ruky Abdulai, Simon Fraser (B.C.), 6.70 (21-11 ¾)
2008 Ruky Abdulai, Simon Fraser (B.C.), 6.51 (21-04 ¾)
2009 Francine Simpson, Lindenwood (Mo.), 6.14 (20-01 ¾)
2010 Bianca Grant, Wayland Baptist (Texas), 5.99 (19-08)
2011 Ashlie Stewartson, Shorter (Ga.), 6,19 (20-03 ¾)

w – wind-aided

Triple Jump

1986 Denise Williams, Wayland Baptist (Texas), 12.06 (39-6 ¾)
1987 Michelle Neal, Prairie View A&M (Texas), 12.57 (41-3)
1988 Kimolyn Vanzant, Prairie View A&M (Texas), 12.33 (40-5 ½)
1989 Sandra Stepney, Missouri Baptist, 12.27 (40-3 ¼)
1990 Gina Rhodes, Western State (Colo.), 12.75 (41-10)
1991 Gina Rhodes, Western State (Colo.), 12.23 (40-1 ½)
1992 Stephanie Sherman, Cedarville (Ohio), 12.20 (40-0 ½)
1993 Christine Gray, Prairie View A&M (Texas), 12.93 (42-5 ¼)
1994 Christine Gray, Prairie View A&M (Texas), 12.90 (42-4) w
1995 Stephanie Sherman, Cedarville (Ohio), 12.80 (42-0) w
1996 Yvette French, Prairie View A&M (Texas), 12.99 (42-7 ½)
1997 Yvette French, Prairie View A&M (Texas), 13.30 (43-7 ¾)
1998 Sharen Fidge, Hastings (Neb.), 12.32 (40-5)
1999 Sharen Fidge, Hastings (Neb.), 12.35 (40-6 ¼)
2000 Meosha Hubbard, Life (Ga.), 12.62 (41-5)
2001 Rose Gaubier, Life (Ga.), 11.96 (39-3) w
2002 Rose Gaubier, Life (Ga.), 12.28 (43-3 ½)
2003 Rochelle Schmidt, Doane (Neb.), 12.22 (40-1 ¼)
2004 Petra Earls, MidAmerica Nazarene (Kan.), 12.29 (40-4)
2005 Ruky Abdulai, Simon Fraser (B.C.), 12.70 (41-8)
2006 Seidre Forde, Missouri Baptist, 12.96 (42-6 ¼)
2007 Sarah Ensslen, Cedarville (Ohio), 12.80 (42-0)
2008 Ruky Abdulai, Simon Fraser (B.C.), 12.98 (42-7)
2009 Cecilia Mboua, Lindenwood (Mo.), 12.59 (41-3 ¾)
2010 Cecilia Mboua, Lindenwood (Mo.), 12.66 (41-6 ½)
2011 Cecilia Mboua, Lindenwood (Mo.), 13.14 (43-1 ½)

