

# JOHN WESLEY HONORS COLLEGE

*Michelle Barlow*

*Class of 2010*



**What is your hometown?**

Eastford, CT

**What is your favorite Scriptural passage?**

Philippians 3:10-11: “I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, and so, somehow, attaining to the resurrection of the dead.”

**What was your major?**

Major: Biology

**What is your current career/vocation?**

I am currently a first-year medical student at Mt. Sinai School of Medicine.

**In what ways have your experiences in the Honors College prepared you for your life now, professionally and personally?**

The Honors College taught me how to think. Answers to real-life problems are never black and white; rather, the world presents itself in shades of gray. Thus, the greatest challenge in life comes from being able to recognize those shades and then sort through them to find truth. My Honors College classes introduced me to a variety of perspectives and then forced me to wrestle with and define my own beliefs on a wide range of topics. Through the experience, I was able to develop a strong foundation for my faith, which I now rely on as I confront the inevitable gray areas of daily living.

**If you could give one piece of advice to students who are now in the Honors College, what would it be?**

Breathe. Do not let the stress of getting “the perfect grade” distract you from the more important things in life. Do your best in your classes, accept the challenges as they come, and remember: you will make it through, and you will have a lot more fun in the meantime if you take advantage of the opportunity to try new things, make new friends, and enjoy college life. I can assure you that it is these experiences which you will remember most after college, not the mere percentage differences between the letter grades.

# ALUMNI PROFILES