w – wind-aided

Shot Put

1981 Karen Waddell, Prairie View A&M (Texas), 14.18 (46-6 ¼)
1982 Karen Waddell, Prairie View A&M (Texas), 14.36 (47-1 ½)
1983 Karen Waddell, Prairie View A&M (Texas), 15.0 (49-2 ½)
1984 Beth Stuart, Kearney State (Neb.), 13.90 (45-7 ¼)
1985 Sharon Harrison, Prairie View A&M (Texas), 14.55 (47-9)
1986 Sharon Harrison, Prairie View A&M (Texas), 15.34 (50-4)
1987 Beth Stuart, Kearney State (Neb.), 14.47 (47-5 ¾)
1988 Nicole Munroe, Fresno Pacific (Calif.), 13.77 (45-2 ¼)
1989 Kathy Gottberg, Concordia (Neb.), 13.96 (45-9 ¾)
1990 Carrie Pietig, Willamette (Ore.), 14.93 (48-11 ¾)
1991 Cecilia Gunn, Emporia State (Kan.), 14.03 (46-0 ½)
1992 Cecilia Gunn, Emporia State (Kan.), 14.54 (47-8 ½)
1993 Kim Hayes, Doane (Neb.), 14.84, (48-8 ¼)
1994 Heather Rhoadarmer, Doane (Neb.), 14.72 (48-3 ½)
1995 Heather Rhoadarmer, Doane (Neb.), 14.52 (47-7 ¾)
1996 Dagmar Flynt, Azusa Pacific (Calif.), 14.86 (48-9)
1997 Michelle Haage, Wayland Baptist (Texas), 14.84 (48-8 ¼)
1998 Donelle Carter, Minot State (N.D.), 14.99 (49-2)
1999 Donelle Carter, Minot State (N.D.), 15.60 (51-2 ¼)
2000 April Kockrow, Doane (Neb.), 14.35 (47-1)
2001 Tanya Thomas, McKendree (Ill.), 14.54 (47-8 ½)
2002 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.17 (59-7 ½)
2003 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.87 (58-7 ½)
2004 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.75 (58-3)
2005 Shernelle Nicholls, Missouri Baptist, 14.92 (48-11 ½)
2006 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.17 (59-7 ½)
2007 Dia Mathews, Fresno Pacific (Calif.), 14.60 (47-11)
2008 Aubrey Baxter, Black Hills State (S.D.), 15.56 (51-0 ¾)
2009 Jessica Becker, Bethany (Kan.), 15.70 (51-6 ¼)
2010 Naomi Onyebuchi, Huston-Tillotson (Texas), 15.82 (51-11)
2011 Kayla Xavier, Concordia (Ore.), 15.84 (51-11 ¾)

Discus

1981 Pam Schmidt, Midland Lutheran (Neb.), 43.94 (144-2)
1982 Lynette Antoine, St. Augustine's (N.C.), 46.20 (151-1)
1983 Carol Woodside, Hampton (Va.), 46.08 (151-1)
1984 Carol Woodside, Hampton (Va.), 44.76 (146-10)
1985 Beth Stuart, Kearney State (Neb.), 46.08 (151-2)
1986 Beth Stuart, Kearney State (Neb.), 49.12 (161-2)
1987 Beth Stuart, Kearney State (Neb.), 50.74 (166-6)
1988 Lisa Farris, Emporia State (Kan.), 44.56 (146-2)
1989 Lisa Farris, Emporia State (Kan.), 44.30 (145-4)
1990 Carrie Pietig, Willamette (Ore.), 51.00 (167-4)
1991 Carrie Pietig, Willamette (Ore.), 49.80 (163-5)
1992 Wendy Cordeiro, Pacific Lutheran (Wash.), 44.92 (147-4)
1993 Debbie Malachowski, Azusa Pacific (Calif.), 49.28 (161-8)

Championship History

1994 Kim Hayes, Doane (Neb.), 48.36 (158-8)
1995 Wendy Cordeiro, Pacific Lutheran (Wash.), 46.00 (150-11)
1996 Dagmar Flynt, Azusa Pacific (Calif.), 53.06 (174-1)
1997 Dagmar Flynt, Azusa Pacific (Calif.), 48.58 (159-4)
1998 Stephanie Schilke, Concordia (Neb.), 50.57 (165-11)
1999 Donelle Carter, Minot State (N.D.), 48.00 (157-6)
2000 Gretchen Newell, Indiana Wesleyan, 44.48 (145-11)
2001 Amanda Anderson, Dickinson State (N.D.), 46.46 (152-5)
2002 Amanda Anderson, Dickinson State (N.D.), 44.73 (146-9)
2003 Vivian Chukwuemeka, Azusa Pacific (Calif.), 56.92 (186-9)
2004 Vivian Chukwuemeka, Azusa Pacific (Calif.), 50.98 (167-3)
2005 Barbara Sugar, Azusa Pacific (Calif.), 49.19 (161-5)
2006 Vivan Chukwuemeka, Azusa Pacific (Calif.), 53.37 (175-1)
2007 Annie Hess, Concordia (Ore.), 51.53 (169-1)
2008 Annie Hess, Concordia (Ore.), 58.69 (192-7)
2009 Annie Hess, Concordia (Ore.), 53.82 (176-7)
2010 Melesia Mafile'o-Blackwill, Southwest (N.M.), 47.40 (155-06)
2011 Kayla Xavier, Concordia (Ore.), 49.95 (163-10)

High Jump

1981 Sybil Reddick, Texas Southern, 1.79 (5-10 ½)
1982 Lori Shepard, Taylor (Ind.), 1.675 (5-6)
1983 Mechele Hebberd, Southern Utah, 1.73 (5-8 ¼)
1984 Kristy Dees, Western Washington, 1.73 (5-8)
1985 Michelle Tuggle, Berry (Ga.), 1.70 (5-7)
1986 Denise Bruce, Pacific Lutheran (Wash.), 1.75 (5-9)
1987 Denise Bruce, Pacific Lutheran (Wash.), 1.74 (5-8 ¾)
1988 Kelly Cox, Missouri Baptist, 1.80 (5-10 ¾)
1989 Latrese Johnson, Azusa Pacific (Calif.), 1.84 (6-0 ½)
1990 Latrese Johnson, Azusa Pacific (Calif.), 1.84 (6-0 ½)
1991 Latrese Johnson, Azusa Pacific (Calif.), 1.89 (6-2 ¼)
1992 Michelle Holtman, Doane (Neb.), 1.75 (5-8 ¾)
1993 Corinna Wolf, Simon Fraser (B.C.), 1.80 (5-10 ¾)
1994 Corinna Wolf, Simon Fraser (B.C.), 1.80 (5-10 ¾)
1995 Corinna Wolf, Simon Fraser (B.C.), 1.80 (5-10 ¾)
1996 Nancy Rissmiller, George Fox (Ore.), 1.77 (5-9 ¾)
1997 Nancy Rissmiller, George Fox (Ore.), 1.70 (5-7)
1998 Mandy Schroeder, Mary (N.D.), 1.70 (5-7)
1999 Kellie Leeuw, Aquinas (Mich.), 1.70 (5-7)
2000 Beth Baldridge, Findlay (Ohio), 1.70 (5-7)
2001 Nichole McClain, Life (Ga.), 1.78 (5-10)
2002 Amber Nixon, Westmont (Calif.), 1.73 (5-8)
2003 Amber Nixon, Westmont (Calif.) 1.76 (5-9 ¼)
2004 Rebekah Perdue, Indiana Wesleyan 1.70 (5-7)
2005 Heike Siener, Point Loma Nazarene (Calif.) 1.78 (5-10)
2006 Ruky Abdulai, Simon Fraser (B.C.), 1.79 (5-10 ½)
2007 Ruky Abdulai, Simon Fraser (B.C.), 1.85 (6-0 ¾)
2008 Ruky Abdulai, Simon Fraser (B.C.), 1.75 (5-8 ¾)
2009 Natasha Miller, Biola (Calif.), 1.80 (5-10 ¾)
2010 Natasha Miller, Biola (Calif.), 1.80 (5-10 ¾)
2011 Natasha Miller, Biola (Calif.), 1.80 (5-10 ¾)

Pole Vault

1997 Karen Bureker, Lewis & Clark (Ore.), 3.50 (11-5 3/4)
1998 Amy Wells, Puget Sound (Wash.), 3.55 (11-7-3/4)
1999 Lesa Kubishta, Point Loma Nazarene (Calif.), 3.85 (12-7 1/2)
2000 Lesa Kubishta, Point Loma Nazarene (Calif.), 4.16 (13-07)
2001 Krystal Laughlin, Huston-Tillotson (Texas), 3.80 (12-5 1/2)
2002 Allison Knode, Westmont (Calif.), 3.65 (11-11 3/4)
2003 Stephanie Beberniss, Concordia (Neb.), 3.65 (11-11 3/4)
2004 Renee Evans, Roberts Wesleyan (N.Y.), 3.92 (12-10 1/4)
2005 Amanda Haines, Siena Heights (Mich.), 3.95 (12-11 1/2)
2006 Jessie Gallaher, Concordia (Ore.), 3.90 (12-09 ½)
2007 Kelsey Aide, Dickinson State (N.D.), 3.90 (12-09 ½)
2008 Meagan Bauer, Doane (Neb.), 3.60 (11-09 ¾)
2009 Kelsey Aide, Dickinson State (N.D.) 3.95 (12-11 ½)
2010 Brianna Shippy, Oklahoma Baptist, 4.03 (13-02 ½)
2011 Brigitte Gross, Sioux Falls, 4.00 (13-01 ½)

Javelin

1981 Michaele McCandless, Simon Fraser (B.C.), 44.88 (147-3)
1982 Carol Woodside, Hampton (Va.), 44.38 (145-7)
1983 Maria Haley, Wayland Baptist (Texas), 50.00 (164-0)
1984 Joan Williamson, Western Washington, 50.76 (166-6)
1985 Karen Murray, Simon Fraser (B.C.), 51.04 (167-5)
1986 Carol Wester, Pacific Lutheran (Wash.), 51.26 (168-2) %
1987 Barb Lashinski, Whitworth (Wash.), 51.68 (169-7) %
1988 Patricia Perry, Puget Sound (Wash.), 49.94 (163-10) %
1989 Kris Ettner, Southern Oregon, 46.96 (154-1) %
1990 Cathy Carlson, Dickinson State (N.D.), 47.68 (156-5) %
1991 Debbie Malachowski, Azusa Pacific (Calif.), 46.56 (152-9) %
1992 Margaret Frantz, Willamette (Ore.), 48.66 (159-8) %
1993 Debbie Malachowski, Azusa Pacific (Calif.), 45.32 (148-8) %
1994 Mary Karol Raymond, Doane (Neb.), 45.78 (150-2) %
1995 Trina Gumm, Whitworth (Wash.), 43.76 (143-7) %
1996 Becci Harper, George Fox (Ore.), 47.82 (156-11) %
1997 Becci Harper, George Fox (Ore.), 44.40 (145-8) %
1998 Nicky Emblem, Phillips (Okla.), 50.75 (166-6) %
1999 Sarah Roberts, Azusa Pacific (Calif.), 45.81 (150-3) %
2000 Nicole Stehlik, Doane (Neb.), 44.16 (144-10) %
2001 Nicole Stehlik, Doane (Neb.), 43.64 (143-2) %
2002 Vanessa Wilhelm, Azusa Pacific (Calif.), 45.80 (150-3) %
2003 Vanessa Wilhelm, Azusa Pacific (Calif.), 43.89 (144) %
2004 Renee Eckley, Azusa Pacific (Calif.), 45.47 (149-2) %
2005 LeeAnn Pekovitch, Minot State (N.D.), 49.87 (163-7) %
2006 Lauren Sexton, Concordia (Ore.) 47.94 (157-3) %
2007 Liz Gleadle, British Columbia, 49.29 (161-8) %
2008 Liz Gleadle, British Columbia, 50.53 (165-9) %
2009 Liz Gleadle, British Columbia, 54.31 (178-2) %
2010 Liz Gleadle, British Columbia, 56.09 (184-0) %
2011 Jenna Higgins, Mount Mercy (Iowa), 45.79 (150-3) %

% - Javelin design was changed in 1986 to current design

Hammer Throw

1996 Becky Franzleubbers, Doane (Neb.), 47.14 (154-8)
1997 Corie Krueger, Pacific Lutheran (Wash.), 52.30 (171-7)
1998 Becky Dale, Wayland Baptist (Texas), 52.72 (172-11)
1999 Candace Ekhoff, Western Oregon, 49.40 (162-1)
2000 Wykeisha Thompson, Wayland Baptist (Texas), 50.98 (167-03)
2001 Sarah Roberts, Azusa Pacific (Calif.), 51.56 (169-2)
2002 Jennifer Padrinao, Simon Fraser (B.C.), 53.29 (174-10)
2003 Jennifer Padrinao, Simon Fraser (B.C.), 55.68 (182-8)
2004 Jennifer Padrinao, Simon Fraser (B.C.), 55.62 (182-06)
2005 Barbara Sugar, Azusa Pacific (Calif.), 53.79 (176-06)
2006 Vivian Chukwuemeka, Azusa Pacific (Calif.), 60.00 (196-10)
2007 Karley Kalinich, Fresno Pacific (Calif.), 57.82 (189-08)
2008 Aubrey Baxter, Black Hills State (S.D.), 60.57 (198-09)
2009 Aubrey Baxter, Black Hills State (S.D.), 61.48 (201-08)
2010 Jean Marqueling, Saint Francis (Ind.), 55.94 (183-06)
2011 Jean Marqueling, Saint Francis (Ind.), 58.03 (190-06)

Heptathlon

1983 Kari Kramme, Midland Lutheran (Neb.), 4782
1984 Jennifer Schwartz, Azusa Pacific (Calif.), 4981
1985 Jennifer Schwartz, Azusa Pacific (Calif.), 4715
1986 Edith Renfro, Prairie View A&M (Texas), 4870
1987 Edith Renfro, Prairie View A&M (Texas), 5162
1988 Melanie Byrne, Southern Oregon, 4812
1989 Melanie Byrne, Southern Oregon, 5132
1990 Wendi Simmons, Graceland (Iowa), 5312
1991 Kim Vanderhoek, Simon Fraser (B.C.), 5553
1992 Kim Vanderhoek, Simon Fraser (B.C.), 5626

Championship History

1993 Kim Vanderhoek, Simon Fraser (B.C.), 5513
1994 Carmen Gage, Azusa Pacific (Calif.), 5039
1995 Jill Carrier, Southern Oregon, 5108
1996 Jamey Mulske, Mary (N.D.), 4809
1997 Jamey Mulske, Mary (N.D.), 4944
1998 Jamey Mulske, Mary (N.D.), 4874
1999 Neisha Thompson, McKendree (Ill.), 5014
2000 Neisha Thompson, McKendree (Ill.), 4963
2001 Beth Stroud, Windsor (Ontario), 4944
2002 Annie Goodson, Mary (N.D.), 4969
2003 Annette Ekberg, Hastings (Neb.), 4672
2004 Annette Ekberg, Hastings (Neb.), 4787
2005 Annette Ekberg, Hastings (Neb.), 5047
2006 Nadina Marsh, Missouri Baptist, 5268
2007 Katie Kosmos, Doane (Neb.), 5061
2008 Zora Golcevska, Azusa Pacific (Calif.), 4857
2009 Natasha Miller, Biola (Calif.), 5204
2010 Natasha Miller, Biola (Calif.), 5310
2011 Natasha Miller, Biola (Calif.), 5392

4x100-Meter Relay

1981 Texas Southern (Donna Lazard, Cora Sherman, Denise Cox, Linda Weekly), 45.41
1982 Prairie View A&M (Texas) (Sheila Labome, Casandra Graham, Loretta Edwards, Easter Gabriel), 45.25
1983 Prairie View A&M (Texas) (Lynn Gamble, Norrie McAfee, Sheila Labome, Easter Gabriel), 45.06
1984 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, Jocelyn Tatum, Norrie McAfee), 45.36
1985 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, LaVonda Luckett, Jocelyn Tatum), 45.80
1986 Wayland Baptist (Texas) (Nzael Kyomo, Comfort Igeh, Starlette Daniels, Althea Thomas), 45.37
1987 Prairie View A&M (Texas) (Wanda Clay, Evan Williams, Patti Harris, Jocelyn Tatum), 48.55
1988 Prairie View A&M (Texas) (Kimolyn Vanzant, JoAnne Caraway, Patti Harris, Wanda Clay), 45.76
1989 Prairie View A&M (Texas) (Terri Clayton, Wanda Clay, Patti Harris, Shana Ford), 46.03
1990 Missouri Baptist (Sandra Kidd, Dawn Mills, Kerry Evans, Felicia Amajali), 46.12
1991 Central State (Ohio) (Antonette Jones, Carolin Sterling, Alwren Wallace, Audrea Sterling), 44.81
1992 Central State (Ohio) (Alwren Wallace, Carolin Sterling, Layphane Carnagie, Audrea Sterling), 45.52
1993 Central State (Ohio) (Bridgette Edwards, Carolin Sterling, Audrea Sterling, Deon Hemmings), 45.46
1994 Central State (Ohio) (Bridgette Edwards, Beverly Grant, Audrea Sterling, Catherine Pomales), 44.32
1995 Southern-New Orleans (La.) (Lesakay Morgridge, Chantel Rolle, Altrice Taylor, Beverly Langley), 44.66
1996 Central State (Ohio) (Chanteau White, Beverly Grant, Ronalee Davis, Catherine Pomales), 44.95
1997 Southern-New Orleans (La.) (Lesakay Morgoridge, Altrice Taylor, Tameca Williams, Cydonie Mothersill), 45.41
1998 Southern-New Orleans (La.) (Stacian Brown, Keisha Miller, Altrice Taylor, Naomi Mills), 45.90
1999 Life (Ga.) (Sherese Collie, Lucyann Richards, Misrah Crooks, Camille Clarke), 45.66
2000 Life (Ga.) (Mishrah Crooks, Timishi Gonzalez, Monica Twum, Meosha Hubbard), 45.48
2001 Florida Memorial (Dorcia Cash, Sallie Green, Lorraine Jackson, Sharlene McQueen), 46.20
2002 Central State (Ohio) (Marsha Hayles, Vida Nsiah, Avery Sterling, Adetooke Aladefa), 46.40
2003 Lindenwood (Mo) (Meila Fleming, Carol Clarke, Danielle Norville, Angilla Corlette), 46.34
2004 Lindenwood (Mo.) (Daveeta Shepherd, Carol Clarke, Danielle Norvelle, Genna Williams), 45.33
2005 Langston (Okla.) (Damesha Sellers, Tasia Galbreath, Tatiana Simon, Dominique McDonald), 45.89
2006 Missouri Baptist (Nikkita Holder, Rachel Baldwin, Lanece Clarke, Nickesha Anderson), 45.87
2007 Wayland Baptist (Texas) (Patricia Mayers, Akisha Simmons, Caroline Oladipo, Keliesha Ross), 46.21
2008 Wayland Baptist (Texas) (Latanya Nation, Kimberly Smith, Caroline Oladipo, Keleisha Ross), 46.21
2009 Wayland Baptist (Texas) (Latanya Nation, Kimberly Smith, Bianca Grant, Keleisha Ross), 45.27
2010 Oklahoma Baptist (Marissa Moseley, Shondia Drew, Verone Chambers, Gayon Evans), 45.47
2011 Indiana Tech (Abigail Torian, Adella King, Chloe Brooks, Katleyn Lewis), 45.27

Sprint Medley Relay

1981 Prairie View A&M (Texas) (Mary Ann Higgs, Loretta Edwards,Sheila Labome, Easter Gabriel), 1:40.55
1982 Prairie View A&M (Texas) (Lynn Gamble, Loretta Edwards, Casandra Graham, Easter Gabriel), 1:39.32
1983 Prairie View A&M (Texas) (Lynn Gamble, Norrie McAfee, Sheila LaBome, Easter Gabriel), 1:40.36
1984 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, Jocelyn Tatum, Norrie McAfee), 1:41.19
1985 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, Jocelyn Tatum, LaVonda Luckett), 1:41.02
1986 Wayland Baptist (Texas) (Nzael Kyomo, Starlette Daniels, Comfort Igeh, Althea Thomas), 1:39.55
1987 Prairie View A&M (Texas) (Wanda Clay, Evan Williams, Jocelyn Tatum, LaVonda Luckett), 1:39.73
1988 Azusa Pacific (Calif.) (Shannon Shaughnessy, Jennifer Parker, Kim Cockrell, Airat Bakare), 1:41.69
1989 Wayland Baptist (Texas) (Kimberlee Gersbach, Kerry Evans, Kim Kayler, Felicia Amajali), 1:42.02
1990 Missouri Baptist (Sandra Kidd, Dawn Mills, Kerry Evan, Felicia Amajali), 1:41.52
1991 Central State (Ohio) (Antonette Jones, Carolin Sterling, Alwren Wallace, Sherdon Smith), 1:40.02
1992 Central State (Ohio) (Alwren Wallace, Carolin Sterling, Layphane Carnagie, Audrea Sterling), 1:40.35
1993 Central State (Ohio) (Sandra Kidd, Bridgette Edwards, Layphane Carnagie, Sherdon Smith), 1:40.04

4x400-Meter Relay

1981 Texas Southern (Earnestine Hanna, Sandra Scott, Denise Cox, Cheritta Jackson), 3:40.24
1982 Prairie View A&M (Texas) (Sheila Labome, Loretta Edwards, Lynn Gamble, Easter Gabriel), 3:37.82
1983 Prairie View A&M (Texas) (Sheila Labome, Norrie McAfee, Lynn Gamble, Easter Gabriel), 3:42.39
1984 Prairie View A&M (Texas) (LaVonda Luckett, Norrie McAfee, Jocelyn Tatum, Cathy Taylor), 3:41.49
1985 Mississippi Valley State (Gwendolyn Williams, Linda Fairs, Buretha Graham, Carol Williams), 3:42.37
1986 Prairie View A&M (Texas) (Cathy Taylor, Norrie McAfee, Sandra Latham, LaVonda Luckett), 3:37.67
1987 Prairie View A&M (Texas) (LaVonda Luckett, Cathy Taylor, Edith Renfro, Jocelyn Tatum), 3:41.1
1988 Azusa Pacific (Calif.) (Jennifer Parker, Kim Cockrell, Kim Petway, Airat Bakare), 3:43.77
1989 Prairie View A&M (Texas) (Rhonda Lampkin, Barbara Miller Mary Miller, Wanda Clay), 3:39.43
1990 Central State (Ohio) (Carolin Sterling, Alwren Wallace, Deon Hemmings, Sherdon Smith), 3:42.17
1991 Central State (Ohio) (Alwren Wallace, Deon Hemmings, Sherdon Smith,

Championship History

Audrea Sterling), 3:38.55
1992 Central State (Ohio) (Ingrid Gordon, Audrea Sterling, Deon Hemmings, Sherdon Smith), 3:38.39
1993 Central State (Ohio) (Carolin Sterling, Deon Hemmings, Audrea Sterling, Sherdon Smith), 3:38.24
1994 Southern-New Orleans (La.) (Sevetheda Fynes, Wynsome Cole, Lesakay Morgridge, Shermaine McKenzie), 3:33.96
1995 Southern-New Orleans (La.) (Christine Smith, Altrice Taylor, Selisha Hudson, Vernetta Rolle), 3:36.96
1996 Southern-New Orleans (La.) (Christine Smith, Lesakay Morgridge, Stephanie Minto, Selisha Hudson), 3:41.27
1997 Southern-New Orleans (La.) (Lesakay Morgoridge, Altrice Taylor, Stephanie Minto, Tameca Williams), 3:41.46
1998 Iowa Wesleyan (Neisha Thompson, Nicola Thompson, Nadia Cunningham, Louise Ayetotche), 3:44.45
1999 McKendree (Ill.) (Nadia Cunningham, Neisha Thompson, Petrona McClymont, Aletha Johnson), 3:44.82
2000 Life (Ga.) (Monica Twum, Sedell Roberts, Leontine Tsiba, Timishi Gonzalez), 3:44.69
2001 Florida Memorial (Brandy Dames, Sallie Green, Lorraine Jackson, Dorcia Cash), 3:47.21
2002 McKendree (Ill.) (Betty-Ann Haywood, Shernett Davis, Agne Visockaite, Nadia Cunningham), 3:43.97
2003 Oklahoma Baptist (Keyonna Hornbuckle, Melissa Mount, Chandra Huckabay, Amber Lewis), 3:52.30
2004 Azusa Pacific (Calif.) (Janessa Goodfellow, Tamara Jones, Lorraine Swaby, Niema Golphin), 3:44.64
2005 Oklahoma Baptist (Keyonna Hornbuckle, Melissa Mount, Chandra Huckabay, Kyta Ferrer), 3:44.50
2006 Oklahoma Baptist (Kyli Bean, Kyta Willets, LaToya Greaves, Nickiesha Wilson), 3:45.47
2007 Oklahoma Baptist (Amanda Mayfield, Optimum Baker, Kyli Bean, Sherene Pinnock), 3:39.96
2008 Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Aletha Hubbard, Sherene Pinnock), 3:42.11
2009 Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Yesenia Avila, Verone Chambers), 3:43.99
2010 Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Shondia Drew, Gayon Evans), 3:42.21
2011 Oklahoma Baptist (Stacy Warrior, Nikita Tracey, Gayon Evans, Verone Chambers), 3:36.89

4x800-Meter Relay

1981 Texas Southern (Sandra Scott, Madonna Redd, Towanna Thompson, Cheritta Jackson), 8:54.34
1982 Midland (Neb.) (Cindy Lauer, Denise Day, Mary Drey, Edie Hessman), 9:08.67
1983 Moorhead State (Minn.) (Katie Class, Tracy Fie, Paula Behrendt, Pam Harty), 9:00.97
1984 Moorhead State (Minn.) (Katie Class, Tracy Fie, Pam Harty, Paula Behrendt), 9:05.75
1985 Moorhead State (Minn.) (Katie Class, Traci Fie, Judy Mogck, Paula Behrendt), 9:02.84
1998 Simon Fraser (B.C.) (Cari Rampersad, Desneige McLean, Carolyn Murray, Heather DeGeest), 9:09.36
1999 California Baptist (Angela Evans, Heidi Joos, Shryere Nduwke, Loaritz Leonhardt), 9:10.94
2000 Findlay (Ohio) (Andrea Jensen, Kati Stedcke, Andrea Morgan, Kelly Cothern), 9:06.02
2001 Oklahoma Baptist (Amber Staats, Corrie Jones, Sarah Phillips, Brandy Bratton), 9:07.07
2002 Simon Fraser (B.C.) (Natasha Wodak, Luci McGregor, Carlene Daniel, Emilie Mondor), 9:08.22
2003 Azusa Pacific (Calif.) (Laurie Ramirez, Marissa Reeber, Lisette Saucedo, Brianna Carstensen), 9:04.04
2004 Simon Fraser (B.C.) (Natasha Wodak, Alexandra Krasovska, Rebecca Johnstone, Julie Howard), 8:50.85
2005 Simon Fraser (B.C.) (Alexandra Krasovska, Kristen Kolstad, Rebecca Johnstone, Julie Howard), 8:43.99
2006 Simon Fraser (B.C.) (Heather Mancell, Ali Hudson, Rebecca Johnstone, Julia Howard), 8:56.06
2007 Olivet Nazarene (Ill.) (Cheri Hoffmann, Aulbrey Gailey, Carmin Green, Bethany McCoy), 8:55.13
2008 Simon Fraser (B.C.) (Ali Hudson, Heather Mancell, Kristen Kolstad, Jessica Smith), 8:50.36
2009 Simon Fraser (B.C.) (Ali Hudson, Heather Mancell, Helen Crofts, Jessica Smith), 8:57.15
2010 Simon Fraser (B.C.) (Brianna Kane, Ali Hudson, Helen Crofts, Jessica Smith), 8:55.08
2011 Simon Fraser (B.C.) (Brianna Kane, Lindsey Butterworth, Helen Crofts, Jessica Smith), 8:41.76